

# Central and Cecil Housing Trust

## Rathmore House

### Inspection report

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Date of inspection visit:  
04 February 2021

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### Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	<b>Inspected but not rated</b>
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# Summary of findings

## Overall summary

Rathmore House is a 'care home'. People in care homes receive accommodation and nursing or personal care as single package under one contractual agreement.

Rathmore House can accommodate up to 20 older people and specifically those who are living with dementia. At the time of our inspection there were 19 people living in the home.

We found the following examples of good practice:

- The home had decided to design and build a small 'pod' structure in the external grounds with infection control considerations built in, such as screening and separate entrances for individual residents and their significant other. This created an opportunity for visiting arrangements to be maintained in line with changing national and local lockdown arrangements. Infection control measures such as cleaning and Personal Protective Equipment (PPE) were also implemented.
- The home had learned from a previous wave one outbreak of COVID-19 and encouraged and embedded a supportive culture, when staff checked and reminded each other during handovers to always wear appropriate PPE and ensure correct donning and doffing, in line with requirements.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Rathmore House

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place. This inspection took place on 4 February 2021 and was announced.

## Is the service safe?

### Our findings

S5 How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.