

J.M.K Care Services Limited

# Three Gables Residential Care Home

## Inspection report

2 Brand Road  
Eastbourne  
East Sussex  
BN22 9PX

Tel: 01323501883

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10 March 2022

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## Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

# Summary of findings

## Overall summary

Three Gables Residential Care Home is a care home providing care and support to older people. At the time of inspection, 16 people were receiving a service.

We found the following examples of good practice.

The registered manager demonstrated a passion and understanding for infection control. They had trained to be an Infection Control Champion in a Local Authority programme. There were robust infection control policies and procedures in place and continuous cleaning by care and domestic staff.

People had been supported to remain in contact with their loved ones, despite the home having an outbreak of infection. The staff were supporting and following the most up to date guidance about Essential Care Givers and had maximised areas of the home for visiting. This included the use of a large garden and transforming a shed into a visiting pod. People had also thoroughly enjoyed a garden party, to which relatives and the local MP attended.

People's mental health had been closely monitored during the outbreak and staff had found ways to support people when they didn't understand or became distressed about social distancing. The registered manager had conducted wellbeing supervisions with staff and offered them the services of an external counsellor.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Three Gables Residential Care Home

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 10 March 2022 and was unannounced.

# Is the service safe?

## Our findings

### Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

### Visiting in care homes

- The provider was facilitating visits for people living in the home in accordance with the current guidance. A visiting pod had been implemented at the service to ensure people and their loved ones could remain safe.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.