

Revive Health Care Ltd

# St Martins

## Inspection report

42 St Martins Road  
Nottingham  
Nottinghamshire  
NG8 3AR

Tel: 01159297325

Date of inspection visit:  
20 January 2022

Date of publication:  
11 February 2022

## Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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# Summary of findings

## Overall summary

St Martins Care Home is registered to provide accommodation and personal care for a maximum of 21 people, including people living with dementia in one adapted building. There were 20 people living at the service at the time of our inspection visit.

We found the following examples of good practice.

The provider had a booking system for visitors in place to ensure the visits were facilitated safely and in line with the government's guidelines. Visitors were supported to wear a face covering when visiting and sanitise their hands upon entering the home.

During an active COVID-19 outbreak the provider supported people with using alternative forms of maintaining social contact with friends and relatives; for example, meeting at closed windows and using a phone to communicate with them.

The provider ensured sufficient supplies of personal protective equipment (PPE) were made available to staff and visitors. We observed staff wearing correct PPE.

People were admitted to the service safely. The provider ensured people had been tested for COVID-19 before the service agreed to admit them.

The provider supported staff and people to access testing for COVID-19, as per the Government guidance. Staff were up to date with COVID-19 related training.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# St Martins

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 20 January 2022 and was unannounced.

# Is the service safe?

## Our findings

### Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

### How well are people protected by the prevention and control of infection?

- We were somewhat assured that the provider was meeting shielding and social distancing rules. People who were present in the lounge were sat very close to each other. The provider told us implementing social distancing and isolation was a significant challenge due to caring for people who live with dementia. We encouraged the provider to explore more creative ways of encouraging social distancing. We have also signposted the provider to resources to develop their approach.
- We were somewhat assured that the provider was promoting safety through the layout and hygiene practices of the premises. Some areas of the home were cluttered and dusty. Some equipment was dirty and required deep cleaning. The cleaning schedule was not consistently completed. The registered manager addressed the shortfalls immediately following the inspection. We have also signposted the provider to resources to develop their approach.
- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

The provider facilitated visiting in a way aligned to government guidance. For example, during an active COVID-19 outbreak, visitors of people who received end of life care were accommodated and welcomed to see their loved ones anytime. Visitors were supported with access to lateral flow tests to allow them visits their loved ones safely.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.