

Cedars Rest Home Limited(The) The Cedars Rest Home Limited

Inspection report

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17 February 2022

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Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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Summary of findings

Overall summary

The Cedars Rest Home is a residential care home providing personal care to 32 people at the time of the inspection. The service can support up to 34 people. Accommodation is over four floors within one extended and adapted building.

We found the following examples of good practice.

Contact between people and their relatives and friends had been maintained. Visits with relatives and friends were accommodated when guidance allowed, and adaptations made in response to the changing government guidelines.

Personal protective equipment (PPE) stations were fully stocked in the foyer, near communal areas and around the home. Staff were trained in the correct use of PPE. The provider had ensured enough stocks of PPE were available and our observations confirmed this.

People living in the home and staff were tested regularly for COVID-19. All staff employed were fully vaccinated and had been supported by the registered manager to access their vaccinations. The registered manager had identified, assessed and mitigated COVID-19 risks to people, staff and visitors. Professional visitors and relatives were tested before visits took place. Visiting professionals were also asked to provide evidence of their vaccination status prior to entering.

The service was clean and well-ventilated and had detailed cleaning schedules. High touch points were regularly disinfected, promoting safe infection control practices.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

The Cedars Rest Home Limited

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 17 February 2022 and was announced. We gave the service 24 hours' notice of the inspection.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were somewhat assured that the provider was meeting shielding and social distancing rules.

We observed people dining at lunch time and saw four people sat around each table. Due to the layout of the home and people's increasing dependencies it was not always possible to follow social distancing rules. We discussed this with the registered manager.

We have also signposted the provider to resources to develop their approach.

- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

Visiting in care homes

The provider was facilitating visits for people living in the home in accordance with the current guidance. We saw staff completed the required checks when people visited the home. Visitors were asked to provide evidence of a negative lateral flow device (LFD) test and used appropriate personal protective equipment (PPE).

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.