

Good **Bradford District Care NHS Foundation Trust**

Mental health crisis services and health-based places of safety

Quality Report

New Mill,
Victoria Rd,
Bradford
BD18 3LD
Tel: 01274 228300
Website: www.bdct.nhs.uk

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Locations inspected

Location ID	Name of CQC registered location	Name of service (e.g. ward/unit/team)	Postcode of service (ward/unit/team)
TAD54	The Airedale Centre For Mental Health	Health based place of safety	BD20 6TA
TAD17	Lynfield Mount Hospital	Health based place of safety	BD9 6DP

This report describes our judgement of the quality of care provided within this core service by Bradford District Care NHS Foundation Trust. Where relevant we provide detail of each location or area of service visited.

Our judgement is based on a combination of what we found when we inspected, information from our 'Intelligent Monitoring' system, and information given to us from people who use services, the public and other organisations.

Where applicable, we have reported on each core service provided by Bradford District Care NHS Foundation Trust and these are brought together to inform our overall judgement of Bradford District Care NHS Foundation Trust.

Summary of findings

Ratings

We are introducing ratings as an important element of our new approach to inspection and regulation. Our ratings will always be based on a combination of what we find at inspection, what people tell us, our Intelligent Monitoring data and local information from the provider and other organisations. We will award them on a four-point scale: outstanding; good; requires improvement; or inadequate.

Overall rating for the service

Good



Are services safe?

Good



Mental Health Act responsibilities and Mental Capacity Act / Deprivation of Liberty Safeguards

We include our assessment of the provider's compliance with the Mental Health Act and Mental Capacity Act in our overall inspection of the core service.

We do not give a rating for Mental Health Act or Mental Capacity Act; however we do use our findings to determine the overall rating for the service.

Further information about findings in relation to the Mental Health Act and Mental Capacity Act can be found later in this report.

Summary of findings

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Summary of findings

Overall summary

We announced our visit to Bradford District Care Foundation Trust to conduct a focused inspection within the health based places of safety (HBPoS). This was to review one requirement notice from the last inspection in June 2014. When we last visited, we found that people who used the service and others may be placed at risk

because each of the HBPoS suite environments had ligature points and did not meet fundamental standards within good practice of the RCP to assure against risks of unsafe or unsuitable premises.

At this inspection, we were assured that this requirement notice had been met.

Summary of findings

The five questions we ask about the service and what we found

Are services safe?

We rated safe as good because:

- The environments of the health based places of safety at both sites were fit for purpose and met the current guidance.
- There were sufficient staff to ensure that patients received appropriate support.
- There was adequate medical cover during the day. Staff were able to access senior medical staff out of hours through agreed on-call arrangements.
- Staff we spoke with knew how to report incidents and were able to describe what should be reported.
- Staff we spoke with told us they had good working relationships with the police who always communicated with them by telephone prior to bringing in a patient under section 136.

Good



Summary of findings

Information about the service

At Bradford District Care Foundation Trust, the Health Based Places of Safety are provided at two sites. Airedale Centre for Mental Health and Lynfield Mount Hospital are both registered to accommodate patients who are detained under the Mental Health Act 1983.

The HBPoS are units where people arrested under police powers on section 136 of the Mental Health Act (MHA) are taken by the police to be safe. Section 136 of the MHA sets out the rules for the police to arrest a person in a public place where they appear to be suffering from mental disorder and are in immediate need of care or control in the interests of that person or to protect other people. The arrest enables the police to remove the person to a place of safety to receive an assessment by mental health professionals. This would usually be a HBPoS unless there are clear risks, for example, risks of violence, which would require the person being taken to a police cell instead.

People may be detained for a period of up to 72 hours so they can be examined by doctors and assessed by an

approved mental health practitioner (AMHP) to consider whether compulsory admission to hospital is necessary. National best practice guidance from the Royal College of Psychiatrists states that the assessment should occur quickly and ideally within two hours. Both of the HBPoS are available 24 hours a day, seven days a week and 365 days per year.

CQC last inspected the trust in June 2014 and there were two requirement notices issued following the inspection, of which only one specifically related to health based places of safety (HBPoS). This was in relation to Regulation 15 Premises and equipment. We found that people who used the service and others may be placed at risk. This was because each of the HBPoS suite environments had ligature points and did not meet fundamental standards within good practice of the Royal College of Psychiatrists to assure against risks of unsafe or unsuitable premises.

At this inspection, we were assured that this requirement notice had been met.

Our inspection team

The inspection team for this core service consisted of one Care Quality Commission inspector and one CQC Mental Health Act reviewer.

Why we carried out this inspection

We inspected this service as a focused inspection of the health-based places of safety. We did not inspect any of the Mental health crises services as part of this inspection. This was to review one requirement notice from the last inspection in June 2014; this related to the health-based places of safety (HBPoS). When we last visited, we found that people who used the service and others may be placed at risk. This was because each of

the HBPoS suite environments had ligature points and did not meet fundamental standards within good practice of the Royal College of Psychiatrists to assure against risks of unsafe or unsuitable premises.

At this inspection, we were assured that this requirement notice had been met.

How we carried out this inspection

The inspection was a focused inspection and asked the question of the service:

- Is it safe?

Summary of findings

Before the inspection visit, we reviewed information we held about the service including statutory notifications sent to us by the trust. A notification is information about important events which the trust is required to send to us.

During the inspection visit the inspection team:

- visited two HBPoS based at Lynfield Mount Hospital and The Airedale Centre for Mental Health and looked at the quality of the environment
- spoke with the medical director and the director of nursing
- spoke with two staff members who managed the health based places of safety at both sites.

What people who use the provider's services say

The health based places of safety were not in use during our visit so we were not able to speak to patients who were being assessed.

Bradford District Care NHS Foundation Trust

Mental health crisis services and health-based places of safety

Detailed findings

Locations inspected

Name of service (e.g. ward/unit/team)	Name of CQC registered location
Health based place of safety	Lynfield Mount Hospital
Health based place of safety	The Airedale Centre for Mental Health

Mental Health Act responsibilities

We do not rate responsibilities under the Mental Health Act 1983. We use our findings as a determiner in reaching an overall judgement about the Provider.

We did not look at Mental Health Act responsibilities during this inspection.

Mental Capacity Act and Deprivation of Liberty Safeguards

We did not look at the Mental Capacity Act and Deprivation of Liberty Safeguards during this inspection.

Are services safe?

By safe, we mean that people are protected from abuse* and avoidable harm

* People are protected from physical, sexual, mental or psychological, financial, neglect, institutional or discriminatory abuse

Our findings

Safe and clean environment

All of the health-based places of safety (HBPoS) were commissioned for use 24 hours a day, seven days per week.

At Lynfield Mount Hospital and the Airedale Centre, the HBPoS environments met the current standards and regulations around the safety and suitability of premises and guidance on good practice published by the Royal College of Psychiatrists. This meant they were suitable to provide safe care and treatment for those detained under section 136 of the Mental Health Act 1983.

There were en-suite facilities within both HBPoS. The suites were connected to an alarm system with the rest of the hospital so staff could be called in an emergency. Patients had access to outside space for fresh air. There was direct access to the suite from outside so the police could bring someone to the HBPoS safely and discretely.

The HBPoS were kept clean. The furniture within both suites was suitable for purpose. The chairs and sofa in place were sufficiently weighted and therefore could not be picked up or thrown to cause injury to others. There were curved mirrors in place where blind spots had been identified and there were no ligature risks. There were wall mounted TVs in place which were encased in secure cabinets.

Safe staffing

The HBPoS were staffed by the crisis team during working hours and the ward staff out of hours. The suites were managed by two experienced Band 6 nurses who would ensure that the HBPoS was staffed when it was being used during the day for a patient being assessed. The HBPoS were situated next to the acute wards at each of the two main hospital sites. This meant that staff from the wards were available to assist if required.

Staff we spoke with told us they had good working relationships with the police who always communicated

with them by telephone prior to bringing in a patient under section 136. Staff also told us there were good communications in place relating to accessing approved doctors and approved mental health professionals.

There was adequate medical cover during the day and out of hours on call arrangements were in place in order to access senior medical staff at other times.

Assessing and managing risk to patients and staff

There was CCTV coverage in HBPoS at both sites, this meant that the safety and security of patients and staff could be monitored at all times. At the Lynfield Mount site there was no signage up to inform patients of this. However, the manager told us this would be in place by the end of the day. Staff told us that they carried a personal alarm and radio although the HBPoS always had two staff in attendance. In the event of an alarm being raised, staff from the acute wards would also attend.

Staff told us the police agreed to stay in the HBPoS if there were risks of patients being violent or aggressive and staff felt that this arrangement worked well. Training in prevention and management of violence and aggression (PMVA) had been completed by all staff. This meant that staff had the appropriate training to deal with episodes of violence or aggression.

Track record on safety

In the 12 months prior to this inspection, there had not been any serious or untoward incidents relating to the HBPoS which required investigating.

Reporting incidents and learning from when things go wrong

Staff we spoke with knew how to report incidents and were able to describe what should be reported. Managers had access to monthly reports which included information from incident recording and achievements against key performance targets per team. Incident data was reviewed in senior management meetings, team meetings and individual supervision.