

Ryde House Homes Ltd

Newton Lodge

Inspection report

Appley Rise
Ryde
Isle Of Wight
PO33 1LF

Tel: 01983611324
Website: www.rydehouse.com

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07 February 2022

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Ratings

| | |
|---------------------------------|-------------------------|
| Overall rating for this service | Inspected but not rated |
|---------------------------------|-------------------------|

| | |
|----------------------|-------------------------|
| Is the service safe? | Inspected but not rated |
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Summary of findings

Overall summary

Newton Lodge is a 'care home'. People in care homes receive accommodation and nursing or personal care as single package under one contractual agreement. Newton Lodge can accommodate up to 14 people in one adapted building and predominantly supports people with a learning or physical disability.

We found the following examples of good practice.

There was a robust procedure in place to welcome visitors to the home. This included information about the requirements needed to be able to safely enter in line with government guidance. There was personal protective equipment [PPE] and hand sanitisers available at the entrance. Visitors were asked to show they had completed a COVID -19 lateral flow test, complete a health questionnaire and have their temperatures taken. Visitors including health care professionals were asked to show their vaccination status.

Newton Lodge had a garden room which was available for people to spend time with their family and friends. However, visitors were able to visit within the home as well, if they chose to.

People were supported to understand the risks from COVID-19 to ensure they were able to comply with measures to minimise the risk of infection to themselves and others, where possible. This included regular testing, the use of personal protective equipment and vaccination.

The manager told us that they had good links with their local GP practice and local community learning disability team, to ensure people were supported throughout the pandemic.

The provider had supported people to have a variety of meaningful activities during a recent period of time when they needed to isolate in their rooms. This included buying them magazines, jigsaw puzzles and additional activities.

There was an up to date infection prevention and control (IPC) policy. Staff were regularly updated with any changes to government guidance and procedures to follow, so they could keep themselves, people and visitors safe.

Staff completed IPC training and were observed to be wearing the correct PPE and following best practice. Regular cleaning schedules and audits were monitored and demonstrated they were effective.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Newton Lodge

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 7 February 2022 and was announced. We gave the service 2 days' notice of the inspection.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- People were supported to see their family and friends. The provider had safe processes in place to ensure visits for people living in the home were in accordance with the current government guidance. The service had a purpose-built heated visiting room in the garden, which was available for people to use if they wished to. However, visitors could also visit within the service if they and their relative wanted to.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.