

HC-One Oval Limited

Seabrooke Manor Care Home

Inspection report

Lavender Place
Ilford
Essex
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Tel: 02085535538

Date of inspection visit:
11 November 2020

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02 December 2020

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Seabrooke Manor Care Home is a care home registered to accommodate and support up to 120 elderly people. There was 95 people staying at the home at the time of the inspection. The service is a two-floor building. Each floor has separate adapted facilities.

We found the following examples of good practice.

Non-essential visits for relatives and friends had been stopped due to the lockdown. Plans were in place to resume the visits in a safe way after the lockdown. Visiting professionals were required to arrange an appointment for specific days. They were required to declare if they had any symptoms of COVID-19 and their temperatures were checked at point of entry to minimise the potential of infection being brought into the home. They also had to complete a declaration form to declare symptoms.

The provider had made appropriate arrangements to test people and staff for COVID-19 and was following government guidance on regular testing. Measures were in place to ensure the safety of staff and people should they had tested positive for COVID-19.

Staff had received appropriate training and support to manage COVID-19. Staff had received training on COVID-19, infection control and the use of Protective Personal Equipment (PPE). Systems were in place to support staff if they became unwell and when they returned to work.

Measures were in place to ensure there were adequate supplies of PPE. PPE was checked on a daily basis to minimise risks of shortages. We observed staff wearing PPE and supporting people to maintain social distancing. Furniture had been rearranged to support social distancing.

Staff took people's temperatures twice daily to check they had not developed symptoms. Systems were in place to ensure people were safe if their temperature went above expected readings such as self-isolating.

The management team carried out infection control audits to ensure risks associated with infections were minimised. A cleaning schedule was in place with particular emphasis on cleaning and sanitising regular touch points, such as door handles, corridor rails and light switches.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

We were assured the service were following safe infection prevention and control procedures to keep people safe.

Inspected but not rated

Seabrooke Manor Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

This was a targeted inspection looking at the infection control and prevention measures the provider has in place. As part of CQC's response to the coronavirus pandemic we are conducting a thematic review of infection control and prevention measures in care homes.

This inspection took place on 11 November 2020 and was announced. The service was selected to take part in this thematic review which is seeking to identify examples of good practice in infection prevention and control.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.