

Adalah Residential Rest Home Ltd

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Inspection report

20 Cliff Road
Leigh On Sea
Essex
SS9 1HJ

Tel: 01702711162

Date of inspection visit:
20 January 2021

Date of publication:
09 February 2021

Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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Summary of findings

Overall summary

Adalah is a residential care home providing personal care without nursing for up to 30 people some of whom maybe living with dementia. At the time of inspection 19 people were using the service. The service is set over three floors in a residential area.

We found the following examples of good practice.

- The service was carrying out regular testing of staff and people as per government guidelines.
- The service had ensured people were able to access communal areas safely. Tables and chairs had been moved apart to allow for social distancing.
- All staff had been trained in current Infection Prevention and Control (IPC) guidance and in the use of PPE. The service had designated areas for staff to put on and remove PPE safely. PPE was disposed of safely by the service. We observed staff were following current guidance and practice throughout our visit.
- Regular cleaning was in place at the service. Staff had robust cleaning schedules which included deep cleaning of all areas and extra cleaning of high use areas and touchpoints.
- Audits to make sure staff and the environment complied with current guidance and practice took place regularly. Any concerns identified were acted on without delay.
- The service was closed to new admission at the time of our visit. The registered manager confirmed they were following government guidance and all admissions were isolated in their rooms for 14 days.
- The service was working closely with healthcare providers, the local authority and Public Health England to ensure they were following current guidance and had a robust infection control policy in place.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

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Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 20 January 2021 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.