

Real Life Options Real Life Options - 18 Bisley Drive

Inspection report

18 Bisley Drive South Shields Tyne and Wear NE34 0PY

Tel: 01914544871 Website: www.reallifeoptions.org

Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Date of inspection visit: 16 February 2022

Date of publication: 06 April 2022

Summary of findings

Overall summary

Real Life Options – 18 Bisley Drive is a short-break service providing care and support for people with a learning disability, some of whom may have physical disabilities. The service can accommodate up to seven people and there were three people using the service on the date of inspection.

We found the following examples of good practice.

Staff were confident and knowledgeable about government guidance and what visitors were required to do prior to entering the service. Professional visitors and relatives were tested for COVID-19 at the service or provided a negative lateral flow test result from that day. Visiting professionals and staff provided evidence of their vaccination status to the registered manager before entering the service.

Staff wore appropriate PPE and could explain what PPE to wear and how to safely put on/remove their PPE. PPE was available throughout the home and there were designated PPE stations.

The management team had effective systems in place to check that safe infection prevention and control processes were being followed by staff.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated



Real Life Options - 18 Bisley Drive

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 16 February 2022 and was announced. We gave the service 24 hours' notice of the inspection.

Is the service safe?

Our findings

Staffing

• The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.
- The provider was following government guidance in relation to visitors at the home and for people visiting out of it.
- People were encouraged to leave the service to visit relatives or access the local community. Risk assessments were in place to mitigate any potential risks relating to COVID-19.
- All visitors were required to provide a negative lateral flow test before entering the home. Professional visitors were required to show evidence that they had received both doses of a vaccine to protect against COVID-19.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

• The Government has announced its intention to change the legal requirement for vaccination in care homes, but the service was meeting the current requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.