

Czajka Properties Limited

Fairmount Nursing Home

Inspection report

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Date of inspection visit:
11 August 2020
24 August 2020
26 August 2020

Date of publication:
09 October 2020

Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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Summary of findings

Overall summary

Fairmount Nursing Home provides accommodation, care and support for up to 37 people over 65 years old including people living with dementia, people receiving end of life care and people on respite care. There were 21 people living at the service when we visited.

People's experience of using this service and what we found

People looked well cared for and comfortable. A relative told us they were very happy with the care and support provided.

We observed staff respected people's privacy and dignity.

People's medicines were managed safely.

Risks to people's safety and care were managed safely.

We also assessed infection control procedures within the home. We were assured that appropriate systems were in place to help keep people safe.

For more details, please see the full report which is on the CQC website at www.cqc.org.uk

Rating at last inspection and update

The last rating for this service was requires improvement (published 21 June 2019). The provider completed an action plan after the last inspection to show what they would do and by when to improve. At this inspection we found improvements had been made and the provider was no longer in breach of regulations.

Why we inspected

We undertook this targeted inspection to check whether the requirement action we previously served in relation to Regulation 12 of the Health and Social Care Act 2008 (Regulated Activities) Regulations 2014 had been met. The overall rating for the service has not changed following this targeted inspection and remains requires improvement.

CQC have introduced targeted inspections to follow up on breaches of regulations or to check specific concerns. They do not look at an entire key question, only the part of the key question we are specifically concerned about. Targeted inspections do not change the rating from the previous inspection. This is because they do not assess all areas of a key question.

You can read the report from our last comprehensive inspection, by selecting the 'all reports' link for Fairmount Nursing Home on our website at www.cqc.org.uk.

Follow up

We will continue to monitor information we receive about the service until we return to visit as per our re-inspection programme. If we receive any concerning information we may inspect sooner.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

At our last inspection we rated this key question requires improvement. We have not reviewed the rating at this inspection. This is because we only looked at the parts of this key question we had specific concerns about and carried out a thematic review of infection prevention and control practices.

Inspected but not rated

Fairmount Nursing Home

Detailed findings

Background to this inspection

The inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 (the Act) as part of our regulatory functions. We checked whether the provider was meeting the legal requirements and regulations associated with the Act.

This was a targeted inspection to check whether the provider had met the requirements of the requirement notice in relation to Regulation 12 (Safe care and treatment) of the Health and Social Care Act 2008 (Regulated Activities) Regulations 2014. As part of this inspection we looked at the infection control and prevention measures in place. This was conducted as part of our Thematic Review of infection control and prevention in care homes.

Inspection team

The inspection was carried out by one inspector.

Service and service type

Fairmount Nursing Home is a 'care home'. People in care homes receive accommodation and nursing or personal care as a single package under one contractual agreement. CQC regulates both the premises and the care provided, and both were looked at during this inspection.

The registered manager has left. A new manager has been appointed and is in the process of applying for registration with CQC. This means that they and the provider are legally responsible for how the service is run and for the quality and safety of the care provided.

The inspection was announced at short notice. Due to the COVID-19 pandemic, we needed to check the COVID-19 status of the home and make arrangements to enter the home safely to reduce the risk of infection transmission. Inspection activity started on 11 August 2020, we visited the service on 26 August 2020.

What we did before the inspection

We reviewed information we had received about the service since the last inspection. We sought feedback from the local authority commissioning and safeguarding teams and Healthwatch. Healthwatch is an

independent consumer champion that gathers and represents the views of the public about health and social care services in England.

The provider was not asked to complete a provider information return prior to this inspection. This is information we require providers to send us to give some key information about the service, what the service does well and improvements they plan to make. We took this into account when we inspected the service and made the judgements in this report.

During the inspection

We looked around the home and observed care. We spoke with three members of staff including the manager, deputy manager and a senior care worker. We looked at elements of three people's care records, this included medication records and risk assessments. We looked at records relating to infection control and COVID-19 management.

After the inspection

We spoke with a relative and a health care professional about their experiences of the service.

Is the service safe?

Our findings

Safe – this means we looked for evidence that people were protected from abuse and avoidable harm.

At the last inspection this key question was rated as requires improvement. We have not changed the rating of this key question, as we have only looked at the part of the key question we had specific concerns about.

The purpose of this inspection was to check if the provider met the requirements of the requirement notice we served at the last inspection. We will assess all of the key question at the next comprehensive inspection of the service.

Using medicines safely

At our last inspection the provider had not implemented systems to evidence clear management and administration of people's medicines. This was a breach of Regulation 12 of the Health and Social Care Act of the Health and Social Care Act 2008 (Regulated Activities) Regulations 2014.

At this inspection sufficient improvements had been made and the provider was no longer in breach of Regulation 12.

- Systems were in place to make sure people received their medicines safely and at the right time.
- Systems were in place to ensure staff had accurate and up to date information about the use of thickeners.

Assessing risk, safety monitoring and management

At our last inspection we found the provider was not always managing risks to people's care in a consistent way. This was a breach of Regulation 12 of the Health and Social Care Act of the Health and Social Care Act 2008 (Regulated Activities) Regulations 2014

At this inspection sufficient improvements had been made and the provider was no longer in breach of Regulation 12.

- Systems were in place to ensure risks to people's safety and welfare were managed effectively.
- People were supported safely with their moving and handling requirements. Each person had their own sling and staff received regular training. An inventory of equipment was maintained and maintenance records were up to date.
- Seating assessments were in place and training had been delivered in house. Special training had been requested from external professionals but this had been delayed due to the COVID-19 pandemic.
- Records showed there had not been any accidents or incidents where equipment and/or moving and handling procedures had been a factor.

Preventing and controlling infection

- There were effective systems in place to reduce the risk and spread of infection. Staff and the management team had a good understanding of the required COVID-19 infection control guidance. There was enough

personal protective equipment (PPE) in stock.

- Regular testing was being carried out for people who used the service and staff.
- Staff completed training on infection prevention control and safe working practices during the COVID-19 pandemic. Staff were able to describe the correct circumstances for wearing their PPE.
- Staff worked hard to maintain cleaning standards in the service. The environment was clean, well maintained and there were no malodours.