

Ashmere Derbyshire Limited

The Firs Care Home with Nursing

Inspection report

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

The Firs Care Home with Nursing is a care home that provides accommodation with personal care and is registered to accommodate 42 people. The service provides support to older people who may also be living with dementia. The shared accommodation is on the ground floor and there are bedrooms on the ground and first floor. The home also provided an extra care service which provided specialist dementia care for 12 people.

We found the following examples of good practice.

The provider had restricted visiting to an appointment system to protect people living in the home and staff from additional risks to contracting the virus.

Everyone visiting the home had their temperature taken on arrival; people in the home had their temperature checked twice daily.

There had been a reduction in social contact and visiting due to the pandemic. This had impacted on people's wellbeing and staff had observed heightened confusion at sometimes. Some people had lost some independence skills due to the reduction in family contact. Activities within the service had been increased to counteract this which reduced people's feelings of isolation.

Staff monitored communal toilets and lounge / dining chairs and disinfected after each use.

Housekeeping staff were aware of the need for a clean hygienic environment. A cleaning schedule was in place to ensure equipment used to reduce the potential for infection was changed regularly.

The provider arranged for staff from other company homes and managers to cover when staff had time off due to the virus.

All staff could complete a 'health reflection form', a document produced by the company to gauge how staff felt about the emotional and physical impact of the pandemic.

The company had introduced a, 'be kind to yourself course'. This reflected on the positives that have come out of the pandemic.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

The service was safe.

Details are in our Safe findings below.

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Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

This was a targeted inspection looking at the infection control and prevention measures the provider has in place. As part of CQC's response to the coronavirus pandemic we are conducting a thematic review of infection control and prevention measures in care homes.

This inspection took place on 12 August 2020 and was announced. The service was selected to take part in this thematic review which is seeking to identify examples of good practice in infection prevention and control.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.