

Birchester Care Limited

Polebrook Nursing Home

Inspection report

Morgans Close
Polebrook
Peterborough
Cambridgeshire
PE8 5LU

Tel: 01832273256

Date of inspection visit:
07 February 2022

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14 February 2022

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Polebrook Nursing Home is a residential care home providing Accommodation and Personal Care for up to 52 people. The home provides nursing care for older people with physical disabilities and dementia.

Accommodation is provided across three separate adapted units. At the time of our inspection 41 people were living at the home.

We found the following examples of good practice.

COVID-19 testing for staff, people using the service and visitors followed current government COVID-19 guidance. The service met the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19. Visitors were supported to follow infection prevention and control procedures during their visits.

COVID-19 outbreaks followed current guidance and advice from the healthcare protection team (HPT) to contain and manage outbreaks. This included, isolation and cohorting in response to outbreaks to manage the spread of infection. People were supported to isolate in their own rooms when necessary.

Staff received infection prevention and control (IPC) training and followed robust IPC procedures. This included wearing personal protective equipment (PPE) and washing and sanitising hands regularly. PPE stations were available throughout the service and there were sufficient stocks of PPE available.

The environment was clean and hygienic, staff followed cleaning schedules which included regular cleaning and disinfection of high touch points, such as door handles, light switches and handrails.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Polebrook Nursing Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 07 February 2022 and was announced. We gave the service 24 notice of the inspection.

Is the service safe?

Our findings

Staffing

- The provider had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured the provider was admitting people safely to the service.
- We were assured the provider was using PPE effectively and safely.
- We were assured the provider was accessing testing for people using the service and staff.
- We were assured the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured the provider's infection prevention and control policy was up to date.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.