

Brook Healthcare Limited

Brook House Care Home

Inspection report

45 Seymour Street
Cambridge
Cambridgeshire
CB1 3DJ

Tel: 01223247864

Date of inspection visit:
23 February 2021

Date of publication:
04 March 2021

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Service type

Brook House Care Home is a two-storey residential care home providing accommodation and personal care for up to 35 older people and people living with dementia. At the time of our inspection there were 31 people using the service.

We found the following examples of good practice.

Staff had up-to-date training about infection prevention and control (IPC), they had enough personal protective equipment (PPE) and we saw they wore this correctly. Visits to people in the home were facilitated through 'window' visits or visits in person such as for end of life care.

Systems were in place that promoted people's and staff's safety such as regular tests for COVID-19, completing a health questionnaire and being symptom free. The service had an IPC lead who provided staff with the latest guidance and trained them how to put on and take off PPE, and how to dispose of this safely.

Various changes relating to COVID-19 and the way people kept in touch with family members had been implemented including facilities for video and telephone calls and the use of social media.

The registered manager ensured that staff adhered to good IPC practise such as regular cleaning of frequently touched items including hand rails and door handles. Individual sealed containers were used to transport any potentially infectious items such as bedding and crockery to separate areas in the laundry or kitchen. People and staff were supported with their wellbeing such as, St Valentine's day homemade cards.

The service looked clean and furniture had been positioned to enable people to socialise but in a socially distanced way. There were plans and facilities in place to manage any future potential COVID-19 outbreaks. This included separate units within the home and having dedicated groups of staff who would only work in one part of the home.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Brook House Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 23 February 2021 and was announced. The inspection was announced prior to us entering the home, so we could ensure that measures were in place to support an inspection and manage any infection control risks. We also asked the provider to send us infection prevention and control policies and audit findings.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.