

Moonesswar Jingree

Sunlight House

Inspection report

412 Hillcross Avenue
Morden
Surrey
SM4 4EX

Tel: 02085420479

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19 January 2022

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Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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Summary of findings

Overall summary

Sunlight House is a residential care home for up to four people. At the time of our inspection there were three people living in the home.

We found the following examples of good practice:

The provider was following best practice guidance to prevent visitors to the home spreading the Covid-19 infection. Visitors entered the building via the front entrance and visits took place in the front living room, to avoid visitors having to walk through the building to minimise contamination. The provider requested that visitors book visiting appointments. On entry to the home, there was a visitors book and information displayed on the wall about infection prevention and control (IPC) and personal protective equipment (PPE). All visitors were screened for symptoms of acute respiratory infection before being allowed to enter the home. We observed staff taking the temperature of a visitor. Visitors had no contact with other residents and minimal contact with staff. Visitors were required to undertake a lateral flow test prior to attending and provide the home with a negative result. Visitors were supported to wear a face covering when visiting.

The provider understood and was meeting Covid-19 visitor vaccination requirements. The provider supported alternative forms of maintaining social contact for friends and family, for example, keeping in touch using video calls, visiting outside of the home and using a telephone to communicate. The provider encouraged and supported visits for residents to family and had a process for the monitoring of residents for Covid-19 symptoms and lateral flow testing on their return.

The provider had not had any residents who had tested positive for Covid-19, however, it told us of the process it would follow if a resident did test positive. The provider had completed care plans for residents where it considered the risks of Covid-19 and how risks could be mitigated. The provider had a process in place to be followed if a staff member tested positive for Covid-19.

The provider had a process for admissions and there were clear procedures for people admitted to the home.

The registered manager had oversight of IPC at the home and audits were undertaken to ensure compliance with IPC responsibilities. Staff had completed IPC training and refresher training and the provider took part in weekly webinars with the local authority. Use of PPE at the home was in accordance with current government guidelines.

The residents at the home took part in planned activities, including attendance at college for cookery, art and drama classes, day centres and Mencap, and had a process in place for the monitoring of residents for Covid-19 symptoms and lateral flow testing on their return.

The provider had renovated and developed the garden area and was in the process of seeking planning permission for an activity building in the grounds. The provider supported staff well-being throughout the

Covid-19 pandemic.

The provider ensured that the home was well ventilated, with windows and doors opened where appropriate to facilitate ventilation. The good practice for linen and laundry guidance was followed.

Further information is in the detailed findings below.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Sunlight House

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 19 January 2021 and was announced. We gave the service 24 hours notice of the inspection.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.

We have also signposted the provider to resources to develop its approach.