

St. Cecilia's Care Services Limited

St. Cecilia's Nursing Home

Inspection report

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Date of inspection visit:
12 November 2020

Date of publication:
25 November 2020

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

About the service

St. Cecilia's Nursing Home is a care home providing nursing and personal care for up to 44 people in one adapted building. We inspected the designated care unit on the second floor. This unit has 14 single bedrooms intended for people discharged from hospital who have tested positive for Covid-19.

The design of the proposed designated care unit was suitable to become a designated setting. We were assured that this service met good infection prevention and control guidelines as a designated care setting.

We found the following examples of good practice

- The systems in place allowed people to be admitted to the home safely. Each unit was separated to prevent cross infection.
- People isolating in the designated unit had their own dedicated staff who provided a support bubble to support all their needs, including their meals and social support.
- People had their own single rooms and access to toilets and bathing facilities.
- There was clear signage on the correct use of PPE and handwashing techniques and staff had received appropriate infection control and prevention training.
- A detailed risk assessment was in place for ensuring safe visits, this included a booking system, to allow for social distancing, visitor agreement form, health screening and use of PPE. Local restrictions on visiting were in place at the time of the inspection and alternative measures such as video calls were being used.
- The environment was very clean. Additional cleaning was taking place including of frequently touched surfaces.
- There were detailed risk assessments to manage and minimise the risks Covid-19 presented to people who used the service, staff and visitors.
- Staff had been consulted with about their specific risks or concerns. Each staff member had had a detailed risk assessment and health risk assessment.

Further information is in the detailed findings below.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

No ratings were awarded following this inspection. This was a thematic review seeking to identify examples of good practice in infection prevention and control.

Inspected but not rated

St. Cecilia's Nursing Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

This was a targeted inspection looking at the infection control and prevention measures the provider has in place. As part of CQC's response to the coronavirus pandemic we are conducting a review of infection control and prevention measures in care homes.

The service had been identified for use by the Local Authority as a designated care setting in response to the Winter Plan for people discharged from hospital with a positive Covid-19 status. This inspection was to ensure that the service was compliant with infection control and prevention measures.

This inspection took place on 12 November 2020 and was announced.

Is the service safe?

Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider's infection prevention and control policy was up to date.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.