

Care UK Community Partnerships Ltd

Highbury New Park

Inspection report

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Ratings

Overall rating for this service	Good ●
Is the service safe?	Good ●

Summary of findings

Overall summary

Highbury New Park is a care home owned by Care UK Community Partnerships Limited providing residential and nursing care service to 53 men and women from the local community. The majority of people using the service suffer with dementia.

This focused inspection took place on 2 February 2016 and was unannounced. At our last inspection on 3 February 2015 the service was not meeting one of the regulations we looked at. The service was not meeting Regulation 9 in respect of person centred care. Although risks were identified and reviewed there was a lack of consistency among the staff team about how to respond to all potential risks. We found at this inspection that the staff we spoke with were aware of the potential risks to people and were also aware of where to obtain further details and guidance.

At the time of our inspection the registered manager had recently left the service and the former deputy manager had been appointed as the full time home manager. We found that this person was, at the time of our visit, completing an application to register with the commission. A registered manager is a person who has registered with the Care Quality Commission to manage the service. Like registered providers, they are 'registered persons'. Registered persons have legal responsibility for meeting the requirements in the Health and Social Care Act 2008 and associated Regulations about how the service is run.

At this inspection we looked specifically at the previous breach of regulation 9 in the key area of safe. The service had been rated as good at the previous inspection and this rating has not changed.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Good ●

The service was safe. The service had taken the necessary action to ensure people's safety and risks were identified and reviewed. There was improved consistency among the staff team about how to respond to potential risks.

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Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008, to look at the overall quality of the service, and to provide a rating for the service under the Care Act 2014.

This inspection was unannounced which meant the provider and staff did not know we were coming. The inspection took place on Tuesday 2 February 2016. The inspection team comprised of a single inspector.

Before the inspection, we looked at notifications that we had received and communications with other professionals, such as the local authority safeguarding and commissioning teams.

As part of this inspection we looked at risk assessments on five people's care plans who lived on the first floor unit in the home where we had previously identified a concern regarding risk assessments.

We spoke with two care staff, the manager, deputy manager and two senior managers from the provider organisation.

Is the service safe?

Our findings

We looked at notifications we had received since our previous inspection. We found that where additional potential risks had been identified, for example someone leaving the home unescorted, these had been responded to. Risks reduction measures had been put into place to minimise potential recurrence.

Where people were identified as at risk of pressure sores we saw that detailed and clear information was provided to staff to minimise this risk. Actions included provision of air mattresses and instructions concerning the monitoring of these, regular recording of a person's weight, their need for fluids and a balanced diet, checks required on skin integrity and the application of barrier cream.

We saw other risks assessments concerning falls, general physical wellbeing and risks associated with people's particular health conditions. The instructions for staff were detailed and clear and the risks were regularly reviewed. At our previous inspection in February 2015 we had found that there was a lack of consistency among the staff team about how to respond to all potential risks. At this inspection we found that staff we spoke with were clear about how to identify risks and knew what the most relevant risks were for individual people they cared for. Staff were also able to tell us about how they verified information about risks and where they would be able to find further information.