

St Peter's Park Retirement Village Ltd

# St Peter's Care and Nursing Home

## Inspection report

Church Street  
Bexhill-on-sea  
TN40 2HF

Tel: 01424730809

Website: [www.agincare.com/care-homes/east-sussex/st-peters-park-retirement-village-bexhill/](http://www.agincare.com/care-homes/east-sussex/st-peters-park-retirement-village-bexhill/)

Date of inspection visit:  
11 February 2021

Date of publication:  
23 February 2021

## Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

# Summary of findings

## Overall summary

St Peter's Care and Nursing Home provides nursing and personal care for up to 39 older people who were living with a range of health care needs. This included people who live with a stroke, diabetes and Parkinson's disease. Some people had memory loss associated with their age and physical health conditions. Most people required help and support from two members of staff in relation to their mobility and personal care. Peterhouse is part of a retirement village, with 34 sheltered housing flats and cottages. There were 21 people living at St Peter's Care and Nursing Home.

We found the following examples of good practice.

The home was very clean and well maintained. There was regular cleaning throughout the day, and this included high-touch areas. The housekeeping staff were knowledgeable regarding current Covid-19 cleaning guidelines and robust cleaning schedules were in place.

The home was currently closed to all visitors apart from those whose loved ones were on a palliative care pathway and receiving end of life care. Visitors at this time were asked to wear personal protective equipment (PPE), have a lateral flow test on arrival and have their temperature taken. This included family visitors and health professionals. Staff also supported people to remain in contact with their families through phone and video calls during the lock down.

There was a visiting policy to support visitors once the home re-opens to visitors. There was also a visiting room with an outside entrance where families will be able to meet their loved ones' safely.

There were systems in place to ensure that people who had tested positive for Covid-19 and were self-isolating cared for in their bedrooms to minimise the risk of spreading the virus. Staff were provided with adequate supplies of personal protective equipment (PPE) and staff were seen to be wearing this appropriately. Staff had received specific Covid-19 training, and this included guidance for staff about how to put on and take off PPE safely. Updates and refresher training took place to ensure all staff followed the latest good practice guidance. They were seen to be following correct infection prevention and control practices (IPC). Hand sanitiser was readily available throughout the home.

Regular testing for people and staff was taking place. There had been changes to testing following their outbreak of Covid-19 as people and staff who tested positive are not tested for 90 days. All staff have a weekly polymerase chain reaction (PCR) and daily lateral flow test (LFT). In addition, they have their temperatures taken. People have a monthly PCR test with daily temperatures and oxygen level checks.

The home had opened for admissions. All new arrivals will only be accepted with a negative PCR test and then isolate for 14 days. There are plans to use the lower floor unit with three ensuite bedrooms as an admission unit for self-isolation before moving into a room of their choice on the upper floors.

At present most people chose to spend time in their rooms. Staff were supported people to remain engaged with one to one activities. People who chose to visit the dining areas or communal areas were supported by staff to maintain social distancing. For example, chairs and tables had been re-arranged to allow more

space between people. Staff had developed a 'Covid' board with guidance for staff about how to help each other during the pandemic and maintain their well-being both physically and mentally. It also had help line numbers for staff to access should they need it. It had proved very beneficial to all staff.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# St Peter's Care and Nursing Home

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of coronavirus, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 11 February 2021 and was announced.

## Is the service safe?

### Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.