

Dr Ionita

Inspection report

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This report describes our judgement of the quality of care at this service. It is based on a combination of what we found when we inspected, information from our ongoing monitoring of data about services and information given to us from the provider, patients, the public and other organisations.

Ratings

Overall rating for this location

Good 

Are services safe?

Good 

Overall summary

This service is rated as Good overall. Previous inspection June 2019 – Good overall and Requires improvement for Safe.

The key questions are rated as:

Are services safe? – Good

We carried out an announced comprehensive inspection at Dr Ionita on 20 June 2019. The overall rating for the service was good, the service was rated requires improvement for providing Safe services. The full comprehensive report on the 20 June 2019 inspection can be found by selecting the 'all reports' link for Dr Ionita on our website at www.cqc.org.uk.

This inspection was a desk-based review carried out on 7 September 2020 to confirm that the practice had carried out their plan to meet the legal requirements in relation to the breaches in regulations that we identified in our previous inspection on 20 June 2019. This report covers our findings in relation to those requirements and additional improvements made since our last inspection.

Dr Ionita is a doctor-led primary care service that specialises in preventative advice/treatment and lifestyle improvements.

Dr Ionita is the registered manager. A registered manager is a person who is registered with the Care Quality Commission to manage the service. Like registered providers, they are 'registered persons'. Registered persons have legal responsibility for meeting the requirements in the Health and Social Care Act 2008 and associated Regulations about how the service is run.

We are mindful of the impact of COVID-19 pandemic on our regulatory function. We will continue to discharge our regulatory enforcement functions required to keep people safe and to hold providers to account where it is necessary for us to do so.

Our key findings were :

- The provider was now carrying some emergency medicines and had risk assessed the ones not carried.
- The provider now had access to emergency equipment.
- The provider had completed fire training.
- The provider had assurances that the carpeted consultation room was being cleaned regularly and effectively.

Dr Rosie Benneyworth BM BS BMedSci MRCGP

Chief Inspector of Primary Medical Services and Integrated Care

Our inspection team

Our inspection was completed by a CQC lead inspector.

Background to Dr Ionita

Dr Ionita is a doctor-led primary care service that specialises in preventative advice/treatment and lifestyle improvements. The service is located on the third floor of 10 Harley Street, London, W1G 9PF and has one consulting room. The service primarily provides preventative treatments and advice, these can include extended health checks, food intolerance tests and stress tests for adults and does not treat children under 18.

The service is contactable 24 hours and seven days a week for home visits and in the office on Wednesdays from 1:30pm to 6pm.

Their website address is: www.drionita.com

The service is registered with CQC to undertake the following regulated activities:

- Treatment of Disease, Disorder or Injury

- Diagnostic and Screening Services.

How we inspected this service

We undertook a comprehensive inspection of Dr Ionita on 20 June 2019 under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. The practice was rated as requires improvement for providing safe services and good overall. The full comprehensive report following the inspection on 20 June 2019 can be found by selecting the 'all reports' link for Dr Ionita on our website at .

We undertook a follow up desk-based focused inspection of Dr Ionita on 7 September 2020. This inspection was carried out to review in detail the actions taken by the practice to improve the quality of care and to confirm that the practice was now meeting legal requirements.

Are services safe?

When we inspected the service in June 2019, we found that this service was not providing safe care in accordance with the relevant regulations. Specifically, we found:

- The provider had not completed any fire training.
- The provider did not have any emergency medicines or equipment and had not carried out a risk assessment for their omission.
- The consulting room was carpeted and there had been no assessment of the infection control implications.

At this inspection in September 2020, we found improvements had been made.

Safety systems and processes

The service had clear systems to keep people safe and safeguarded from abuse.

- At the June 2019 inspection the provider had not completed fire training, at this inspection the provider had sent evidence that this training had now been completed.
- There was an effective system to manage infection prevention and control. The main consultation room

was carpeted, and the provider had ensured that the cleaning regimes were effective in maintaining good infection control. The service had a variety of other risk assessments to monitor safety of the premises such as control of substances hazardous to health and infection control and legionella. Legionella is a term for a particular bacterium which can contaminate water systems in buildings.

Risks to patients

There were systems to assess, monitor and manage risks to patient safety.

- At the June 2020 inspection we found that the service did not hold any of the emergency drugs or equipment and the provider had risk assessed not having emergency medicines but had not formalised the risk assessment. At this inspection we found that the service did hold some of the emergency drugs and had carried out a risk assessment for drugs not carried. They also had use of emergency equipment that the building provided to all the services in the building.