

The Derby Care Home Limited

Westside Nursing Home

Inspection report

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Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

Summary of findings

Overall summary

Westside Care Nursing Home is a residential care home providing personal and nursing care to 19 people. The service can support up to 26 people. It is over two floors with spacious communal areas.

We found the following examples of good practice.

- The manager had informed families and health care professionals that the home was closed to visitors.
- The provider had installed a visitors pod in the lounge which meant that families could have a comfortable visit with minimal risk. This however was not taking place during the COVID-19 outbreak.
- The provider had adapted a bedroom for staff to use, in order to ensure staff had socially distanced breaks.
- Staff had received training in applying and removing personal protective equipment (PPE). We saw PPE was accessible throughout the home and staff used it in accordance with the most up to date guidance.
- Staff had received additional training in COVID-19 and infection control procedures which was provided in-house.
- A room had been allocated as a washing station since the outbreak of COVID-19, to provide space for health care professionals to sanitize hands and apply PPE upon entering the building.
- There were clear signs around the home reminding staff about correct PPE use and handwashing techniques to prevent infection.
- At the outbreak people who tested positive for Covid-19 were isolated in their bedrooms. People who were discharged from hospital were also isolated to ensure there was less risk of cross contamination.
- Staff were cohorted to areas of the home to look after the people who were isolating to reduce the risk of infection.
- People in communal areas were supported to socially distance in accordance with national guidelines.
- While there were no visitors allowed in the home alternative ways for family members to keep in contact with those living at the service were used. Only essential healthcare professionals had entered the home during the outbreak.
- The home was clean, extra cleaning was carried out and frequent touch points were cleaned more regularly.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Westside Nursing Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 4 February and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

We have also signposted the provider to resources to develop their approach.