

Optima Care Limited

Optima Care Limited - 37 Spenser Road

Inspection report

37 Spenser Road
Herne Bay
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16 December 2020

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13 January 2021

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Optima Care Limited - 37 Spenser Road provides care and accommodation to up to 13 adults with a learning disability. Accommodation is provided in the main house and a two bedroomed bungalow. There were nine people at the service at the time of our inspection.

We found the following examples of good practice.

People were reminded about the importance of social distancing and isolating in their rooms when necessary, to help keep them safe.

Changes had been made to the service as a direct result of the pandemic. Staff wore personal protective equipment (PPE), such as masks, aprons and gloves. There were PPE 'stations' around the service to help ensure PPE was available to staff when needed.

Guidance was available to staff about how to work during the pandemic.

The service was clean and staff carried out more frequent cleaning on areas that were frequently touched, such as door handles.

The manager kept relatives up to date with people's well-being by phone and e-mails.

The service was engaged in the national testing programme for staff and people who lived at the service.

The manager had sought advice and guidance from other agencies about infection control and prevention and had updated staff practice accordingly.

Further information is in the detailed findings below.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

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Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 16 November 2020 and was unannounced.

Is the service safe?

Our findings

The purpose of this inspection was to check infection control measures and practices. We will assess all of the key question at the next comprehensive inspection of the service.

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were somewhat assured that the provider was using PPE effectively and safely. Although staff were wearing appropriate PPE, not all staff had received infection control training at the start of the pandemic. The manager delivered specific covid training in November, immediately after being appointed as home manager. This was to ensure staff had the skills and knowledge to minimise the spread of infections.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

We have also signposted the provider to resources to develop their approach.