

### Far Fillimore Care Homes Ltd

# Far Fillimore Rest Home

### **Inspection report**

Wood Lane Hanbury Burton On Trent Staffordshire DE13 8TG

Tel: 01283812180

Website: www.farfillimore.co.uk

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Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

## Summary of findings

#### Overall summary

Far Fillimore Rest Home is a residential care home providing personal care to 17 people aged 65 and over at the time of the inspection. The service can support up to 26 people.

We found the following examples of good practice.

- The visiting policy in place was complied with. Visits were permitted in exceptional circumstances such as if someone was at the end of their life. Visitors were required to wipe their feet on a mat which sanitised the bottom of their shoes prior to entry.
- Visitors were required to have temperature checks undertaken and undergo lateral flow tests prior to entry.
- Allocated parking bays had been created for visitors to reduce their movement and to ensure an efficient testing process could be undertaken to mitigate risk of transmission of infection.
- People were supported by staff who were trained in infection prevention and control (IPC) and who wore Personal Protective Equipment (PPE) in line with current guidance. PPE competency checks were completed during supervision to ensure staff understood and complied with current guidance.
- A whole home COVID-19 testing programme was in place and people and staff were tested in line with current guidance.
- When people tested positive for COVID-19, they were required to self-isolate in line with current guidance.
- When people did not understand the need to self-isolate due to a cognitive impairment, mental capacity assessments were undertaken and least restrictive best interests decisions were made to mitigate risks to people. One person lacked insight into the need to self-isolate so a sensor beam was used to alert staff if the person was approaching their bedroom door.

### The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?	Inspected but not rate
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Further information is in the detailed findings below.



# Far Fillimore Rest Home

**Detailed findings** 

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 10 February 2021 and was announced.

#### Inspected but not rated

### Is the service safe?

### Our findings

S5☐ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.

We were not fully assured that the provider was meeting shielding and social distancing rules. Social distancing was not always promoted in communal areas. The registered manager told us previous action had been taken to mitigate this risk such as removing chairs and moving them apart, but people had not always been compliant, so this was no longer taking place. A risk assessment was not in place to mitigate the risks associated with not following social distancing guidance. The registered manager assured us a risk assessment would be undertaken and in the event of an outbreak, further measures would be put in place to encourage social distancing.

We were not fully assured that the provider was promoting safety through hygiene practices of the premises. Whilst the home appeared clean and hygienic, cleaning schedules were not in place and cleaning undertaken was not recorded so the provider could not demonstrate the level and frequency of cleaning undertaken. The registered manager gave assurances documented cleaning schedules would be implemented immediately.

Whilst an infection prevention and control policy was in place and up to date, the provider could not demonstrate risk assessment documentation and quality checks were sufficient to keep people safe and reduce the risk of transmission of COVID-19. No staff risk assessments had been undertaken to demonstrate action had been taken to mitigate risk to staff who may be at disproportionate risk of COVID-19. Where staff members worked for other employers, measures had been taken to mitigate risk such as daily lateral flow testing prior to working a shift but no risk assessments had been documented. The registered manager gave assurances that risk assessments would be documented immediately.

We have also signposted the provider to resources to develop their approach.