

Mrs A Morrison

Arundel House - Paignton

Inspection report

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01 December 2020

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Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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Summary of findings

Overall summary

Arundel House is a residential care home providing personal care for up to 12 adults who have learning difficulties and/or a physical disability. At the time of the inspection there were nine people living at the home.

We found the following examples of good practice.

Robust systems were in place to help manage the risks and prevent the spread of COVID-19.

Visitors to the service had been restricted. There was a clear system in place for visitors to ensure they followed the current guidance on the use of personal protective equipment (PPE) and social distancing. Instructions were easily accessible on arrival at the service to ensure visitors understood the infection prevention and control protocols they needed to follow to keep people safe.

Visitors to the service were asked to wear PPE, have their temperature checked, wash their hands and use the hand sanitiser provided, before they would be allowed to enter the main part of the building.

People were encouraged and supported to maintain contact with their relatives through use of mobile phones and video calls.

Staff had received additional training in infection prevention and control and the use of PPE including masks, gloves, aprons and hand sanitiser. There were sufficient stocks available and staff were seen to be wearing PPE appropriately.

The provider had converted one bedroom to a staff room to ensure staff could change their uniforms at the start and end of their shift.

People and staff took part in regular COVID-19 "whole home" testing. People and staff who tested positive followed national guidance and self-isolated for the required amount of time.

Staff helped people to socially distance by spacing out tables and chairs in communal areas. People were given their own PPE and hand gel to use if they wished and staff supported people with their hand hygiene.

Cleaning schedules and procedures had been enhanced to include more frequent cleaning of touch points such as handrails and light switches. A daily Covid 19 compliance check for had been introduced to ensure all required actions were being completed.

The management team had been open and transparent and worked closely with the Local Authority and infection prevention and control teams throughout the outbreak. All practice and procedures had been reviewed, updated and where necessary, changed in line with the latest guidance.

We were assured this service met good infection prevention and control guidelines.

Further information is in the detailed findings below.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Arundel House - Paignton

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 1 December 2020 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.