

Cornbrook Medical Practice

Quality Report

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This report describes our judgement of the quality of care at this service. It is based on a combination of what we found when we inspected, information from our ongoing monitoring of data about services and information given to us from the provider, patients, the public and other organisations.

Ratings

Overall rating for this service	Good	
Are services safe?	Good	
Are services effective?	Good	
Are services caring?	Good	
Are services responsive to people's needs?	Good	
Are services well-led?	Good	

Summary of findings

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Overall summary

Letter from the Chief Inspector of General Practice

We carried out an announced comprehensive inspection on 28 July 2016. Overall the practice is rated as good.

Our key findings across all the areas we inspected were as follows:

- There was an open and transparent approach to safety and an effective system in place for reporting and recording significant events.
- Risks to patients were generally assessed and well managed.
- Staff assessed patients' needs and delivered care in line with current evidence based guidance. Staff had the skills, knowledge and experience to deliver effective care and treatment.
- Patients said they were treated with compassion, dignity and respect and they were involved in their care and decisions about their treatment.
- Information about services and how to complain was available and easy to understand.

- The practice had good facilities and was well equipped to treat patients and meet their needs.
- There was a clear leadership structure and staff felt supported by management. The practice proactively sought feedback from staff and patients, which it acted on.
- There were areas of outstanding practice observed at the practice:
- The practice sent a Christmas card with information for older people on how to stay well and how to access services over the seasonal period.
- The practice produced and distributed a student health survival guide and student mental health guide.
- There was a "one stop shop" to reduce the number of times patients had to attend for review.

There were areas of practice where the provider should make improvements:

- Ensure the recruitment of all staff, including locum staff, includes all the necessary pre-employment checks and records are kept of these.

Summary of findings

Professor Steve Field (CBE FRCP FFPH FRCGP)

Chief Inspector of General Practice

Summary of findings

The five questions we ask and what we found

We always ask the following five questions of services.

Are services safe?

The practice is rated as good for providing effective services.

- Staff assessed needs and delivered care in line with current evidence based guidance.
- Clinical audits demonstrated quality improvement.
- Staff had the skills, knowledge and experience to deliver effective care and treatment.
- Staff worked with multidisciplinary teams to understand and meet the range and complexity of patients' needs.

Good



Are services effective?

The practice is rated as good for providing effective services.

- Staff assessed needs and delivered care in line with current evidence based guidance.
- Clinical audits demonstrated quality improvement.
- Staff had the skills, knowledge and experience to deliver effective care and treatment.
- Staff worked with multidisciplinary teams to understand and meet the range and complexity of patients' needs.

Good



Are services caring?

The practice is rated as good for providing caring services.

- Patients said they were treated with compassion, dignity and respect and they were involved in decisions about their care and treatment.
- Information for patients about the services available was easy to understand and accessible.
- We saw staff treated patients with kindness and respect, and maintained patient and information confidentiality.
- Results from the national GP patient survey showed patients felt they were treated with compassion, dignity and respect. The practice was performing better than local and national averages for its satisfaction scores in areas such as:
 - 91% said the GP was good at listening to them compared to the Clinical Commissioning Group (CCG) and national averages of 89%.
 - 87% said the GP gave them enough time (CCG average 85%, national average 87%).
 - 96% said they had confidence and trust in the last GP they saw (CCG average 95%, national average 95%).

Good



Summary of findings

- 88% said the last GP they spoke to was good at treating them with care and concern (CCG average 83%, national average 85%).
- 92% said the last nurse they spoke to was good at treating them with care and concern (CCG average 88%, national average 91%).
- 95% said they found the receptionists at the practice helpful (CCG average 86%, national average 87%).
- 92% said the last GP they saw was good at explaining tests and treatments compared to the CCG average of 85% and national average of 86%.
- 83% said the last GP they saw was good at involving them in decisions about their care (CCG average 80%, national average 82%).
- 85% said the last nurse they saw was good at involving them in decisions about their care (CCG average 83%, national average 85%).

Are services responsive to people's needs?

The practice is rated as good for providing responsive services.

- Practice staff reviewed the needs of its local population and engaged with the NHS England Area Team and Clinical Commissioning Group to secure improvements to services where these were identified.
- The practice had good facilities and was well equipped to treat patients and meet their needs.
- Information about how to complain was available and easy to understand and evidence showed the practice responded quickly to issues raised. Learning from complaints was shared with staff and other stakeholders.

Good



Are services well-led?

The practice is rated as good for being well-led.

- The practice had a clear vision and strategy to deliver high quality care and promote good outcomes for patients. Staff were clear about the vision and their responsibilities in relation to this.
- There was a clear leadership structure and staff felt supported by management. The practice had a number of policies and procedures to govern activity and held regular governance meetings.
- There was an overarching governance framework which supported the delivery of the strategy and good quality care.

Good



Summary of findings

- The provider was aware of and complied with the requirements of the Duty of Candour.
- The partners encouraged a culture of openness and honesty. The practice had systems in place for knowing about notifiable safety incidents and ensured this information was shared with staff to ensure appropriate action was taken.
- The practice proactively sought feedback from staff and patients, which it acted on.

Summary of findings

The six population groups and what we found

We always inspect the quality of care for these six population groups.

Older people

The practice is rated as good for the care of older people.

- The practice offered proactive, personalised care to meet the needs of the older people in its population.
- The practice was responsive to the needs of older people, and offered home visits and urgent appointments for those with enhanced needs.
- All elderly patients had been informed of their named GP.
- The practice offered same day appointments as well as telephone and face to face consultations.
- All staff in the practice had received training in dementia with patient and carer experience.
- The practice sent a Christmas card with information for older people on how to stay well and how to access services over the seasonal period.

Good



People with long term conditions

The practice is rated as good for the care of people with long-term conditions.

- Nursing staff had lead roles in chronic disease management and patients at risk of hospital admission were identified as a priority.
- Performance for all five of the diabetes related indicators was above the national average.
- 96% of patients with diabetes had received an influenza immunisation compared to the national average of 94%.
- A record of foot examination was present for 91% of patients compared to the national average of 88%.
- Patients with diabetes in whom the last blood pressure reading (measured in the preceding 12 months) was 140/80 mmHg or less was 79% compared to the national average of 78%.
- Patients with diabetes whose last measured total cholesterol (measured within the preceding 12 months) was 5 mmol/l or less was 83% compared to the national average of 81%.
- The percentage of patients with diabetes, on the register, in whom the last IFCC HbA1c was 64 mmol/mol or less in the preceding 12 months was 85% compared to the national average of 78%.
- Longer appointments and home visits were available when needed.

Good



Summary of findings

- All these patients had a named GP and a structured annual review to check their health and medicines needs were being met. For those patients with the most complex needs, the named GP worked with relevant health and care professionals to deliver a multidisciplinary package of care.
- There was a “one stop shop” to reduce the number of times patients had to attend for review.
- The practice had a specialist interest in people with HIV as a long term condition and all the staff had received training in this area.

Families, children and young people

The practice is rated as good for the care of families, children and young people.

- There were systems in place to identify and follow up children living in disadvantaged circumstances and who were at risk, for example, children and young people who had a high number of A&E attendances.
- Patients told us that children and young people were treated in an age-appropriate way and were recognised as individuals, and we saw evidence to confirm this.
- The percentage of women aged 25-64 whose notes record that a cervical screening test had been performed in the preceding 5 years (01/04/2014 to 31/03/2015) was 70%, which was below the national average of 82%. The practice recognised this was low and produced a policy to offer telephone reminders for patients who did not attend for their cervical screening test. The nurses recently implemented a plan to promote cervical screening and to specifically target 25-30 year olds who were the lowest attenders.
- Childhood immunisation rates for the vaccinations given were comparable to Clinical Commissioning Group (CCG) and national averages. For example, childhood immunisation rates for the vaccinations given to under two year olds ranged from 75% to 95% and five year olds from 83% to 95%.
- Appointments were available outside of school hours and the premises were suitable for children and babies.
- We saw positive examples of joint working with midwives, health visitors and school nurses.
- There was a practice protocol for safeguarding young people including monthly checks of the notes of children on the child protection registers.
- There was a weekly baby clinic.

Good



Summary of findings

Working age people (including those recently retired and students)

The practice is rated as good for the care of working-age people (including those recently retired and students).

- The needs of the working age population, those recently retired and students had been identified and the practice had adjusted the services it offered to ensure these were accessible, flexible and offered continuity of care.
- The practice was proactive in offering online services as well as a full range of health promotion and screening that reflects the needs for this age group.
- Telephone appointments were available if patients wished to discuss test results and urgent concerns and for those who may have difficulty attending surgery due to work commitments.
- The practice produced and distributed a student health survival guide and student mental health guide.

Good



People whose circumstances may make them vulnerable

The practice is rated as good for the care of people whose circumstances may make them vulnerable.

- The practice held a register of patients living in vulnerable circumstances including homeless people, travellers and those with a learning disability.
- The practice offered longer appointments for patients with a learning disability.
- The practice regularly worked with multi-disciplinary teams in the case management of vulnerable people.
- The practice informed vulnerable patients about how to access various support groups and voluntary organisations.
- Staff knew how to recognise signs of abuse in vulnerable adults and children and had attended training in how to recognise domestic abuse.
- Staff were aware of their responsibilities regarding information sharing, documentation of safeguarding concerns and how to contact relevant agencies in normal working hours and out of hours.
- Patients were encouraged to participate in health promotion activities, such as breast screening, cytology, blood borne virus screening and vaccination against hepatitis.
- The practice conducted a homeless audit and developed a leaflet for homeless people to enable them to access care at GP

Good



Summary of findings

practices. Staff also took part in the “Big Sleep Out” in April 2016 and raised £1300 for Cornerstones (Cornerstones provide refugees and **homeless** people a safe place to sleep) and were a signatory to the Manchester Homeless Charter.

- The practice was a designated Food Bank Voucher distribution centre for people struggling to feed themselves.

People experiencing poor mental health (including people with dementia)

The practice is rated as good for the care of people experiencing poor mental health (including people with dementia).

- The practice regularly worked with multi-disciplinary teams in the case management of people experiencing poor mental health, including those with dementia.
- The practice carried out advanced care planning for patients with dementia.
- The practice had told patients experiencing poor mental health about how to access various support groups and voluntary organisations.
- The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses who had a comprehensive, agreed care plan documented in the record in the preceding 12 months was 87% compared to the national average of 88%.
- The percentage of patients diagnosed with dementia whose care had been reviewed face to face in the preceding 12 months was 100% compared to the national average of 84%.
- Staff had a good understanding of how to support patients with mental health needs and dementia.
- The practice had developed a student mental health leaflet, an eating disorder questionnaire was added to new patient checks and counselling was offered in house.

Good



Summary of findings

What people who use the service say

The national GP patient survey results published in July 2016 showed the practice was above the local and national averages in some areas (368 survey forms were distributed and 91 (25%) were returned).

- 84% found it easy to get through to this surgery by phone compared to a Clinical Commissioning Group (CCG) average of 74% and a national average of 73%.
- 84% were able to get an appointment to see or speak to someone the last time they tried (CCG average 80%, national average 85%).
- 86% described the overall experience of their GP surgery as fairly good or very good (CCG average 82%, national average 85%).
- 79% said they would definitely or probably recommend their GP surgery to someone who has just moved to the local area (CCG average 75%, national average 78%).

As part of our inspection we also asked for CQC comment cards to be completed by patients prior to our inspection. We received 22 comment cards of which 19 were positive about the standard of care received. Comments included praise for the understanding and the professionalism of the GPs and nursing staff as well as a helpful and good service from the receptionists and the practice manager. The negative comments were around patients having to wait for appointments.

We spoke with four patients during the inspection. All the patients said they were happy with the care they received and thought staff were approachable, committed and caring. The patients we spoke with had no issues around waiting times.

Areas for improvement

Action the service SHOULD take to improve

- Ensure the recruitment of all staff, including locum staff, includes all the necessary pre-employment checks and records are kept of these.

Outstanding practice

- The practice sent a Christmas card with information for older people on how to stay well and how to access services over the seasonal period.
- The practice produced and distributed a student health survival guide and student mental health guide.
- There was a “one stop shop” to reduce the number of times patients had to attend for review.

Cornbrook Medical Practice

Detailed findings

Our inspection team

Our inspection team was led by:

a CQC Lead Inspector and included a GP specialist adviser.

Background to Cornbrook Medical Practice

Cornbrook Medical Practice was formed in April 2011 by the merger of two smaller practices in the Hulme area of Manchester. The main site is based at City Road whilst the second location is based at Booth Street. It is part of the NHS Central Manchester Clinical Commissioning Group (CCG) and provides services to approximately 11,000 patients under a General Medical Services contract, with NHS England.

Hulme is a deprived, inner city ward in Manchester which is undergoing significant regeneration. There is a diverse patient population with students and residents reflecting many years of immigration including Irish, Afro-Caribbean, Somalian, Eastern European, Afghan and Iraqi patients.

Information published by Public Health England rates the level of deprivation within the practice population group as level two on a scale of one to 10. Level one represents the highest levels of deprivation and level 10 the lowest. Male and female life expectancy in the practice geographical area is 74 years for males and 80 years for females, both of which are below the England average of 79 years and 83 years respectively. The numbers of patients in the different age groups on the GP practice register were generally similar to the average GP practices in England with the exception of having a greater number of patients aged between 20 to 34.

The practice has a similar percentage (51%) of its population with a long-standing health condition when compared to the England average (54%). The practice has a higher percentage (73%) of its population with a working status of being in paid work or in full-time education than the England average (62%). The practice has a higher percentage (9%) of its population with an unemployed status than the England average of (5%).

Services are provided from a purpose built building with disabled access and a private car park. The practice has a number of consulting and treatment rooms used by the GPs and nursing staff as well as visiting professionals such as health visitors.

The service is led by five GP partners (two male and three female) who are supported by a team of nurses, a practice / business manager as well as an administration team including reception team leaders and a number of reception/administrative staff who also cover other duties such as drafting prescriptions.

The City Road practice is open from 8:30am to 6pm Mondays, Tuesdays, Fridays, from 8.00am to 6.00pm on Thursdays and from 8.30am to 1pm on Wednesdays. The practice is also a part of a federation of GP practices who provide extended hours cover for a number of practices in the area between 6pm and 8pm, Monday to Friday, as well as on Saturday and Sunday mornings. Patients are able to attend appointments at a small number of local health centres as part of this arrangement. Out of hours cover is provided by the NHS 111 service and Go to Doc.

Why we carried out this inspection

We inspected this service as part of our comprehensive inspection programme.

Detailed findings

We carried out a comprehensive inspection of this service under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. The inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008, to look at the overall quality of the service, and to provide a rating for the service under the Care Act 2014.

How we carried out this inspection

Before visiting, we reviewed a range of information we hold about the practice and asked other organisations to share what they knew. We carried out an announced visit on 28 July 2016.

During our visit we:

- Spoke with a range of staff including the GPs, a practice nurse, the practice / business manager as well as staff from the administration team including the reception team leaders.
- Observed how staff interacted with patients and spoke with patients, carers and family members
- Reviewed an anonymised sample of the personal care or treatment records of patients.

- Reviewed comment cards where patients and members of the public shared their views and experiences of the service.

To get to the heart of patients' experiences of care and treatment, we always ask the following five questions:

- Is it safe?
- Is it effective?
- Is it caring?
- Is it responsive to people's needs?
- Is it well-led?

We also looked at how well services were provided for specific groups of people and what good care looked like for them. The population groups are:

- Older people
- People with long-term conditions
- Families, children and young people
- Working age people (including those recently retired and students)
- People whose circumstances may make them vulnerable
- People experiencing poor mental health (including people with dementia)

Please note that when referring to information throughout this report, for example any reference to the Quality and Outcomes Framework data, this relates to the most recent information available to the CQC at that time.

Are services safe?

Our findings

Safe track record and learning

There was an effective system in place for reporting and recording significant events.

- Staff told us they would inform the practice manager of any incidents and there was a recording form available on the practice's computer system.
- There were seven significant events recorded between June 2015 and February 2016. The practice had carried out a thorough analysis of the significant events including a yearly review.

We reviewed safety records, incident reports national patient safety alerts and minutes of meetings where these were discussed. Lessons were shared to make sure action was taken to improve safety in the practice. For example, in February 2016, there was an event where a clinic letter was scanned on to the wrong patient's notes and subsequently seen by another patient. The error was spotted and a staff meeting was held to discuss the seriousness of possible consequences of a breach of confidentiality. To reduce the risk of reoccurrence the practice put a system in place to ensure that records were checked and only scanned individually.

When there were unintended or unexpected safety incidents, patients received reasonable support, truthful information, a verbal and written apology and were told about any actions to improve processes to prevent the same thing happening again.

Overview of safety systems and processes

The practice had defined and embedded systems, processes and practices in place to keep patients safe and safeguarded from abuse.

- Arrangements were in place to safeguard children and vulnerable adults from abuse that reflected relevant legislation and local requirements and policies were accessible to all staff. The policies clearly outlined who to contact for further guidance if staff had concerns about a patient's welfare. There was a lead GP lead for safeguarding adults and children. Staff demonstrated they understood their responsibilities and all had received training relevant to their role. Clinical staff were all trained to child protection or child Safeguarding level 3.

- The practice maintained appropriate standards of cleanliness and hygiene. We observed the premises to be clean and tidy. A practice nurse was the infection control clinical lead. There was an infection control protocol in place and annual infection control audits were undertaken.
- The arrangements for managing medicines, including emergency drugs and vaccinations, in the practice kept patients safe (including obtaining, prescribing, recording, handling, storing and security). The practice carried out regular medicines audits, with the support of the local Clinical Commissioning Group (CCG) pharmacy teams, to ensure prescribing was in line with best practice guidelines for safe prescribing. Patient Group Directions had been adopted by the practice to allow nurses to administer medicines in line with legislation.
- Prescription pads and prescription paper were securely stored and there were systems in place to monitor their use.
- Processes were in place to check medicines were within their expiry date and suitable for use. All the medicines we checked in the practice were within their expiry dates. Expired and unwanted medicines were disposed of in line with waste regulations.
- A notice in the waiting room and in the treatment rooms advised patients that chaperones were available if required. Staff who carried out chaperone duties had received an appropriate Disclosure and Barring Service check (DBS check). (DBS checks identify whether a person has a criminal record or is on an official list of people barred from working in roles where they may have contact with children or adults who may be vulnerable).
- The practice had a recruitment policy that detailed the process to follow that included the appropriate checks to conduct during the recruitment process. We reviewed six personnel files and two locum GP files. We found that appropriate recruitment checks had been undertaken prior to employment for permanent staff. For example, evidence was available for proof of identification, references, qualifications and registration checks with the appropriate professional body were available. We noted that two staff who had been employed at the practice for over 10 years did not have identification and references in their files. The practice manager told us there was a low turnover of staff and the policy had now been updated to ensure appropriate check were done before staff commenced employment.

Are services safe?

- The practice utilised locum GPs who covered any leave. We looked at two locum GP files and saw there was evidence of liability insurance and checks with the General Medical Council (GMC) (Doctors must be registered with a license to practice with the General Medical Council (GMC) to practice medicine in the UK). However, there were no checks conducted to ensure the qualifications were appropriate or if the training was current and up to date. We noted the DBS checks for the locum GPs had been conducted at their previous work places and were not current.

Monitoring risks to patients

There was an up to date fire risk assessment with yearly fire drills. All electrical equipment was checked to ensure the equipment was safe to use and clinical equipment was checked to ensure it was working properly. The practice had an assessment in place for legionella (legionella is a term for a particular bacterium which can contaminate water systems in buildings). Systems were in place to ensure the Control of Substances Hazardous to Health (**COSHH**) regulations were being adhered to.

Arrangements were in place for planning and monitoring the number of staff and mix of staff needed to meet patients' needs. There was a rota system in place for all the different staffing groups to ensure that enough staff were on duty. There was a four week wait for an appointment

with the nursing team. The nursing staff told us the population was increasing and they worked together to ensure they could work affectively but felt additional nursing hours would benefit the team.

Arrangements to deal with emergencies and major incidents

The practice had adequate arrangements in place to respond to emergencies and major incidents.

- There was an instant messaging system on the computers in all the consultation and treatment rooms as well as alarm buttons which alerted staff to any emergency.
- All staff received annual basic life support training and there were emergency medicines available in the treatment rooms.
- The practice had a defibrillator and an oxygen cylinder with adult and children's masks. A first aid kit and accident book was also available.
- Emergency medicines were easily accessible to staff in a secure area of the practice and all staff knew of their location. All the medicines we checked were in date and fit for use.
- The practice had a business continuity plan in place for major incidents such as power failure or building damage. The plan included emergency contact numbers for staff.

Are services effective?

(for example, treatment is effective)

Our findings

Effective needs assessment

The practice assessed needs and delivered care in line with relevant and current evidence based guidance and standards, including National Institute for Health and Care Excellence (NICE) best practice guidelines.

- The practice had systems in place to keep all clinical staff up to date. Staff had access to guidelines from NICE and used this information to deliver care and treatment that met peoples' needs.
- The practice monitored that these guidelines were followed through risk assessments, audits and random sample checks of patient records.

Management, monitoring and improving outcomes for people

The practice used the information collected for the Quality and Outcomes Framework (QOF) and performance against national screening programmes to monitor outcomes for patients. (QOF is a system intended to improve the quality of general practice and reward good practice). The most recent published results (2014-2015) were 99.1% of the total number of points available, with 13.5% clinical exception reporting. (Exception reporting is the removal of patients from QOF calculations where, for example, the patients were unable to attend a review meeting or certain medicines cannot be prescribed because of side effects). Data from 2014-2015 showed;

- Performance for all five of the diabetes related indicators was above the national average.
- 96% of patients with diabetes had received an influenza immunisation compared to the national average of 94%.
- A record of foot examination was present for 91% of patients compared to the national average of 88%.
- Patients with diabetes in whom the last blood pressure reading (measured in the preceding 12 months) was 140/80 mmHg or less was 79% compared to the national average of 78%.
- Patients with diabetes whose last measured total cholesterol (measured within the preceding 12 months) was 5 mmol/l or less was 83% compared to the national average of 81%.

- The percentage of patients with diabetes, on the register, in whom the last IFCCHbA1c was 64 mmol/mol or less in the preceding 12 months was 85% compared to the national average of 78%.
- The percentage of patients with hypertension in whom the last blood pressure reading measured in the preceding 12 months was 150/90mmHg or less was 86%, compared to the national average of 84%.
- The percentage of patients with schizophrenia, bipolar affective disorder and other psychoses who had a comprehensive, agreed care plan documented in the record in the preceding 12 months was 87% compared to the national average of 88%.
- The percentage of patients diagnosed with dementia whose care had been reviewed face to face in the preceding 12 months was 100% compared to the national average of 84%.

Clinical audits

- There had been a number of clinical audits completed in the last two years including three full cycle audits. We reviewed three audits and saw evidence of improvements being implemented and monitored.
- The practice participated in local audits, national benchmarking, accreditation, peer review and research.
- Findings were used by the practice to improve services. For example, an audit into prescribing of medications with increased risk of dementia was conducted in August 2015 and the findings were analysed. The results showed most of the patients did not have their ongoing use reviewed. There was no record of a discussion having taken place about the increased risk of dementia. A system was implemented as a result whereby an alert was added to the electronic notes so patients could be checked regularly.

Effective staffing

Staff had the skills, knowledge and experience to deliver effective care and treatment.

- The practice had an induction programme for all newly appointed staff. It covered such topics as safeguarding, infection prevention and control, fire safety and confidentiality.
- The practice could demonstrate how they ensured role-specific training and updating for relevant staff for example, for those reviewing patients with long-term conditions. Staff administering vaccinations and taking

Are services effective?

(for example, treatment is effective)

samples for the cervical screening programme had received specific training which had included an assessment of competence. Staff who administered vaccinations could demonstrate how they stayed up to date with changes to the immunisation programmes, for example by access to on line resources and discussion at practice meetings.

- Staff received on-going training that included: safeguarding, fire procedures and basic life support.
- Staff told us their learning needs were identified through a system of appraisals, meetings and reviews of practice development needs.

Coordinating patient care and information sharing

The information needed to plan and deliver care and treatment was available to relevant staff in a timely and accessible way through the practice's patient record system and their intranet system.

- This included care and risk assessments, care plans, medical records and investigation and test results.
- Information such as NHS patient information leaflets were also available.
- The practice shared relevant information with other services in a timely way, for example when referring patients to other services.

Staff worked together and with other health and social care services to understand and meet the range and complexity of patients' needs and to assess and plan ongoing care and treatment. This included when patients moved between services, including when they were referred, or after they were discharged from hospital. We saw evidence that multi-disciplinary team meetings took place on a monthly basis and that care plans were routinely reviewed and updated.

Consent to care and treatment

Staff sought patients' consent to care and treatment in line with legislation and guidance.

- Staff understood the relevant consent and decision-making requirements of legislation and guidance, including the Mental Capacity Act 2005.

- When providing care and treatment for children and young people, staff carried out assessments of capacity to consent in line with relevant guidance.
- Where a patient's mental capacity to consent to care or treatment was unclear the GP or practice nurse assessed the patient's capacity and recorded the outcome of the assessment.
- The process for seeking consent was monitored through records audits.

Supporting patients to live healthier lives

The practice identified patients who may be in need of extra support.

- These included patients in the last 12 months of their lives, carers, those at risk of developing a long-term condition and those requiring advice on their diet, smoking and alcohol cessation.
- Patients were then signposted to the relevant service.

The percentage of women aged 25-64 whose notes record that a cervical screening test had been performed in the preceding 5 years (01/04/2014 to 31/03/2015) was 70%, which was below the national average of 82%. The practice recognised this was low and produced a policy to offer telephone reminders for patients who did not attend for their cervical screening test. The nurses implemented a plan to promote cervical screening in August 2016 and to specifically target 25-30 year olds who were the lowest attenders.

Childhood immunisation rates for the vaccinations given were comparable to Clinical Commissioning Group (CCG) and national averages. For example, childhood immunisation rates for the vaccinations given to under two year olds ranged from 75% to 95% and five year olds from 83% to 95%.

Patients had access to appropriate health assessments and checks. These included health checks for new patients and NHS health checks for people aged 40-74. Appropriate follow-ups for the outcomes of health assessments and checks were made, where abnormalities or risk factors were identified.

Are services caring?

Our findings

Kindness, dignity, respect and compassion

We observed members of staff were courteous and very helpful to patients and treated them with dignity and respect.

- Curtains were provided in consulting rooms to maintain patients' privacy and dignity during examinations, investigations and treatments.
- We noted that consultation and treatment room doors were closed during consultations; conversations taking place in these rooms could not be overheard.
- Reception staff knew when patients wanted to discuss sensitive issues or appeared distressed they could offer them a private room to discuss their needs.

As part of our inspection we also asked for CQC comment cards to be completed by patients prior to our inspection. We received 22 comment cards of which 19 were positive about the standard of care received. Comments included praise for the understanding and the professionalism of the GPs and nursing staff as well as a helpful and good service from the receptionists and the practice manager. The negative comments were around patients having to wait for appointments.

We spoke with four patients during the inspection. All the patients said they were happy with the care they received and thought staff were approachable, committed and caring.

Results from the national GP patient survey (July 2016) showed patients felt they were treated with compassion, dignity and respect. The practice performance was in line with the local and national averages for its satisfaction scores on consultations with GPs and nurses. For example:

- 91% said the GP was good at listening to them compared to the Clinical Commissioning Group (CCG) average of 89% and national average of 89%.
- 87% said the GP gave them enough time (CCG average 85%, national average 87%).
- 96% said they had confidence and trust in the last GP they saw (CCG average 95%, national average 95%).
- 88% said the last GP they spoke to was good at treating them with care and concern (CCG average 83%, national average 85%).

- 92% said the last nurse they spoke to was good at treating them with care and concern (CCG average 88%, national average 91%).
- 95% said they found the receptionists at the practice helpful (CCG average 86%, national average 87%).

The CQC comment cards had positive comments in relation to how the patients were treated. All the patients we spoke with felt the doctors listened to them and empowered them to make positive decisions about their healthcare. Patients on the day confirmed they were satisfied with the service.

Care planning and involvement in decisions about care and treatment

Patients told us they felt involved in decision making about the care and treatment they received. They also told us they felt listened to and supported by staff and had sufficient time during consultations to make an informed decision about the choice of treatment available to them. Patient feedback on the comment cards we received was also positive and aligned with these views.

Results from the national GP patient survey showed patients responded positively to questions about their involvement in planning and making decisions about their care and treatment. Results were in line with the local and national averages. For example:

- 92% said the last GP they saw was good at explaining tests and treatments compared to the CCG average of 85% and national average of 86%.
- 83% said the last GP they saw was good at involving them in decisions about their care (CCG average 80%, national average 82%).
- 85% said the last nurse they saw was good at involving them in decisions about their care (CCG average 83%, national average 85%).

Staff told us that translation services were available for patients who did not have English as a first language. We saw notices in the reception areas informing patients this service was available.

Patient and carer support to cope emotionally with care and treatment

Notices in the patient waiting room told patients how to access a number of support groups and organisations.

Are services caring?

The practice's computer system alerted GPs if a patient was also a carer so they could direct them towards the various avenues of support available to them.

The practice sent a Christmas card with information for older people on how to stay well and how to access services over the seasonal period.

Staff told us that if families had suffered bereavement, their usual GP contacted them and sent a card if it was deemed appropriate. This was either followed by a patient consultation at a flexible time and location to meet the family's needs and/or by giving them advice on how to find a support service.

Are services responsive to people's needs?

(for example, to feedback?)

Our findings

Responding to and meeting people's needs

The practice reviewed the needs of their local population and engaged with the NHS England Area Team and Clinical Commissioning Group (CCG) to secure improvements to services where these were identified. For example, the practice worked with the other practices in the area to provide urgent appointments via the federation. The use of a common clinical system ensured all GPs had access to the medical records.

- There were longer appointments available for patients with a learning disability.
- Home visits were available for older patients and patients who would benefit from these.
- Same day appointments were available for children and those with serious medical conditions.
- The practice had access to interpreters and telephone translation services were available.
- Access for disabled persons was provided by a ramp at the front entrance.
- When a patient had more than one health condition that required regular reviews, they were able to have all the healthcare checks they needed completed at one appointment if they wanted to.
- The practice was part of a local practice scheme which provided same day appointments at other nearby practices as part of a federation.
- Patients were able to receive travel vaccinations that were available on the NHS.
- Patients could order repeat prescriptions and book appointments on-line. A leaflet explaining the online service the practice provided was available in the waiting area.
- All staff in the practice had received training in dementia with patient and carer experience.
- The practice produced and distributed a student health survival guide and student mental health guide.

Access to the service

The City Road practice is open from 8:30am to 6pm Mondays, Tuesdays, Fridays, from 8.00am to 6.00pm on Thursdays and from 8.30am to 1pm on Wednesdays. The practice offered appointments at Booth Street on

Wednesdays between 1pm and 6pm. The practice was also a part of a federation of GP practices who provided extended hours cover for a number of practices in the area between 6pm and 8pm, Monday to Friday, as well as on Saturday and Sunday mornings. Patients were able to attend appointments at a small number of local health centres as part of this arrangement. Out of hours cover was provided by the NHS 111 service and Go to Doc.

Results from the national GP patient survey (July 2016) showed that patient's satisfaction with how they could access care and treatment was above the local and national averages for two areas:

- 84% patients said they could get through easily to the surgery by phone (CCG average 74%, national average 73%).
- 72% patients said they always or almost always see or speak to the GP they prefer (CCG average 59%, national average 59%).

But below the local and national averages for one area:

- 71% of patients were satisfied with the practice's opening hours compared to the CCG average of 75% and national average of 76%.

Patients told us on the day of the inspection they were able to get appointments when they needed them.

Listening and learning from concerns and complaints

The practice had an effective system in place for handling complaints and concerns. Its complaints policy and procedures were in line with recognised guidance and contractual obligations for GPs in England. There was a designated responsible person who handled all complaints in the practice. There was a lead GP to handle any clinical complaints.

We saw that information was available to help patients understand the complaints system such as posters and leaflets in the reception area.

The practice had received 22 complaints between January 2015 and December 2015. We looked at three of these and found they had been dealt with in a timely and open manner. The practice had undertaken a comprehensive analysis of the complaints where lessons were learnt and action was taken as a result to improve the quality of care.

Are services well-led?

Good 

(for example, are they well-managed and do senior leaders listen, learn and take appropriate action)

Our findings

Vision and strategy

The practice mission statement was “Working together to provide warm, personalised care”. They intended to meet this statement by underpinning it with a staff charter and a practice charter for patients which included:

- “We will be friendly and welcoming to all, provide easy access and a welcoming environment, always listen to you and your concerns, offer you high standards of care regardless of age, race, gender, religion and sexual orientation, work with you as a patient to plan your care. Your consultations are always confidential, we will treat you with dignity and respect and aim to see you at the appointment time you are given but we are aware that some patients may take longer”.

The staff charter included:

- We recognise the important contribution of all our staff.
- Our management structure will shape the culture of the practice and lead positively, providing guidance and support for the whole team.
- We will concentrate on system management and have clear protocols and ownership of tasks.

Governance arrangements

The practice had an overarching governance framework which supported the delivery of the strategy and good quality care. This outlined the structures and procedures in place and ensured that:

- There was a clear staffing structure and that staff were aware of their own roles and responsibilities.
- Practice specific policies were implemented and were available to all staff.
- A comprehensive understanding of the performance of the practice was maintained.
- A programme of continuous clinical and internal audit which was used to monitor quality and to make improvements.
- There were arrangements for identifying, recording and managing risks, issues and implementing mitigating actions.

Leadership and culture

The staff told us they had a strong sense of belonging. The GPs and the practice manager had the experience, capacity

and capability to run the practice and ensure high quality care. They prioritised safe, high quality and compassionate care. Staff told us the GPs were visible in the practice and the management team were approachable and always took the time to listen.

The provider was aware of and complied with the requirements of the Duty of Candour. The GPs encouraged a culture of openness and honesty. The practice had systems in place for knowing about notifiable safety incidents.

There was a clear leadership structure in place and staff at all levels felt supported by management.

- Staff told us the practice held regular team meetings.
- Staff told us there was an open culture within the practice and they had the opportunity to raise any issues at team meetings and felt confident in doing so and felt supported if they did.
- Staff said they felt respected, valued and supported, particularly by the partners in the practice. All staff were involved in discussions about how to run and develop the practice and the partners encouraged all members of staff to identify opportunities to improve the service delivered by the practice.

Seeking and acting on feedback from patients, the public and staff

The practice encouraged and valued feedback from patients, the public and staff. It proactively sought patients' feedback and engaged patients in the delivery of the service.

- The practice had gathered feedback from patients through surveys and complaints received and submitted proposals for improvements to the practice management team.
- There was a virtual patient participation group (300 members) who were involved with the annual complaints review meeting, premises decisions and in the new GP recruitment process.
- The practice had gathered feedback from staff through staff meetings and clinical sessions. Staff told us they would not hesitate to give feedback and discuss any concerns or issues with colleagues and management. Staff told us they felt involved and engaged to improve how the practice was run.

Continuous improvement

Are services well-led?

Good 

(for example, are they well-managed and do senior leaders listen, learn and take appropriate action)

- A considerable amount of development was being undertaken in the local area. The practice had a comprehensive plan in place to extend the City Road site to include additional treatment rooms and administration offices.
- The practice was exploring new ways of engaging with the patients as the patient demographic was changing due to the regeneration of the local area.
- The practice was planning to increase doctor, nurse and health care assistant sessions to offer more appointments and to open from 8am to 6:30pm Monday to Friday.