

Grapevine Care Limited

# The Tynings

## Inspection report

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Tel: 01452751037

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17 May 2017

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### Ratings

Overall rating for this service

Good ●

Is the service effective?

Good ●

# Summary of findings

## Overall summary

This unannounced focused inspection took place on 17 May 2017.

We carried out an unannounced comprehensive inspection of this service on 24 June 2015. A breach of a legal requirement was found. After the comprehensive inspection, the provider wrote to us to say what they would do to meet the legal requirement in relation to Regulation 9 Person centred care.

We undertook this unannounced focused inspection on 17 May 2017 to check that they had followed their plan and to confirm that they now met legal requirements. This report only covers our findings in relation to those requirements. You can read the report from our last comprehensive inspection, by selecting the 'all reports' link for The Tynings on our website at [www.cqc.org.uk](http://www.cqc.org.uk).

The Tynings is a care home for up to six people with a mild to moderate learning disability, autism or sensory impairment. Six people were accommodated when we completed this inspection.

People were now supported by relevant healthcare professionals to maintain their health and wellbeing. We have made a recommendation about healthcare professionals completing mental capacity assessments for specific medical conditions and their treatment and monitoring.

At the time of our inspection visit The Tynings had a registered manager in post who was on special leave and the assistant manager was in charge supported by the provider's representative. A registered manager is a person who has registered with the Care Quality Commission to manage the service. Like registered providers, they are 'registered persons'. Registered persons have legal responsibility for meeting the requirements in the Health and Social Care Act 2008 and associated Regulations about how the service is run.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### Is the service effective?

Good ●

The effectiveness of the service had improved.

People were supported by healthcare professionals to maintain their health and wellbeing.

# The Tynings

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008, to look at the overall quality of the service, and to provide a rating for the service under the Care Act 2014.

We undertook an unannounced focused inspection of The Tynings on 17 May 2017. This inspection was done to check that improvements to meet one legal requirement planned by the provider after our comprehensive inspection on 24 June 2015 had been made. We inspected the service against one of the five questions we ask about services: is the service Effective. This is because the service was not meeting one legal requirement.

The inspection was undertaken by one inspector. During our inspection we spoke with the assistant manager and one person using the service. We looked at care plan and medicine records.

# Is the service effective?

## Our findings

At our comprehensive inspection on 24 and 25 of June 2015 the registered person had not ensured people were supported by the relevant healthcare professional to maintain their health and wellbeing. This was a breach of Regulation 9 of the Health and Social Care Act 2008 (Regulated Activities) Regulation 2014.

At our focused inspection on 17 May 2017 this requirement had been met. We found one person we had concerns about had been regularly visited by a specialist healthcare professional to check their medical condition in 2016 to help ensure they maintained their health. Additional medicine had been started in December 2015 for the medical condition since our last inspection and this had helped the medical condition. The person's GP had also visited them and continued to monitor their health and wellbeing. The staff supported the person to check their medical condition daily.

The person had visited a podiatrist to check the sensation in their feet and an optician. We discussed with the assistant manager the need to ensure annual optical checks to include a more specialist check for any retinal deterioration and they agreed to look into this. Protocols were in place for the medical condition to provide staff with information to administer emergency treatment. The person's mental capacity assessment had not been completed to include a healthcare professional and the person's relatives as planned. A healthcare professional consulted had declined to complete the assessment and advised the person's GP should complete it. One healthcare professional thought the person may not have mental capacity to be able to understand the long term complications should their health not be closely monitored. A formal mental capacity assessment would ensure the person was protected by the Mental Capacity Act 2005 and a best interest record was completed if required. We recommend the service seeks a healthcare professional to complete mental capacity assessments for specific medical conditions as best practice.

We checked another person who had support from healthcare specialists for a medical condition and the records were complete. The person had a protocol in place for emergency medical treatment when required and had seen a consultant and specialist healthcare professional to support their health and wellbeing. We spoke to the person and they told us they were "Alright." The provider's representative had checked people's care plans and health records during their monthly visits to the home. We looked at the monthly records for February and March 2017 and the care plans were all checked as correct.