

CPM Care Limited

Breck Lodge Care Home

Inspection report

78-80 Breck Road
Poulton Le Fylde
Lancashire
FY6 7HT

Tel: 01253894567

Date of inspection visit:
12 April 2022

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29 April 2022

Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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Summary of findings

Overall summary

Breck Lodge Care Home is a residential care home providing personal care to 14 people aged 65 and over at the time of our inspection. The service can support up to 15 people. Breck Lodge provides single accommodation and communal areas for people's comfort, such as lounges, a dining room and an extensive rear garden.

We found the following examples of good practice.

Staff had received training to help ensure their knowledge on infection prevention and control was up to date. Personal protective equipment (PPE) and infection control hand gel was available throughout the home for all staff and visitors. The registered manager and staff told us enough stocks of PPE were available and we confirmed this on the visit. One person told us, "Staff wear masks all the time." One staff member told us, "We have plenty of PPE in the building." The home was clean and hygienic. Cleaning schedules were in place with cleaning audits and spot checks to support management oversight.

People were supported to maintain contact with those who were important to them, in line with current government guidance. Face to face visits took place and these visits were risk assessed on an individual basis. Garden visits, internet messaging, video and telephone calls were also available and used to maintain contact with loved ones.

The home maintained close links with other professionals and if medical advice was needed, this was obtained. People living in the home and the staff were tested regularly for COVID-19. The provider's IPC policy was up to date and had been audited during the pandemic to reflect best practice and current guidance.

We undertook this inspection at the same time as CQC inspected a range of urgent and emergency care services in Lancashire. To understand the experience of social care providers and people who use social care services, we asked a range of questions in relation to accessing urgent and emergency care. The responses we received have been used to inform and support system wide feedback.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Breck Lodge Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of COVID-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice is safe and that services are compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 12/04/2022 and was announced. We gave the service 24 hours' notice of the inspection.

Is the service safe?

Our findings

Staffing

- The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.

Visiting in care homes

The registered manager followed government guidance to support people to have visits safely from their relatives. They took a person-centred approach to visiting, risk assessing situations that allowed people contact with loved ones. This had included creating a separate visiting room which relatives could enter without the need of walking through the home. Garden visits, social visits away from the home and day medical appointments were supported to enhance people mental and physical wellbeing.