

St Matthews (Moreton Centre) Limited

# The Moreton Centre

## Inspection report

Boscobel Road  
St Leonards On Sea  
East Sussex  
TN38 0LX

Tel: 01424420431

Date of inspection visit:  
22 February 2021

Date of publication:  
08 March 2021

## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

The Moreton Centre provides nursing and personal care for up to 64 people who live with dementia and people who live with a mental health diagnosis. The home is purpose-built over two floors and divided into four separate units. There were 39 people living at the home at the time of the inspection with a range of complex mental health and health care needs. This included people who have had a stroke, acquired brain injuries, who live with diabetes and for those approaching end of life.

We found the following examples of good practice.

The home was currently closed to all visitors apart from those who were on a palliative care pathway and end of life. Staff supported people to remain in contact with their families through emails, phone and video calls at this time. There was a visiting policy to support visitors once the home re-opens to visitors. The provider has also created a visiting hub, which has an outside entrance and a clear room divider. This will allow families to visit their loved ones safely.

There were systems in place to ensure that people who had tested positive for Covid-19 were self-isolating and were cared for in their bedrooms to minimise the risk of spreading the virus. Due to some people living with dementia this had not always been possible. However, staff had been pro-active in ensuring that people maintained social distancing as much as possible. The contingency plan demonstrated that the layout of the premises allowed zoning to reduce risk of Covid-19 spreading. Zoning is a strategy to dedicate one specific area of the home to people who have tested positive to Covid-19. This also allowed for a separate staff team to work safely. In practice this had been adapted and updated to reflect what they had learnt from experiencing an outbreak. Due to the outbreak one unit had been closed and this will be used in future as an admission unit for people to self-isolate before moving to their chosen room.

At the time of the inspection visit, the isolation period had just passed and people were able to move around the home. People who chose to visit the dining areas or communal areas were supported by staff to maintain social distancing. For example, chairs and tables had been re-arranged to allow more space between people. We saw people engaging in activities with staff, whilst ensuring that social distancing was observed.

The home was clean and well maintained. Routine maintenance and redecoration had been on-going throughout lockdown. There was regular cleaning throughout the day and this included high-touch areas. Staff were provided with adequate supplies of personal protective equipment (PPE) and staff were seen to be wearing this appropriately. The deputy manager was the infection control lead and confirmed all staff had received appropriate training including donning and doffing, and specific Covid-19 training. Hand sanitiser was readily available throughout the home with gloves and aprons. Housekeeping staff were knowledgeable regarding current Covid-19 cleaning guidelines and robust cleaning schedules were in place.

Regular testing for people and staff was taking place. All staff have a weekly polymerase chain reaction

(PCR) and twice weekly lateral flow Device test (LFD). In addition, they have their temperatures taken daily. People have a monthly PCR test with twice daily temperatures and oxygen level checks. The home have adapted their Covid-19 testing programme to reflect the current guidance from the government.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# The Moreton Centre

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 22 February 2021 and was announced.

# Is the service safe?

## Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.