

# Integrated Care Centre

### **Inspection report**

New Radcliffe Street Oldham OL1 1NL Tel: 01618260367

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This report describes our judgement of the quality of care at this service. It is based on a combination of what we found when we inspected, information from our ongoing monitoring of data about services and information given to us from the provider, patients, the public and other organisations.

### Ratings

| Overall rating for this location           | Good |
|--|------|
| Are services safe?                         | Good |
| Are services effective?                    | Good |
| Are services caring?                       | Good |
| Are services responsive to people's needs? | Good |
| Are services well-led?                     | Good |

### Overall summary

#### This service is rated as Good overall.

The key questions are rated as:

Are services safe - Good

Are services effective - Good

Are services caring – Good

Are services responsive – Good

Are services well-led - Good

We carried out an announced at Integrated Care Centre, run by IGP Care Limited, on 30 May 2022. This was a full comprehensive inspection and was the first CQC inspection for the service.

At this inspection we found:

- The service had good systems to manage risk so that safety incidents were less likely to happen. When they did happen, the service learned from them and improved their processes.
- The service had effective systems to ensure staff had a consistent approach to the service delivery.
- The service routinely reviewed the effectiveness and appropriateness of the care it provided. It ensured that care and treatment was delivered according to evidence- based guidelines.
- There was a comprehensive quality assurance system in place around policies and procedures, with all staff having access to the systems onsite.
- Staff involved and treated people with compassion, kindness, dignity and respect.
- Patients were able to access care and treatment from the service within an appropriate timescale for their needs.
- · A clear system was in place for patients accessing appointments, and patients could easily cancel an appointment if necessary.
- There was a strong focus on continuous learning and improvement at all levels of the organisation.

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Chief Inspector of Primary Medical Services and Integrated Care

### Our inspection team

Our inspection team was led by a CQC lead inspector. The team also included a GP specialist adviser.

### Background to Integrated Care Centre

IGP Care Limited provides the seven day access service (extended hours GP appointments) for all patients registered with an Oldham GP Practice. It currently also provides paediatric appointments for children under the age of 12 years.

The service provides appointments at a central location in Oldham, at:

Integrated Care Centre

New Radcliffe Street

Oldham

OL1 1NL.

The head office, where the management and call handlers are based, is within:

Lees Medical Practice

Athens Way

Oldham

OL4 3BW.

The service is not linked to Lees Medical Practice. We visited the head office and the Integrated Care Centre as part of our inspection.

IGP Care Limited is registered with the Care Quality Commission (CQC) to provide the regulated activities of diagnostic and screening procedures and treatment of disease, disorder or injury.

Pre-bookable routine appointments are available from 6.30pm until 9pm on weekdays, 9am until 5pm on Saturdays and 9am until 4pm on Sundays. This allows patients within Oldham to seek medical treatment at a time that is convenient to them when other GP practices are closed, without needing to have time off work. In addition, appointments are available for children under the age of 12 between 9am and 5pm Monday to Friday, and these are primarily used when patients are unable to get an on the day appointment with their usual GP.

The service does not accommodate walk-in patients and it does not carry out home visits.



### Are services safe?

### We rated the service as good for providing safe services.

### Safety systems and processes

The service had clear systems to keep people safe and safeguarded from abuse.

- The provider conducted safety risk assessments. It had safety policies, including Control of Substances Hazardous to Health and Health & Safety policies, which were regularly reviewed and communicated to staff. Staff received safety information from the provider as part of their induction and refresher training.
- The provider had systems to safeguard children and vulnerable adults from abuse. Policies were regularly reviewed and were accessible to all staff. They outlined clearly who to go to for further guidance. There was always a senior manager or medical director on call to provide information and support if required.
- The service worked with other agencies to support patients and protect them from neglect and abuse. Staff took steps to protect patients from abuse, neglect, harassment, discrimination and breaches of their dignity and respect.
- We saw examples of the service raising concerns where appropriate.
- The provider carried out staff checks at the time of recruitment and on an ongoing basis where appropriate. Disclosure and Barring Service (DBS) checks were undertaken where required, including for temporary staff. (DBS checks identify whether a person has a criminal record or is on an official list of people barred from working in roles where they may have contact with children or adults who may be vulnerable).
- All staff received up-to-date safeguarding and safety training appropriate to their role. They knew how to identify and report concerns. Staff who acted as chaperones were trained for the role and had received a DBS check.
- There was an effective system to manage infection prevention and control.
- The provider ensured that facilities and equipment were safe, and that equipment was maintained according to manufacturers' instructions. There were systems for safely managing healthcare waste.

### **Risks to patients**

There were systems to assess, monitor and manage risks to patient safety.

- There were arrangements for planning and monitoring the number and mix of staff needed. There was an effective system in place for dealing with surges in demand. The chief clinical officer or chief operating officer were always on call if required.
- There was an effective induction system for temporary staff tailored to their role.
- Staff understood their responsibilities to manage emergencies and to recognise those in need of urgent medical attention. They knew how to identify and manage patients with severe infections, for example sepsis. In line with available guidance, patients were prioritised appropriately for care and treatment, in accordance with their clinical need.
- Staff told patients when to seek further help. They advised patients what to do if their condition got worse.
- When there were changes to services or staff the service assessed and monitored the impact on safety.
- The majority of GPs working at the service were practicing local GPs so were already aware of local guidelines and protocols.

#### Information to deliver safe care and treatment

Staff had the information they needed to deliver safe care and treatment to patients.

- Individual care records were written and managed in a way that kept patients safe. The care records we saw showed that information needed to deliver safe care and treatment was available to relevant staff in an accessible way.
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### Are services safe?

- The service had systems for sharing information with staff and other agencies to enable them to deliver safe care and treatment.
- Clinicians made appropriate and timely referrals in line with protocols and up to date evidence-based guidance.

### Appropriate and safe use of medicines

The service had reliable systems for appropriate and safe handling of medicines.

- The systems and arrangements for managing medicines, including medical gases, emergency medicines and equipment, and controlled drugs and vaccines, minimised risks.
- The service used the Electronic Prescription Service only. There were pharmacies in the immediate area, including in the same building, where patients could collect their prescription medicines during the times the service was open.
- · Staff prescribed, administered or supplied medicines to patients and gave advice on medicines in line with legal requirements and current national guidance.
- Processes were in place for checking medicines and staff kept accurate records of medicines.

#### Track record on safety

The service had a good safety record.

- There were comprehensive risk assessments in relation to safety issues.
- The service monitored and reviewed activity. This helped it to understand risks and gave a clear, accurate and current picture that led to safety improvements.
- There was a system for receiving and acting on safety alerts.

### Lessons learned and improvements made

The service learned and made improvements when things went wrong.

- There was a system for recording and acting on significant events and incidents. Staff understood their duty to raise concerns and report incidents and near misses. Leaders and managers supported them when they did so.
- There were adequate systems for reviewing and investigating when things went wrong. The service learned and shared lessons, identified themes and took action to improve safety in the service. Where incidents concerned clinical or non-clinical staff, we saw evidence that discussions and appropriate action took place.
- The service learned from external safety events and patient safety alerts. The service had an effective mechanism in place to disseminate alerts to all members of the team including sessional and agency staff.



### Are services effective?

### We rated the service as good for providing effective services.

#### Effective needs assessment, care and treatment

The provider had systems to keep clinicians up to date with current evidence-based practice. We saw evidence that clinicians assessed needs and delivered care and treatment in line with current legislation, standards and guidance supported by clear clinical pathways and protocols.

- Clinical staff had access to guidelines from the National Institute for Health and Care Excellence (NICE) and used this information to help ensure that people's needs were met. The provider monitored that these guidelines were followed.
- Initial contact with the service was with a call handler. They asked patients a series of safety netting questions to assess the urgency of their request; patients were advised to call an ambulance or attend A&E if this was assessed necessary, and we saw the practice called an ambulance for patients if they preferred this. The call handlers informed patients of the action to take if their condition worsened prior to their scheduled appointment.
- Prior to an appointment being made call handlers ensured, after gaining the consent of patients, that their clinical records could be accessed.
- Patients' needs were fully assessed. This included their clinical needs and their mental and physical wellbeing.
- Standard operating procedures were in place for clinicians and administrative staff to follow to ensure a consistent service.
- Care and treatment was delivered in a coordinated way which took into account the needs of those whose circumstances may make them vulnerable.
- We saw no evidence of discrimination when making care and treatment decisions.
- When staff were not able to make a direct appointment on behalf of the patient clear referral processes were in place. These were agreed with senior staff and clear explanation was given to the patient or person calling on their behalf.
- Technology and equipment were used to improve treatment and to support patients' independence.
- Staff assessed and managed patients' pain where appropriate.
- Feedback from patients was positive with the majority of patients recommending the service.

### **Monitoring care and treatment**

The service had a comprehensive programme of quality improvement activity and routinely received the effectiveness and appropriateness of the care provided. Where appropriate clinicians took part in local and national improvement initiatives.

- The service carried out a two-week referral audit in March 2022. It was unable to make direct referrals as it was not a designated primary care practice. Instead GPs, who identified the need for an urgent referral completed the necessary referral template, documented the patient's notes and sent the referral to the head office. This was then sent to the patient's GP practice within 24 hours. The GP practice was then telephoned to confirm receipt and action. The audit results showed that over a three months period the referral template was completed consistent with the suspected diagnosis in 100% of cases and all referrals were confirmed as being received at the patient's GP practice at the correct time. For the small number of referrals identified during a Saturday clinical these were confirmed as being dealt with on the Monday. The service was liaising with commissioners about the ability to be able to refer directly.
- The service made improvements through the use of completed audits. Clinical audit had a positive impact on quality of care and outcomes for patients. There was clear evidence of action to resolve concerns and improve quality. We saw examples of audits on clinical notes, prescribing quality and referrals.
- The service was actively involved in quality improvement activity.

### **Effective staffing**



### Are services effective?

Staff had the skills, knowledge and experience to carry out their roles.

- All staff were appropriately qualified. The provider had an induction programme for all newly appointed staff.
- The provider ensured that all staff worked within their scope of practice and had access to clinical support when required. Peer support was also available and there was no lone working.
- The provider understood the learning needs of staff and provided protected time and training to meet them. Up to date records of skills, qualifications and training were maintained. Staff were encouraged and given opportunities to develop.
- The provider provided staff with ongoing support. This included one-to-one meetings, appraisals, coaching and mentoring, clinical supervision and support for revalidation. We saw evidence of this support and appraisal.
- The clinical lead carried out audits on the quality of clinical notetaking and referrals by clinicians.
- We saw evidence that there was a clear approach for supporting and managing staff when their performance was poor or variable.

### **Coordinating care and treatment**

Staff worked together, and worked well with other organisations to deliver effective care and treatment.

- We saw records that showed that all appropriate staff were involved in assessing, planning and delivering care and treatment.
- Staff communicated promptly with patient's registered GPs so that the GP was aware of the need for further action. Staff also referred patients back to their own GP to ensure continuity of care, where necessary. There were established pathways for staff to follow to ensure callers were referred to other services for support as required.
- Patient information was shared appropriately, and the information needed to plan and deliver care and treatment was available to relevant staff in a timely and accessible way. The service had access to the clinical notes of all patients, and they only issued electronic prescriptions. This meant that all healthcare professionals had access to any advice or prescribed medicines issued to patients.
- The service ensured that care was delivered in a coordinated way and took into account the needs of different patients, including those who may be vulnerable because of their circumstances.
- There were clear and effective arrangements for booking appointments, transfers to other services, and dispatching ambulances for people that required them.

### Helping patients to live healthier lives

Staff were consistent and proactive in empowering patients and supporting them to manage their own health and maximise their independence.

- The service identified patients who may be in need of extra support.
- Where appropriate, staff gave people advice so they could self-care. Systems were available to facilitate this.
- Risk factors, where identified, were highlighted to patients and their normal care providers so additional support could be given.
- Where patients needs could not be met by the service, staff redirected them to the appropriate service for their needs.

#### **Consent to care and treatment**

The service obtained consent to care and treatment in line with legislation and guidance.

- Clinicians understood the requirements of legislation and guidance when considering consent and decision making.
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## Are services effective?

- Clinicians supported patients to make decisions. Where appropriate, they assessed and recorded a patient's mental capacity to make a decision.
- The provider monitored the process for seeking consent appropriately.



## Are services caring?

### We rated the service as good for caring.

### Kindness, respect and compassion

Staff treated patients with kindness, respect and compassion.

- Staff understood patients' personal, cultural, social and religious needs. They displayed an understanding and non-judgmental attitude to all patients.
- The service gave patients timely support and information. Call handlers gave people who phoned into the service clear information. There were arrangements and systems in place to support staff to respond to people with specific health care needs such as end of life care and those who had mental health needs.

#### Involvement in decisions about care and treatment

Staff helped patients be involved in decisions about their care and were aware of the Accessible Information Standard (a requirement to make sure that patients and their carers can access and understand the information they are given):

- Interpretation services were available for patients who did not have English as a first language. Patients were told about multi-lingual staff who might be able to support them. The service did not allow family members to translate for patients.
- For patients with learning disabilities or complex social needs family, carers or social workers were appropriately involved.
- Staff communicated with people in a way that they could understand, for example, communication aids and easy read materials were available.
- Staff helped patients and their carers find further information and access community and advocacy services. They helped them ask questions about their care and treatment.

#### **Privacy and dignity**

The service respected and promoted patients' privacy and dignity.

- Call handlers obtained consent from patients for GPs to access their medical records. The GP also confirmed consent at the start of consultations.
- Staff respected confidentiality at all times.
- Staff understood the requirements of legislation and guidance when considering consent and decision making.
- Staff supported patients to make decisions. Where appropriate, they assessed and recorded a patient's mental capacity to make a decision.
- The service monitored the process for seeking consent appropriately.



## Are services responsive to people's needs?

### We rated the service as good for providing responsive services.

### Responding to and meeting people's needs

The provider organised and delivered services to meet patients' needs. It took account of patient needs and preferences.

- The provider understood the needs of its population and tailored services in response to those needs. For example, the service was previously run from three hubs throughout Oldham. They found the majority of patients preferred the town centre hub, with good transport connections, and the other two were under-utilised. They made the decision to run the service from the one hub making sure this met the needs of patients in Oldham.
- The service had a system in place that alerted staff to any specific safety or clinical needs of a person using the service as they had full access to all clinical records.
- The facilities and premises were appropriate for the services delivered.
- The service made reasonable adjustments when people found it hard to access the service.
- The service was responsive to the needs of people in vulnerable circumstances.

#### Timely access to the service

Patients were able to access care and treatment from the service within an appropriate timescale for their needs.

- The service was commissioned to provide a seven day access service for patients registered with an Oldham GP practice. Appointments were available between 6.30pm and 9pm Monday to Friday, 9am until 5pm on Saturdays and 9am until 4pm on Sundays. The appointments were for patients who could either not access an appointment at their normal GP practice, or they were not available for appointments during normal working hours. The provider explained that there was flexibility with appointment times. For example, during the winter months they could see older patients earlier, so they did not have to be out in the dark. Appointments were by telephone and in-person and patients telephoned to make their own appointments.
- The service was also commissioned to provide appointments for children under the age of 12 years between 9am and 5pm Monday to Friday. Patients were given the telephone number of the service if their own GP was unable to offer them an appointment on the day it was requested. Their own GP practice asked them triage questions prior to giving the telephone number to ensure IGP Care Limited could meet their needs. The service then also asked safety net questions and obtained relevant information about patients before an appointment was booked to ensure the appointment was suitable. These appointments were in-person.
- All appointments were made by telephone; the service had call handlers who took the necessary information and ensured patients had given consent for the service to access their medical records.
- Call handlers were trained to recognise when a patient had an urgent need. They were then directed to the most appropriate service.
- Patients received a text message to confirm their appointment time. They were able to cancel appointments via a link in the text message.
- The service had identified that having a withheld telephone number may have led patients to not answer pre-planned telephone consultations. They arranged for a dummy telephone number to be displayed and found the number of failed calls had dropped.
- The service carried out a call handling audit in April 2022. Calls were expected to be answered within 90 seconds. The audit found that the average wait time was 69 seconds.
- The service monitored the number of appointments offered against the number booked. In April 2022 3026 appointments were offered for the seven day access service (78 each weekday evening and 175 each Saturday and Sunday), with 3013 being taken. In February 2022, 1148 appointments were offered for the paediatric service, with 1144 being taken.



## Are services responsive to people's needs?

• The appointment system was easy to use.

### Listening and learning from concerns and complaints

The service took complaints and concerns seriously and responded to them appropriately to improve the quality of care.

- Information about how to make a complaint or raise concerns was available and it was easy to do. Staff treated patients who made complaints compassionately.
- The complaint policy and procedures were in line with recognised guidance. Three complaints had been received in the previous year. We reviewed these and found that they were satisfactorily handled in a timely way.
- The service learned lessons from individual concerns and complaints and also from analysis of trends. It acted as a result to improve the quality of care.



### Are services well-led?

### We rated the service as good for leadership.

### Leadership capacity and capability

Leaders had the capacity and skills to deliver high-quality, sustainable care.

- Leaders had the experience, capacity and skills to deliver the service strategy and address risks to it.
- They were knowledgeable about issues and priorities relating to the quality and future of services. They understood the challenges and were addressing them.
- Leaders at all levels were visible and approachable. They worked closely with staff and others to make sure they prioritised compassionate and inclusive leadership.
- Senior management was accessible throughout the operational period, with an effective on-call system that staff were able to use.
- The provider had effective processes to develop leadership capacity and skills, including planning for the future leadership of the service.

### Vision and strategy

The service had a clear vision and credible strategy to deliver high quality care and promote good outcomes for patients.

- There was a clear vision and set of values. The service had a realistic strategy and supporting business plans to achieve priorities.
- The service developed its vision, values and strategy jointly with patients, staff and external partners.
- Staff were aware of and understood the vision, values and strategy and their role in achieving them.
- The strategy was in line with health and social priorities across the region. The provider planned the service to meet the needs of the local population.

#### Culture

The service had a culture of high-quality sustainable care.

- The service focused on the needs of patients.
- Leaders and managers acted on behaviour and performance inconsistent with the vision and values.
- Openness, honesty and transparency were demonstrated when responding to incidents and complaints. The provider was aware of and had systems to ensure compliance with the requirements of the duty of candour.
- There were processes for providing all staff with the development they need. This included appraisal and career development conversations. All staff received regular annual appraisals. Staff were supported to meet the requirements of professional revalidation where necessary.
- There was a strong emphasis on the safety and well-being of all staff.
- The service actively promoted equality and diversity. It identified and addressed the causes of any workforce inequality. Staff had received equality and diversity training. Staff felt they were treated equally.
- There were positive relationships between staff and teams.

#### **Governance arrangements**

There were clear responsibilities, roles and systems of accountability to support good governance and management.



### Are services well-led?

- Structures, processes and systems to support good governance and management were clearly set out, understood and effective. The governance and management of partnerships, joint working arrangements and shared services promoted interactive and co-ordinated person-centred care.
- Staff were clear on their roles and accountabilities including in respect of safeguarding and infection prevention and control.
- Leaders had established proper policies, procedures and activities to ensure safety and assured themselves that they
  were operating as intended.

### Managing risks, issues and performance

There were clear and effective processes for managing risks, issues and performance.

- There was an effective process to identify, understand, monitor and address current and future risks including risks to patient safety.
- The provider had processes to manage current and future performance of the service. Performance of clinical staff could be demonstrated through audit of their consultations, prescribing and referral decisions. Leaders had oversight of MHRA alerts, incidents, and complaints. Leaders also had a good understanding of service performance against the national and local key performance indicators. Performance was regularly discussed at senior management level. Performance was shared with staff and the local CCG as part of contract monitoring arrangements.
- Clinical audit had a positive impact on quality of care and outcomes for patients. There was clear evidence of action to resolve concerns and improve quality.
- The providers had plans in place for major incidents.
- The provider implemented service developments and where efficiency changes were made this was with input from clinicians to understand their impact on the quality of care.

### **Appropriate and accurate information**

The service acted on appropriate and accurate information.

- Quality and operational information was used to ensure and improve performance. Performance information was combined with the views of patients.
- Quality and sustainability were discussed in relevant meetings where all staff had sufficient access to information.
- The service used performance information which was reported and monitored, and management and staff were held to account.
- The information used to monitor performance and the delivery of quality care was accurate and useful. There were plans to address any identified weaknesses.
- The service used information technology systems to monitor and improve the quality of care.
- The service submitted data or notifications to external organisations as required.
- There were robust arrangements in line with data security standards for the availability, integrity and confidentiality of patient identifiable data, records and data management systems.

### Engagement with patients, the public, staff and external partners

The service involved patients, the public, staff and external partners to support high-quality sustainable services.

- A full and diverse range of patients', staff and external partners' views and concerns were encouraged, heard and acted on to shape services and culture.
- The service was transparent, collaborative and open with stakeholders about performance.



### Are services well-led?

• We saw evidence that when changes to the service occurred, leaders met with staff to discuss these and the implications to the staffing team. Staff were asked for their views when services changed.

### **Continuous improvement and innovation**

There were systems and processes for learning, continuous improvement and innovation.

- There was a focus on continuous learning and improvement at all levels within the service.
- Staff knew about improvement methods and had the skills to use them.
- The service made use of internal and external reviews of incidents and complaints. Learning was shared and used to make improvements.
- Leaders and managers encouraged staff to take time out to review individual and team objectives, processes and performance.
- There was a strong culture of innovation evidenced by the number of pilot schemes the provider was involved in. There were systems to support improvement and innovation work.