

# Care Homes of Distinction Limited

## Rutland Home

### Inspection report

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10 March 2021

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### Ratings

|                                 |                         |
|---------------------------------|-------------------------|
| Overall rating for this service | Inspected but not rated |
|---------------------------------|-------------------------|

|                      |                         |
|----------------------|-------------------------|
| Is the service safe? | Inspected but not rated |
|----------------------|-------------------------|

# Summary of findings

## Overall summary

Rutland Home is a residential care home providing nursing and personal care for up to 18 people aged 65 and over. Some people were living with dementia. There were 8 people living at the service at the time of the inspection.

We found the following examples of good practice.

- There was a booking system in place for spacing out visitors and guidance had been shared with people's family and friends to support safe visits to the service during the COVID-19 pandemic.
- All care staff had completed training about COVID-19 and how to prevent the spread of the virus. This included training about how to use personal protective equipment (PPE) correctly. The provider had ensured there was plenty of PPE available for staff.
- Admission to the home was completed in line with COVID-19 guidance. People were only admitted following a negative COVID-19 test result and were supported to self-isolate for up to 14 days following admission to reduce the risk of introducing infection. People having to isolate in their rooms received frequent support from staff to engage with activities that would interest them personally
- All staff had an individual risk assessment to evaluate their level of risk to COVID-19. Where necessary changes were made to the tasks carried out by those staff assessed as being at a high level of risk.
- The service was uncluttered, clean and hygienic. Cleaning had increased during the COVID-19 pandemic and frequently touched surfaces were cleaned regularly throughout the day to reduce the risk of infection.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Rutland Home

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 10 March 2021 and was announced.

## Is the service safe?

### Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.