

Sharob Care Homes Ltd

# Caprera

## Inspection report

61 Truro Road  
St Austell  
Cornwall  
PL25 5JG

Tel: 0172672956

Date of inspection visit:  
04 February 2021

Date of publication:  
23 February 2021

### Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Caprera is a 'care home' that accommodates up to 35 older people with care and support needs. People living at the service were older people, some of whom were living with dementia or poor health. At the time of our inspection 35 people were living at the service.

We found the following examples of good practice.

All areas of the service were clean and free of malodours. Effective cleaning routines had been put in place to ensure infection control risks were minimised and people were kept safe. High contact areas were cleaned regularly throughout each shift and cleaning procedures had been reviewed and updated.

All staff had completed online infection prevention and control and covid-19 training. In addition, the infection control lead carried out individual training with staff to check they understood the online training and were using PPE correctly. The service had maintained good stocks of PPE and managers routinely worked alongside care staff to help ensure best infection control practices were followed.

The entrance to the building had been changed to enable visiting professionals and staff to enter into an area designated for hand wash, hand sanitising and putting on PPE. Appropriate waste bins were in place for the depositing of used PPE. Staff put on and took off their uniforms in the designated area. This helped to reduce the risk of infection because visitors and staff did not enter areas of the home, where people lived, until appropriate infection control measures were in place.

Staff kept in touch with families by regular telephone and video calls. The service was currently closed to visitors following government guidance. Some families were still visiting in the garden to see people through the window and the provider had plans to erect an external building as a temporary visiting room in the garden.

People and staff were being regularly tested in accordance with current guidelines. Appropriate admission procedures had been developed and everyone who moved into or returned to the service from hospital had a negative test result on the day they returned to the service.

The service had reviewed their infection control policy in response to the pandemic. Specific covid-19 policies had also been developed to provide guidance for staff about how to respond to the pandemic. These policies were kept under continuous review as changes to government guidance were published.

The registered manager communicated regularly with people, staff and relatives to make sure everyone understood the precautions being taken, and how to keep people safe.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Caprera

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 4 February 2021 and was announced.

# Is the service safe?

## Our findings

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.