

## Mental Health Concern

# Alderwood

### Inspection report

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Date of inspection visit:  
10 March 2021

Date of publication:  
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### Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Alderwood is a residential care home providing personal and nursing care to 15 people. The home is split into two units; one for rehabilitation for younger adults living with enduring mental health conditions and the other unit provides assessments and short breaks for people living with dementia. The service can support up to 19 people in one large adapted building.

We found the following examples of good practice:

The home had sufficient supplies of appropriate PPE which was stored hygienically and kept safe and staff were provided with separate areas to put on and take off and dispose of PPE safely.

Staff were careful to maintain social distancing and wore appropriate PPE in line with current government guidance.

Staff demonstrated a good knowledge of how to support people that had tested positive or were showing symptoms of COVID-19.

The senior staff explained the quality systems they had in place to check the service was providing safe care.

All staff, including catering and housekeeping staff had undertaken training in infection prevention and control. This included putting on and taking off PPE, hand hygiene and other Covid-19 related training.

Further information is in the detailed findings below.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Alderwood

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 10 March 2021 and was announced

# Is the service safe?

## Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.