

Ahavah Healthcare Limited

Overseal Residential Care Home

Inspection report

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Overseal
Swadlincote
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11 November 2020

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Overseal Residential Care Home is a residential care home that was providing personal and nursing care to 22 people aged 65 and over at the time of our inspection. Some people were living with dementia. The service can support up to 30 people. The accommodation was spread across two floors with communal areas and a patio garden to the front of the property.

We found the following examples of good practice.

There was a restriction on visiting the service. There were safe procedures in place for visitors to the service, including healthcare professionals and relatives to reduce and prevent the spread of infection. There was a clear system to ensure visitors followed the current guidance on the use of personal protective equipment (PPE) and social distancing. Although we found data was not always recorded to ensure visitors were not a potential risk of COVID-19. The registered manager said they would address this.

The provider ensured people maintained contact with relatives by staff supporting them with telephone calls. The registered manager was looking at planning for visits for the winter once they had reviewed current guidance.

There was a clear regular programme for staff and people living in the home to be tested for COVID -19. This meant swift action could be taken if or when positive tests were received.

Staff followed procedures for don and doffing PPE and how to dispose of it safely, in line with government guidelines. All staff wore appropriate PPE, which was in good supply. Posters and information about COVID-19 were visual throughout the service. However, we found concerns that the area used for staff don and doffing process was not suitably placed. We spoke with the registered manager and they addressed this before we left and confirmed the new area being used.

A robust contingency plan was in place and used for when positive testing or isolation for staff or people arose. The provider also used a COVID-19 planning document, this was to assist with any reduction in staff numbers. There were arrangements to deploy staff across the service to reduce the risk of cross infection. Agency staff were used to cover shortfalls in staffing, due to staff testing positive for COVID-19.

Handover meetings were completed in line with safe distancing guidelines and a minimum staff team. Then shared with the rest of the staff team appropriately to make sure people's needs were met.

General risk assessments were in place for people in high risk groups, but not individual to identify personal risks. The registered manager gave an example of vulnerability in the staff team. They noted the risk but had not recorded it to ensure the staff member did not enter high risk areas of the home. The registered manager told us they would address this. They assured us that adjustments, if required to staff working practices would be put in place as and when required to keep them safe.

People using the service self-isolated in their own rooms if they tested positive for COVID-19. Anyone not in isolation and free from infection appropriate arrangements were in place to reduce the spread of infection. This meant peoples individual needs were considered to ensure everyone was kept safe.

The home was very clean and tidy. Housekeeping staff told us they had increased the cleaning regime and stepped up their use of cleaning solution. The cleaning schedules had been consistently completed for the weekly and monthly tasks around the home environment. Staff told us they try to deep clean every other day. We found some gaps in the daily cleaning schedules. From speaking with staff, we were assured the cleaning was being completed however this was not always recorded. The registered manager had identified a training issue and told us they were in the process of addressing this.

Further information is in the detailed findings below.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

No Rating were awarded following this inspection. We were assured the service were following safe infection prevention and control procedures to keep people safe.

Inspected but not rated

Overseal Residential Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe, and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 11 November 2020 and was announced.

Is the service safe?

Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were somewhat assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

We have also signposted the provider to resources to develop their approach.