

Methodist Homes Lauriston

Inspection report

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Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

Summary of findings

Overall summary

Lauriston provides nursing and personal care for up to 60 people, some of whom lived with dementia. Lauriston also provides short stay care known as respite care. At the time of the inspection there were 27 people living at Lauriston.

We found the following examples of good practice

The home was clean and well maintained. There was regular cleaning throughout the day, and this included high-touch areas. The care staff were also responsible for both the cleaning and laundry and were knowledgeable regarding current COVID-19 cleaning guidelines. Robust cleaning schedules were in place. The deputy manager and the head housekeeper were the infection control leads for the home and undertook spot checks on staff practice. The registered manager also did daily walk rounds to observe practice and support staff and people.

The premises had recently re-commenced their redecorating and refurbishment programme which had been halted due to the lockdown and outbreak. All contractors were on a COVID-19 testing programme and wore personal protective equipment (PPE).

Following an outbreak of COVID-19, the home had followed government guidance and been closed to visitors apart from those whose visits were essential to the health and well-being of a specific person: for example, end of life care. The home had just re-opened to allow one named visitor to each person following a risk assessment. These visitors were asked to wear PPE, have a lateral flow device (LFD) test on arrival or have the result of their LFD with them. They were asked to wear PPE, including a visor, sanitize their hands and have their temperature taken. This procedure was followed for all visitors to the home including health and social care professionals.

Staff supported people to remain in contact with their families by phone calls and video calls during the pandemic. Care plans included how to care and support each person during the outbreak and lockdown with specific attention to their mental well-being.

The home has just re-opened for admissions. All new arrivals to the home will only be accepted with a negative polymerase chain reaction (PCR) test and will isolate for 14 days.

There were systems in place that ensured that people who had tested positive for COVID-19 and self-isolating were cared for in their bedrooms to minimise the risk of spreading the virus. This had proved difficult for those people who lived with dementia and liked to walk with purpose, but the staffing levels had allowed for those people to have one to one support.

Staff were provided with adequate supplies of PPE and staff were seen to be wearing this appropriately. Staff had received specific COVID-19 training from the provider, and this included guidance for staff about

how to put on and take off PPE safely. Updates and refresher training took place to ensure all staff followed the latest good practice guidance. They were seen to be following correct infection prevention and control practices (IPC). Hand sanitiser was readily available throughout the home.

Regular testing for people and staff was taking place. There had been changes to testing following their outbreak of COVID-19 as people and staff who tested positive were not tested for 90 days as per government guidance. Routinely all staff have a weekly PCR and twice weekly lateral flow test (LFT). In addition, they have their temperatures taken daily. People have a monthly PCR test with daily temperatures and oxygen level checks.

The premises has a variety of communal rooms and people who chose to visit the dining areas or communal areas were supported by staff to maintain social distancing. For example, chairs and tables had been re-arranged to allow more space between people.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Lauriston

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 25 March 2021 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.