

Esplanade Surgery

Quality Report

19 The Esplanade, Ryde, Isle of Wight, PO33 2EH Tel: 01983 618388 Website: www.theesplanadesurgery.co.uk

Date of inspection visit: 22 November 2017 Date of publication: 10/01/2018

This report describes our judgement of the quality of care at this service. It is based on a combination of what we found when we inspected, information from our ongoing monitoring of data about services and information given to us from the provider, patients, the public and other organisations.

Ratings

Overall rating for this service	Good
Are services safe?	Good
Are services effective?	Good
Are services caring?	Good
Are services responsive to people's needs?	Good
Are services well-led?	Good

Summary of findings

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Overall summary

Letter from the Chief Inspector of General Practice

This practice is rated as Good overall. (Previous inspection March 2015 – Good)

The key questions are rated as:

Are services safe? - Good

Are services effective? - Good

Are services caring? - Good

Are services responsive? - Good

Are services well-led? - Good

As part of our inspection process, we also look at the quality of care for specific population groups. The population groups are rated as:

Older People - Good

People with long-term conditions - Good

Families, children and young people – Good

Working age people (including those recently retired and students – Good

People whose circumstances may make them vulnerable – Good

People experiencing poor mental health (including people with dementia) – Good

We carried out an announced comprehensive inspection at Esplanade Surgery on Wednesday 22 November 2017 as part of our inspection programme. At this inspection we found:

- The practice had clear systems to manage risk so that safety incidents were less likely to happen. When incidents did happen, the practice learned from them and improved their processes.
- The practice routinely reviewed the effectiveness and appropriateness of the care it provided. It ensured that care and treatment was delivered according to evidence based guidelines.
- Staff involved and treated patients with compassion, kindness, dignity and respect.
- Patients found the appointment system easy to use and reported that they were able to access care when they needed it.
- There was a strong focus on continuous learning and improvement at all levels of the organisation.
- The practice employs a practice pharmacist who had exceeded all the tasks set by the practice, for example significant events have been reduced in relation to prescribing errors and hypnotic prescribing in the over 75yrs age group have been reduced by 51%.
- The practice had two members of staff who were trained in British Sign Language.

The areas where the provider **should** make improvements are:

Review risk assessments in relation to Legionella to identify all risks associated with their premises and manage these risks.

Professor Steve Field (CBE FRCP FFPH FRCGP)

Chief Inspector of General Practice



Esplanade Surgery

Detailed findings

Our inspection team

Our inspection team was led by:

Our inspection team was led by a CQC lead inspector. The team included a GP specialist adviser.

Background to Esplanade Surgery

The Esplanade Surgery is situated at 19 The Esplanade, Ryde, Isle of Wight, PO33 2EH.

www.theesplanadesurgery.co.uk

The practice has six GP partners. Three of the partners are male and three of the partners are female. The practice has approximately 10,000 patients registered with it, although this increases during the holiday season.

The practice has a higher number of male patients in the 45 to 49 year age group and 65-69 year age group when compared with the England average. There is also a higher proportion of female aged 65-69 years in the practice population.

The provider has opted out of providing out of hours services, which are provided by the out of hours GPs at St Mary's Hospital via the 111 service.



Are services safe?

Our findings

We rated the practice, and all of the population groups, as good for providing safe services.

Safety systems and processes.

The practice had clear systems to keep patients safe and safeguarded from abuse.

- The practice conducted safety risk assessments. It had a number of safety policies which were regularly reviewed and communicated to staff. Staff received safety information for the practice as part of their induction and refresher training. The practice had systems to safeguard children and vulnerable adults from abuse. Policies were regularly reviewed and were accessible to all staff. They outlined clearly who to go to for further guidance. For example the child safeguarding lead held regular two monthly meetings with health visitors, school nurses and midwives.
- The practice worked with other agencies to support patients and protect them from neglect and abuse. Staff took steps to protect patients from abuse, neglect, harassment, discrimination and breaches of their dignity and respect.
- The practice carried out staff checks, including checks of professional registration where relevant, on recruitment and on an ongoing basis. Disclosure and Barring Service (DBS) checks were undertaken where required. (DBS checks identify whether a person has a criminal record or is on an official list of people barred from working in roles where they may have contact with children or adults who may be vulnerable).
- All staff received up-to-date safeguarding and safety training appropriate to their role. They knew how to identify and report concerns. Staff who acted as chaperones were trained for the role and had received a DBS check.
- There was an effective system to manage infection prevention and control.
- The practice ensured that facilities and equipment were safe and that equipment was maintained according to manufacturers' instructions. For example the electronic blood pressure monitors, pulse oximeters and other medical equipment had been serviced and tested by a medical equipment testing company in September 2017. There were systems for safely managing healthcare waste.

Risks to patients.

There were systems to assess, monitor and manage risks to patient safety.

- There were arrangements for planning and monitoring the number and mix of staff needed.
- There was an effective induction system for temporary staff tailored to their role.
- Staff understood their responsibilities to manage emergencies on the premises and to recognise those in need of urgent medical attention. Clinicians knew how to identify and manage patients with severe infections, for example, sepsis.
- When there were changes to services or staff the practice assessed and monitored the impact on safety.

Information to deliver safe care and treatment.

Staff had the information they needed to deliver safe care and treatment to patients.

- Individual care records were written and managed in a
 way that kept patients safe. The care records we saw
 showed that information needed to deliver safe care
 and treatment was available to relevant staff in an
 accessible way.
- The practice had systems for sharing information with staff and other agencies to enable them to deliver safe care and treatment.
- Referral letters included all of the necessary information.

Safe and appropriate use of medicines.

The practice had reliable systems for appropriate and safe handling of medicines.

- The systems for managing medicines, including vaccines, medical gases, and emergency medicines and equipment minimised risks. The practice kept prescription stationery securely and monitored its use.
- Staff prescribed, administered or supplied medicines to patients and gave advice on medicines in line with legal requirements and current national guidance. The practice had audited antimicrobial prescribing. There was evidence of actions taken to support good antimicrobial stewardship.
- Patients' health was monitored to ensure medicines were being used safely and followed up on appropriately. The practice involved patients in regular reviews of their medicines.



Are services safe?

• The practice employed a practice pharmacist who had exceeded all the tasks set by the practice. For example, significant events in relation to prescribing errors had been significantly reduced and hypnotic prescribing in the over 75yrs age group have been reduced by 51%. The pharmacist had conducted polypharmacy reviews and was able to identify a high dosage prescribing of a medicine for older patients. This was reported to the local clinical commissioning group quality team and fed back to the local hospital as shared learning.

Track record on safety.

The practice had a good safety record.

- There were comprehensive risk assessments in relation to safety issues, with the exception of legionella.
- The practice monitored and reviewed activity. This helped it to understand risks and gave a clear, accurate and current picture that led to safety improvements.
- The practice had a comprehensive emergency and business continuity plan which had been regularly reviewed and tested by the practice in a recent cyber-attack where there was an attempt by hackers to damage or destroy a computer network or system. As a result of swift action the practice continued working throughout the incident.

Lessons learned and improvements made.

The practice learned and made improvements when things went wrong.

- There was a system for recording and acting on significant events and incidents. Staff understood their duty to raise concerns and report incidents and near misses. Leaders and managers supported them when they did so.
- There were adequate systems for reviewing and investigating when things went wrong. The practice learned and shared lessons, identified themes and took action to improve safety in the practice. For example a patient contacted the NHS 111 service because they had high blood sugar result. An urgent task with red flag was sent to the duty GP to call the patient, but was not responded to in a timely manner. The duty GP saw the task and made three attempts to contact the patient, but their telephone line was engaged. Learning from this incident was to amend the protocol so that when an urgent task was sent to a clinician then an instant message would also be sent to alert the member of staff. The practice issued an apology to the patients for the delayed response.
- There was a system for receiving and acting on safety alerts. The practice learned from external safety events as well as patient and medicine safety alerts.



Are services effective?

(for example, treatment is effective)

Our findings

We rated the practice as good for providing effective services overall and across all population groups.

Effective needs assessment, care and treatment.

The practice had systems to keep clinicians up to date with current evidence-based practice. We saw that clinicians assessed needs and delivered care and treatment in line with current legislation, standards and guidance supported by clear clinical pathways and protocols.

- Patients' needs were fully assessed. This included their clinical needs and their mental and physical wellbeing.
- · We saw no evidence of discrimination when making care and treatment decisions.
- The practice uses text messaging reminders for appointments and if they had consent from the patient they sent results of blood tests. This assisted in improved treatment and supported patients' independence.
- Staff advised patients what to do if their condition got worse and where to seek further help and support.

Older people:

- Older patients who are frail or may be vulnerable received a full assessment of their physical, mental and social needs. Those identified as being frail had a clinical review including a review of medicines.
- Patients aged over 75 were invited for a health check. If necessary they were referred to other services such as voluntary services and supported by an appropriate care plan.
- The practice followed up on older patients discharged from hospital. It ensured that their care plans and prescriptions were updated to reflect any extra or changed needs.

People with long-term conditions:

• Examples of effective care were seen. For example: the practice had call and recall arrangements in place to make sure patients attended their review appointments. There were regular medicine management team meetings which covered best practice and medicine optimisation. Medicines optimisation looks at how patients use medicines over time. It may involve

- stopping some medicines as well as starting others, and considers opportunities for lifestyle changes and non-medical therapies to reduce the need for medicines.
- Patients with long-term conditions had a structured annual review to check their health and medicines needs were being met. For patients with the most complex needs, the GPs worked with other health and care professionals to deliver a coordinated package of
- Staff who were responsible for reviews of patients with long term conditions had received specific training.

Families, children and young people:

- Childhood immunisations were carried out in line with the national childhood vaccination programme. Uptake rates for the vaccines given were in line with the target percentage of 90% or above.
- The practice had arrangements to identify and review the treatment of newly pregnant women on long-term medicines.
- The practice offered flexible appointments for immunisations in addition to set clinic times.

Working age people (including those recently retired and students):

- The practice offered extended hours clinics on some evenings and some Saturdays
- Health checks and chronic disease clinics, plus flu clinic appointments could be offered in extended hours.
- The practice's uptake for cervical screening was 82%, which was in line with the 80% coverage target for the national screening programme.
- Patients had access to appropriate health assessments and checks including NHS checks for patients aged 40-74. There was appropriate follow-up on the outcome of health assessments and checks where abnormalities or risk factors were identified.

People whose circumstances make them vulnerable:

- The practice registered those patients with no fixed aboad and retained registration of vulnerable patients outside the practice area.
- The practice provided home visits for those who were housebound or had difficulty attending the practice.



Are services effective?

(for example, treatment is effective)

- End of life care was delivered in a coordinated way which took into account the needs of those whose circumstances may make them vulnerable.
- The practice held a register of patients living in vulnerable circumstances including homeless people, travellers and those with a learning disability.

People experiencing poor mental health (including people with dementia):

- The practice provided Adult Improving Access to Psychological Therapies programme (IAPT) at a weekly in house clinic.
- There were regular mental health clinical reviews.
- The practice made use of the pharmacist to aid compliance with treatment.
- 96% of patients diagnosed with dementia had their care reviewed in a face to face meeting in the previous 12 months. This was higher than the national average.
- 94% of patients diagnosed with schizophrenia, bipolar affective disorder and other psychoses had a comprehensive, agreed care plan documented in the previous 12 months. This was higher than the national average.
- The practice specifically considered the physical health needs of patients with poor mental health and those living with dementia. For example the percentage of patients experiencing poor mental health who had received discussion and advice about alcohol consumption (practice 93%; clinical commissioning group (CCG) 92%; national 90%); and the percentage of patients experiencing poor mental health who had received discussion and advice about smoking cessation (practice 97%; CCG 95%; national 95%).

Monitoring care and treatment.

The practice had a comprehensive programme of quality improvement activity and routinely reviewed the effectiveness and appropriateness of the care provided. For example, the practice has an action plan to increase the cervical screening up date in progress. Where appropriate, clinicians took part in local and national improvement initiatives. For example the practice had links with the Community Crisis team based at the Isle of Wight Trust.

The most recent published Quality and Outcome Framework (QOF) results were 100% of the total number of points available compared with the clinical commissioning group (CCG) average of 98% and national average of 96%. The overall exception reporting rate was 8.3% compared

with a national average of 5.7%. (QOF is a system intended to improve the quality of general practice and reward good practice. Exception reporting is the removal of patients from QOF calculations where, for example, the patients decline or do not respond to invitations to attend a review of their condition or when a medicine is not appropriate.)

Effective staffing.

The GP partners were supported by a practice manager, six practice nurses, two healthcare assistants and a care co-ordinator. The practice employed a practice pharmacist. In addition there is a team of reception and administration staff. The practice was a teaching practice and facilitates training for year five medical students

Staff had the skills, knowledge and experience to carry out their roles. For example, staff whose role included immunisation and taking samples for the cervical screening programme had received specific training and could demonstrate how they stayed up to date.

- The practice understood the learning needs of staff and provided protected time and training to meet them. Up to date records of skills, qualifications and training were maintained. Staff were encouraged and given opportunities to develop.
- The practice provided staff with ongoing support. This
 included an induction process, one-to-one meetings,
 appraisals, coaching and mentoring, clinical supervision
 and support for revalidation. The induction process for
 healthcare assistants included the requirements of the
 Care Certificate. The practice ensured the competence
 of staff employed in advanced roles by audit of their
 clinical decision making, including non-medical
 prescribing.
- There was a clear approach for supporting and managing staff when their performance was poor or variable.

Coordinating care and treatment.

Staff worked together and with other health and social care professionals to deliver effective care and treatment.

- We saw records that showed that all appropriate staff, including those in different teams, services and organisations, were involved in assessing, planning and delivering care and treatment.
- Patients received coordinated and person-centred care.
 This included when they moved between services, when



Are services effective?

(for example, treatment is effective)

they were referred, or after they were discharged from hospital. The practice worked with patients to develop personal care plans that were shared with relevant agencies.

- The practice has access to re-ablement beds which were available for patients to stay for two weeks respite from hospital.
- The practice ensured that end of life care was delivered in a coordinated way which took into account the needs of different patients, including those who may be vulnerable because of their circumstances.

Helping patients to live healthier lives.

Staff were consistent and proactive in helping patients to live healthier lives.

• The practice identified patients who may be in need of extra support and directed them to relevant services. This included patients receiving end of life care, patients at risk of developing a long-term condition and carers. For example, the practice had access to the Care Navigator part of Age UK and were able to refer patients

- to this service. Care Navigation refers to assistance offered to patients and carers in identifying and accessing the systems and support that are available to them within health and social care and beyond.
- Staff encouraged and supported patients to be involved in monitoring and managing their health.
- · Staff discussed changes to care or treatment with patients and their carers as necessary.
- The practice supported national priorities and initiatives to improve the population's health, for example, stop smoking campaigns, tackling obesity.

Consent to care and treatment.

The practice obtained consent to care and treatment in line with legislation and guidance.

- Clinicians understood the requirements of legislation and guidance when considering consent and decision making.
- Clinicians supported patients to make decisions. Where appropriate, they assessed and recorded a patient's mental capacity to make a decision.
- The practice monitored the process for seeking consent appropriately.



Are services caring?

Our findings

We rated the practice, and all of the population groups, as good for caring.

Kindness, respect and compassion.

Staff treated patients with kindness, respect and compassion.

- Staff understood patients' personal, cultural, social and religious needs.
- The practice gave patients timely support and information.
- Reception staff knew that if patients wanted to discuss sensitive issues or appeared distressed they could offer them a private room to discuss their needs.
- All of the 22 patient Care Quality Commission comment cards we received were positive about the service experienced. This is in line with the results of the NHS Friends and Family Test and other feedback received by the practice.

Results from the July 2017 annual national GP patient survey showed patients felt they were treated with compassion, dignity and respect. A total of 254 surveys were sent out and 131 were returned. This represented about 1% of the practice population. The practice was above average for its satisfaction scores on consultations with GPs and nurses. For example:

- 92% of patients who responded said the GP was good at listening to them compared with the clinical commissioning group (CCG) average of 91% and the national average of 89%.
- 92% of patients who responded said the GP gave them enough time; CCG 90%; national average 89%.
- 99% of patients who responded said they had confidence and trust in the last GP they saw; CCG 96%; national average 96%.
- 86% of patients who responded said the last GP they spoke to was good at treating them with care and concern; CCG– 88%; national average 86%.
- 87% of patients who responded said the nurse was good at listening to them; (CCG) 93%; national average 92%.
- 89% of patients who responded said the nurse gave them enough time; CCG 94%; national average 92%.

- 90% of patients who responded said they had confidence and trust in the last nurse they saw; CCG 97%; national average 97%.
- 86% of patients who responded said the last nurse they spoke to was good at treating them with care and concern; CCG 92%; national average 91%.
- 92% of patients who responded said they found the receptionists at the practice helpful; CCG 89%; national average 87%.

Involvement in decisions about care and treatment.

Staff helped patients be involved in decisions about their care and were aware of the Accessible Information Standard (a requirement to make sure that patients and their carers can access and understand the information they are given):

- Interpretation services were available for patients who did not have English as a first language. We saw notices in the reception areas, including in languages other than English, informing patients this service was available.
 Patients were also told about multi-lingual staff who might be able to support them.
- Staff communicated with patients in a way that they could understand, for example, communication aids and easy read materials were available. The practice had two members of staff who were trained in British Sign Language.
- Staff helped patients and their carers find further information and access community and advocacy services. They helped them ask questions about their care and treatment. The practice was also able to signpost carers to further information via an Age Uk care navigator.

The practice proactively identified patients who were carers. By asking patients and recording if patients were carers when they registered. The practice's computer system alerted GPs if a patient was also a carer.

 Staff told us that if families had experienced bereavement, their usual GP contacted them or sent them a sympathy card. This call was either followed by a patient consultation at a flexible time and location to meet the family's needs and/or by giving them advice on



Are services caring?

how to find a support service. An example seen was where a practice nurse had made sure that a patient who had recently lost their partner was supported in their time of need and not forgotten.

Results from the national GP patient survey showed patients responded positively to questions about their involvement in planning and making decisions about their care and treatment. Results were in line with local and national averages:

- 89% of patients who responded said the last GP they saw was good at explaining tests and treatments compared with the clinical commissioning group (CCG) average of 89% and the national average of 87%.
- 90% of patients who responded said the last GP they saw was good at involving them in decisions about their care; CCG 85%; national average 82%.
- 86% of patients who responded said the last nurse they saw was good at explaining tests and treatments; CCG 92%; national average 90%.

• 80% of patients who responded said the last nurse they saw was good at involving them in decisions about their care; CCG - 88%; national average - 86%.

Privacy and dignity.

The practice respected and promoted patients' privacy and dignity.

- Staff recognised the importance of patients' dignity and respect. Patient feedback supported this and comments were very positive about staff at the practice who treated patients with respect and were helpful, courteous and caring.
- The practice complied with the Data Protection Act 1998 and was registered with the Information Commissioners Office. The practice used a private company to archive and store practice files and documents securely away from the practice.



Are services responsive to people's needs?

(for example, to feedback?)

Our findings

We rated the practice, and all of the population groups, as good for providing responsive services across all population groups

Responding to and meeting people's needs.

The practice organised and delivered services to meet patients' needs. It took account of patient needs and preferences.

- The practice understood the needs of its population and tailored services in response to those needs. For example extended opening hours, online services such as repeat prescription requests, advanced booking of appointments, advice services for common ailments.
- The practice improved services where possible in response to unmet needs.
- The facilities and premises were appropriate for the services delivered.
- The practice made reasonable adjustments when patients found it hard to access services.

For example the practice had recently re designed the reception area of the practice by moving the main desk into a position that gave more privacy to patients and by adding glass screens to provide more security for staff.

• Care and treatment for patients with multiple long-term conditions and patients approaching the end of life was coordinated with other services.

Older people:

- Examples of responsive care included a weekly ward round at local care home with nursing.
- All patients had a named GP who supported them in whatever setting they lived, whether it was at home or in a care home or supported living scheme.
- The practice was responsive to the needs of older patients, and offered home visits and urgent appointments for those with enhanced needs. The GP and practice nurse also accommodated home visits for those who had difficulties getting to the practice due to limited local public transport availability.

People with long-term conditions:

- Patients with a long-term condition received an annual review to check their health and medicines needs were being appropriately met. Multiple conditions were reviewed at one appointment, and consultation times were flexible to meet each patient's specific needs.
- The practice held regular meetings with the local district nursing team to discuss and manage the needs of patients with complex medical issues.
- There was access to a British Sign Language and language interpreter service.

Families, children and young people:

- We found there were systems to identify and follow up children living in disadvantaged circumstances and who were at risk, for example, children and young people who had a high number of accident and emergency (A&E) attendances. Records we looked at confirmed this.
- All parents or guardians calling with concerns about a child under the age of 18 were offered a same day appointment when necessary.
- There were regular two monthly meetings with health visitors, school nurses and midwifes.
- The practice ran a regular Young Persons` Sexual Health clinic which was conducted using a separate waiting area away from the main waiting area which gave patients extra privacy.

Working age people (including those recently retired and students):

- The needs of this population group had been identified and the practice had adjusted the services it offered to ensure these were accessible, flexible and offered continuity of care. For example, extended evening opening hours and Saturday appointments.
- Telephone and web GP consultations were available which supported patients who were unable to attend the practice during normal working hours.
- The practice was currently promoting on line services to promote easy access to appointments and repeat prescription requests.

People whose circumstances make them vulnerable:

 The practice held a register of patients living in vulnerable circumstances including homeless people, travellers and those with a learning disability.



Are services responsive to people's needs?

(for example, to feedback?)

- The practice has improved access for disabled.
- All staff were aware of child protection requirements and identifying vulnerable adults.

People experiencing poor mental health (including people with dementia):

- Staff interviewed had a good understanding of how to support patients with mental health needs and those patients living with dementia.
- The practice held GP led dedicated monthly mental health and dementia clinics. Patients who failed to attend were proactively followed up by a phone call from a GP.
- The practice provided Adult Improving Access to Psychological Therapies programme (IAPT) at a weekly in house clinic.

Timely access to the service.

The practice was open between 8.30am and 6.30pm Monday to Friday. Appointments were from 8.30am to 12.40pm every morning and 2pm to 6pm in the afternoons. Extended hours surgeries were offered every alternate Monday and Wednesday and on two Saturday mornings each month.

Patients were able to access care and treatment from the practice within an acceptable timescale for their needs.

- Patients had timely access to initial assessment, test results, diagnosis and treatment.
- Waiting times, delays and cancellations were minimal and managed appropriately.
- Patients with the most urgent needs had their care and treatment prioritised.
- The appointment system was easy to use.

Results from the July 2017 annual national GP patient survey showed that patients' satisfaction with how they could access care and treatment was comparable to local and national averages. This was supported by observations on the day of inspection and completed comment cards. A total of 254 surveys were sent out and 131 were returned. This represented about 1% of the practice population.

- 86% of patients who responded were satisfied with the practice's opening hours compared with the clinical commissioning group (CCG) average of 84% and the national average of 80%.
- 89% of patients who responded said they could get through easily to the practice by phone; CCG 76%; national average 71%.
- 80% of patients who responded said that the last time they wanted to speak to a GP or nurse they were able to get an appointment; CCG 76%; national average 76%.
- 77% of patients who responded described their experience of making an appointment as good; CCG 77%; national average 73%.

Listening and learning from concerns and complaints.

The practice took complaints and concerns seriously and responded to them appropriately to improve the quality of care.

- Information about how to make a complaint or raise concerns was available and it was easy to do. Staff treated patients who made complaints compassionately.
- The complaint policy and procedures were in line with recognised guidance. Four complaints were received in the last year. We reviewed all four complaints and found that they were satisfactorily handled in a timely way.
- The practice learned lessons from individual concerns and complaints and also from analysis of trends. It acted as a result to improve the quality of care. For example, a complaint regarding needing a downstairs room, the waiting time, the computer access being unavailable at time due to technical issues. The complaint was investigated and a letter of apology sent. The learning from this complaint was that the practice had created generic access for all clinical staff to access downstairs room computers and staff found it easier to log onto patient records via the computer system.
 Reducing delay and improving immediate access to medical record of patients.



Are services well-led?

(for example, are they well-managed and do senior leaders listen, learn and take appropriate action)

Our findings

We rated the practice as good for providing a well-led service.

Leadership capacity and capability.

Leaders had the capacity and skills to deliver high-quality, sustainable care.

- Leaders had the experience, capacity and skills to deliver the practice strategy and address risks to it.
- They were knowledgeable about issues and priorities relating to the quality and future of services. They understood the challenges and were addressing them.
- Leaders at all levels were visible and approachable. They worked closely with staff and others to make sure they prioritised compassionate and inclusive leadership.
- The practice had effective processes to develop leadership capacity and skills, including planning for the future leadership of the practice.

Vision and strategy.

The practice had a clear vision and credible strategy to deliver high quality care and promote good outcomes for patients.

- There was a clear vision and set of values. The practice had a realistic strategy and supporting business plans to achieve priorities.
- The practice developed its vision, values and strategy jointly with patients, staff and external partners.
- Staff were aware of and understood the vision, values and strategy and their role in achieving them.
- The strategy was in line with health and social priorities across the region. The practice planned its services to meet the needs of the practice population.
- The practice monitored progress against delivery of the strategy.

Culture.

The practice had a culture of high-quality sustainable care.

- Staff stated they felt respected, supported and valued. They were proud to work in the practice.
- The practice focused on the needs of patients.
- Leaders and managers acted on any behaviour and performance that was inconsistent with the vision and values of the practice.

- Openness, honesty and transparency were demonstrated when responding to incidents and complaints. The provider was aware of and had systems to ensure compliance with the requirements of the duty of candour.
- Staff we spoke with told us they were able to raise concerns and were encouraged to do so. They had confidence that these would be addressed.
- There were processes for providing all staff with the development they need. This included appraisal and career development conversations. All staff received an annual appraisal. Staff were supported to meet the requirements of professional revalidation where necessary.
- Clinical staff, including nurses, were considered valued members of the practice team. They were given protected time for professional development and evaluation of their clinical work.
- There was a strong emphasis on the safety and well-being of all staff.
- The practice actively promoted equality and diversity. It identified and addressed the causes of any workforce inequality. Staff had received equality and diversity training. Staff felt they were treated equally.
- There were positive relationships between staff and teams.

Governance arrangements.

There were clear responsibilities, roles and systems of accountability to support good governance and management.

- Structures, processes and systems to support good governance and management were clearly set out, understood and effective. The governance and management of partnerships, joint working arrangements and shared services promoted interactive and co-ordinated person-centred care.
- Staff were clear on their roles and accountabilities including in respect of safeguarding and infection prevention and control
- Practice leaders had established proper policies, procedures and activities to ensure safety and assured themselves that they were operating as intended.

Managing risks, issues and performance.

There were clear and effective processes for managing risks, issues and performance.



Are services well-led?

(for example, are they well-managed and do senior leaders listen, learn and take appropriate action)

- There was an effective, process to identify, understand, monitor and address current and future risks including risks to patient safety.
- The practice had processes to manage current and future performance. Performance of employed clinical staff could be demonstrated through audit of their consultations, prescribing and referral decisions.
 Practice leaders had oversight of Medicines & Healthcare products Regulatory Agency alerts, incidents, and complaints.
- Clinical audit had a positive impact on quality of care and outcomes for patients. There was clear evidence of action to change practice to improve quality.
- The practice had plans in place and had trained staff for major incidents.
- The practice implemented service developments and where efficiency changes were made this was with input from clinicians to understand their impact on the quality of care.

Appropriate and accurate information.

The practice acted on appropriate and accurate information.

- Quality and operational information was used to ensure and improve performance. Performance information was combined with the views of patients.
- Quality and sustainability were discussed in relevant meetings where all staff had sufficient access to information.
- The practice used performance information which was reported and monitored and management and staff were held to account.
- The information used to monitor performance and the delivery of quality care was accurate and useful. There were plans to address any identified weaknesses.

- The practice used information technology systems to monitor and improve the quality of care.
- The practice submitted data or notifications to external organisations as required.
- There were arrangements in line with data security standards for the availability, integrity and confidentiality of patient identifiable data, records and data management systems.

Engagement with patients, the public, staff and external partners.

The practice involved patients, the public, staff and external partners to support high-quality sustainable services.

- A full and diverse range of patients', staff and external partners' views and concerns were encouraged, heard and acted on to shape services and culture. For example to changes were made to the reception area after patient feedback was given.
- There was an active virtual patient participation group.
- The service was transparent, collaborative and open with stakeholders about performance.

Continuous improvement and innovation.

There were systems and processes for learning, continuous improvement and innovation.

- There was a focus on continuous learning and improvement at all levels within the practice.
- Staff knew about improvement methods and had the skills to use them.
- The practice made use of internal and external reviews of incidents and complaints.
- Learning was shared and used to make improvements.
- Leaders and managers encouraged staff to take time out to review individual and team objectives, processes and performance.