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Rosedale Care Home

Inspection report

25 Kings Road Horsham West Sussex RH13 5PP

Tel: 01403265236

Date of inspection visit: 26 January 2022

Date of publication: 17 February 2022

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Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

Summary of findings

Overall summary

Rosedale Care Home is an 18 bedded residential service registered to provide accommodation and personal or nursing care to older people, predominantly to people living with dementia. Accommodation is provided over three floors. Communal areas include a large sitting room, small sitting room and a dining room. People have access to gardens at the rear of the home. There were 12 people living at the service at the time of the inspection.

We found the following examples of good practice:

The provider adapted the way visitors and external professionals entered and exited the building to minimise the risk of spread of infection. Visitors were directed to enter the service via the ground floor fire door or through the garden. This avoided any unnecessary movement of external visitors through people's living areas.

The provider had a detailed contingency plan and risk assessments to ensure staff knew what to do to minimise the spread of infection in the event that a person tested positive for COVID-19 or displayed COVID-19 symptoms.

The provider continued to facilitate daily activities and entertainment for people living at the service. For example, on the day of our visit, the local sixth form college social care students were leading a chair exercise session. The provider adhered to the regular COVID-19 testing regime, this included visiting professionals who visited frequently and had close contact with people, such as the hairdresser.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?	Inspected but not rated
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Further information is in the detailed findings below.



Rosedale Care Home

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 26 January 2022 and was announced. We gave the service 24 hours' notice of the inspection.

Is the service safe?

Our findings

Staffing

• The provider told us they had measures in place to mitigate the risks associated with COVID-19 related staff pressures.

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.

Visiting in care homes

The provider's approach to visiting aligned to government guidance. People were supported to receive visitors in person and stay in touch with their relatives remotely. There was a booking system in place to stagger visits which ensured the number of visitors at the home was carefully monitored. Visiting was unrestricted for people receiving end of life care.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

• The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.