

T.L. Care Limited

# Gables Care Home

## Inspection report

31 Highfield Road  
Middlesbrough  
Cleveland  
TS4 2PE

Tel: 01642515345

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11 March 2021

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## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Gables Care Home provides personal and nursing care for up to 64 older people. The home has four separate units, each with their own adapted facilities. At the time of the inspection only two units were in use, providing support to 26 people. Some people at the home were living with a dementia type illness.

We found the following examples of good practice.

Systems were in place to prevent people, staff and visitors from catching and spreading infections. The home supported people as far as possible with social distancing.

Staff had undertaken training in putting on and taking off PPE, hand hygiene and other COVID-19 related training. The new manager monitored staff practices to ensure correct procedures were followed.

People were supported to have face to face or telephone contact with friends and relatives through an appointment system. National guidance was being followed to ensure visits took place at a safe social distance. Infection prevention and control measures were in place to avoid potential transmission with others.

The home was following national guidance for anyone moving into the home. Staff worked with people and their relatives to ensure they were aware of isolation procedures should they be needed.

Infection control audits and checks were carried out. The new manager spoke positively about the positive support staff had shown, which had helped to minimise the impact of the pandemic on people's health and wellbeing. The provider passed on important information about COVID-19 to staff.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Gables Care Home

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 11 March 2021 and was announced.

# Is the service safe?

## Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were somewhat assured that the provider was promoting safety through the layout and hygiene practices of the premises. Some areas of the home required attention to support cleaning practices and to prevent the spread of infection. For example, handrail paint was chipped, and some carpets were stained.
- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.