

# Together for Mental Wellbeing

## Kirtling House

### Inspection report

14 Compton Road  
Winchester  
Hampshire  
SO23 9SL

Tel: 01962862580  
Website: [www.together-uk.org](http://www.together-uk.org)

Date of inspection visit:  
07 January 2022

Date of publication:  
17 January 2022

### Ratings

Overall rating for this service	Inspected but not rated
---------------------------------	-------------------------

Is the service safe?	<b>Inspected but not rated</b>
----------------------	--------------------------------

# Summary of findings

## Overall summary

Kirtling House is a residential care home without nursing that provides support for up to eight people living with mental health needs. The service aims to support people to reach their potential, moving towards independent living and encourage social inclusion. At the time of our inspection there were eight people living in the home.

We found the following examples of good practice.

- ☐ The provider worked closely with external professionals to ensure that people were able to be safely admitted to the home whilst meeting their mental health needs. This demonstrated good partnership working.
- ☐ Staff carried out a thorough cleaning procedure twice daily. This involved a clean through with hot soapy water followed by a disinfecting procedure.
- ☐ Policies and procedures in relation to infection control and COVID-19 were thorough and up to date.
- ☐ There were arrangements in place to allow visitors to safely visit the home.
- Staff received the relevant infection control and prevention training and adhered to good practice around using personal protective equipment.

We were assured the provider ensured this service met good infection prevention and control.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Kirtling House

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 7 January 2022 and was announced. We gave the service 24 notice of the inspection.

# Is the service safe?

## Our findings

### Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.