

Bupa Care Homes (CFHCare) Limited Barton Brook Residential and Nursing Home

Inspection report

201 Trafford Road Eccles Manchester Greater Manchester M30 0GP Date of inspection visit: 06 April 2016

Date of publication: 13 May 2016

Ratings

Overall rating for this service

Is the service safe?

Requires Improvement

Good

Summary of findings

Overall summary

We undertook this unannounced inspection of Barton Brook Nursing and Residential Home on Wednesday 6 April 2016.

There was a registered manager in post. A registered manager is a person who has registered with the CQC to manage the service. Like registered providers, they are 'registered persons'. Registered persons have legal responsibility for meeting the requirements in the Health and Social Care Act 2008 and associated Regulations about how the service is run.

At our previous inspection in August 2014, June 2015 and December 2015, we found the home had failed to ensure people received their medication safely. At each of these inspections, there had been a breach of Regulation 12 Health and Social Care Act 2008 (Regulated Activities) Regulation 2014, in relation to safe care and treatment. Following our last inspection in December 2015, the home wrote to us telling us what action they would take to ensure people received their medication safely and any changes they intended to make.

During this inspection, we found appropriate systems were now in place with regards to the safe administration of medication. However, we could not improve the rating for 'safe' from requires improvement at this time, because to do so requires evidence of consistent good practice over time. We also only looked at aspects relating to the breach of regulations, rather than looking at the whole question relating to 'safe.' We will review this during our next planned comprehensive inspection of the home.

The five questions we ask about services and what we found

We always ask the following five questions of services.

| Is the service safe? | Requires Improvement 😑 |
|--|------------------------|
| The service was safe. | |
| Medication was now being given to people safely. | |
| We could not improve the rating for 'safe' from requires improvement at this time, because to do so requires evidence of consistent good practice over time. We also only looked at aspects relating to the breach of regulations, rather than looking at the whole question relating to 'safe.' We will review this during our next planned comprehensive inspection | |



Barton Brook Residential and Nursing Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008, to look at the overall quality of the service, and to provide a rating for the service under the Care Act 2014.

We undertook an unannounced focused inspection at Barton Brook Nursing and Residential Home on 6 April 2016. This inspection was undertaken to ensure improvements that were required to meet legal requirements had been implemented by the service following our last inspection in December 2015.

We inspected the service against one of the five questions we ask about services during an inspection, which were not meeting legal requirements. This was 'Is the service safe.'

The inspection was undertaken by one pharmacist inspector from the Care Quality Commission.

Before the inspection, we reviewed all the information we held about the home. We reviewed statutory notifications and safeguarding referrals.

We also reviewed the action taken by the provider following our previous inspection, who wrote to us explaining what action the service had taken to meet legal requirements.

Is the service safe?

Our findings

At the home's last three inspections we found shortfalls in the way medicines were handled in Irwell House, one of the home's four houses. At this inspection our medicines inspector (pharmacist) looked at the storage, administration and recording of medicines in Irwell House. We found that medicines were stored and given safely and that people received the medicines they needed at the right times.

We looked at the medicine charts belonging to 20 out of 30 people being cared for in Irwell House and didn't find any 'gaps' in the records of administration. We watched people being given their lunchtime medicines. The nurses administered medicines in a safe and respectful way. Three people were prescribed a medicine that must be taken at exact times of day to be fully effective. We saw each person receive the lunchtime dose at the correct time.

All the medicines people needed were 'in stock'. Medicines that are controlled drugs were stored and recorded in the way required by law. Nurses carried out checks (audits) after each medicine 'round' to make sure everyone had received their medicine and records were completed.

Trained carers applied prescribed creams to people's skin, in the privacy of their rooms. The way in which the use of creams was recorded had changed since the last inspection, following a change in the provider's policy. We looked at the records for two people who were prescribed creams. The carers' daily notes did not record that these creams were being used regularly. A person's skin may become dry and sore if creams are not applied as often as the doctor intended. We discussed this issue with the home manager who would raise the issue with staff.