

Voyage 1 Limited

Rookery Cottage

Inspection report

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23 February 2022

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Rookery Cottage is a care home providing accommodation and personal care to six people at the time of the inspection. The service cares for adults living with a learning disability, autism, physical and sensory impairments.

The care home accommodates six people in one adapted building. People live on one of two floors, each with their own bedrooms. Communal facilities include bathrooms, lounge room, dining room and kitchen. There is a large yard that surrounds the back and side of the building.

We found the following examples of good practice:

The registered manager and deputy manager knew how to effectively manage infection prevention and control. The building was clean. There were sufficient supplies of personal protective equipment.

Hand hygiene points in bathrooms were clean, accessible and fully stocked. The service ensured that visitors had their COVID-19 vaccination status and lateral flow test checked before entry to the main building. This ensured people's protection from the risk of infection.

The registered manager maintained accurate, up to date records of staff vaccinations. Essential caregivers were promoted to be part of people's lives.

When people needed to self-isolate, staff supported people's wellbeing by maintaining people's links with families and friends and through using sensitive communication and planning suitable indoor activities whilst people had to remain indoors.

Appropriate risk assessments and policies were in place to reduce any impact to people staff who may be disproportionately at risk of COVID-19.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Rookery Cottage

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 23 February 2022 and was announced. We gave the service 24 hours' notice of the inspection.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- Visiting was in line with government guidance.

The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.