

Marches Care Limited

The Uplands at Oxon

Inspection report

The Uplands
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24 January 2022

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Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

Summary of findings

Overall summary

The Uplands at Oxon is a care home providing nursing care to a maximum of 81 people. At the time of the inspection, 80 people were using the service. Accommodation is provided in one purpose-built building consisting of four units over two floors.

We found the following examples of good practice.

The provider had well established infection control and prevention policies, procedures and safe systems of practice in place. These were well embedded throughout the home.

Staff followed safe infection prevention control policies and wore personal protective equipment (PPE) as required. Staff were knowledgeable about the IPC and PPE practices they needed to follow to minimise the risk of and potential spread of infection.

Staff had adequate supplies of PPE and hand hygiene products. Handwashing facilities were available throughout the premises for staff and visitors.

The provider had ensured their COVID-19 testing regimes, visiting arrangements and vaccination requirements all met current Government guidance.

Enhanced cleaning took place and there was frequent cleaning of regularly touched surfaces so that the cleanliness of the home was maintained.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

The Uplands at Oxon

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 24 January 2022 and was unannounced. However, we gave short notice from outside the home due to the risks associated with COVID-19. We needed to discuss the infection, prevention and control measures in place before we entered the home.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured the provider was preventing visitors from catching and spreading infections.
- We were assured the provider was meeting shielding and social distancing rules.
- We were assured the provider was admitting people safely to the service.
- We were assured the provider was using PPE effectively and safely.
- We were assured the provider was accessing testing for people using the service and staff.
- We were assured the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured the provider's infection prevention and control policy was up to date.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.