

South West Care Homes Limited

Cambrian Lodge

Inspection report

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21 January 2022

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Cambrian Lodge is a residential care home for up to 28 older people. At the time of our inspection there were 21 people living in the home.

We found the following examples of good practice.

Relatives told us, "Absolutely no concerns about cleanliness and hygiene", "During the whole of the COVID period, and in relation to any infection control issues, Cambrian have always appeared to be reassuringly cautious in their management procedures", and "I always do an LFT before I visit and the home provides all necessary Personal Protective Equipment (PPE) to wear, the staff always are wearing masks and PPE when I visit".

Staff confirmed they had good supplies of PPE and had training in how to use it effectively. They told us they received good support from senior staff. Staff were supported financially to take time off work, if needed due to being required to isolate.

Staff followed guidance when welcoming visitors to the home. Visitors were expected to undertake a Lateral Flow Test (LFT) before entering the home. Temperatures were taken and PPE was available. There was signage on display explaining the procedures to follow.

Staff were part of a programme of regular testing in order to protect people living in the home. Staff and everyone in the home had received the Covid vaccination. The registered manager reported they had been fortunate in not being adversely affected by workforce pressures during the pandemic. There had sufficient staff to meet people's needs.

The registered manager was aware of the correct procedures to follow when people were admitted to the home. This reflected government guidance in place at the time of the inspection.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Cambrian Lodge

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 21 January 2022 and was announced. We gave the service 24 hours notice of the inspection.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- The provider was facilitating visits for people living in the home in accordance with the current guidance.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.