

Valorum Care Limited

# Westmead Care Home Physical Disabilities

## Inspection report

Westmead Close  
Staunton Road  
Braunton  
EX33 1HD

Tel: 01271815195

Date of inspection visit:  
11 February 2021

Date of publication:  
26 February 2021

## Ratings

|                                 |                         |
|---------------------------------|-------------------------|
| Overall rating for this service | Inspected but not rated |
|---------------------------------|-------------------------|

|                      |                                |
|----------------------|--------------------------------|
| Is the service safe? | <b>Inspected but not rated</b> |
|----------------------|--------------------------------|

# Summary of findings

## Overall summary

Westmead is a care home for up to 19 younger adults with physical disabilities and some having learning disabilities. The service is an adapted building with all bedrooms on the ground floor and some communal spaces on ground and first floor. At the time of the inspection there were 17 people living at Westmead.

We found the following examples of good practice.

The provider had adapted one spare bedroom as a visiting pod to enable people to still have visits with their family in a safe and protected way. The room was accessed via an external door which meant visiting friends and family did not enter into the main building of the home. There was also a full length screen. There was a full cleaning process between visits.

All visits were only via prior arrangement. There was clear signage at the entrance with a supply of personal protective equipment for visitors to use. Visitors were asked to ensure they were well and had their temperature checked before entering the home.

Safe procedures have been followed by staff to minimise the risk of transmitting Covid-19. They had good stocks of all personal protective equipment (PPE). There were supplies of PPE available around the home. Staff were seen using appropriate PPE. Staff have received training on donning and doffing and on the coronavirus pandemic from various sources including local health and social care professionals, e-learning, and from in-house training sessions. People confirmed staff were diligent in using the correct PPE at all times.

Measures were in place to ensure staff and people living at the service had regular testing. Where a person tested positive for Covid 19, they immediately isolated for the required number of days as set by government guidance. There had been no new admissions since the latest lockdown, but guidance was in place to ensure if new people were being considered, they would be tested prior to being admitted and also have a period of self isolation in their room. Most people and staff had received the coronavirus vaccination.

The home was clean and hygienic. Detailed cleaning schedules were in place for all areas of the home. All touch points were cleaned frequently including high touch points. Deep cleaning of all areas was carried out at least monthly.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Westmead Care Home Physical Disabilities

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 11 February 2021 and was announced.

## Is the service safe?

### Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.