

Dr Sobia Medispa

Inspection report

The Old Post House
46 King Street
Clitheroe
BB7 2EU
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Date of inspection visit: 15 February 2022
Date of publication: 11/03/2022

This report describes our judgement of the quality of care at this service. It is based on a combination of what we found when we inspected, information from our ongoing monitoring of data about services and information given to us from the provider, patients, the public and other organisations.

Ratings

Overall rating for this location

Good



Are services safe?

Good



Overall summary

This service is rated as Good overall.

The key questions are rated as:

Are services safe? – Good

We carried out an announced comprehensive inspection, as part of our inspection programme on 11 May 2021 at Dr Sobia Medispa. The service was rated good overall however the safe key question was rated requires improvement. We issued a requirement notice for breach of Regulation 12 HSCA (RA) Regulations 2014 Safe care and treatment. The full comprehensive report on the May 2021 inspection can be found by selecting the 'all reports' link for Dr Sobia Medispa on our website at www.cqc.org.uk.

This inspection was a desk-based review carried out on 15 February 2022 to confirm that the service had made the required improvements identified at our previous inspection in May 2021. This report covers our findings in relation to those requirements and also additional improvements made since our last inspection.

The service is now rated good for providing safe services.

This service is registered with CQC under the Health and Social Care Act 2008 in respect of some, but not all, of the services it provides. There are some exemptions from regulation by CQC which relate to particular types of regulated activities and services and these are set out in Schedule 1 and Schedule 2 of The Health and Social Care Act 2008 (Regulated Activities) Regulations 2014. Dr Sobia Medispa provides a range of non-surgical cosmetic interventions, for example facial fillers for skin rejuvenation, which are not within CQC scope of registration.

The service is provided from The Old Post House, 46 King Street, Clitheroe BB7 2EU. Services are offered on a private, fee-paying basis only.

The registered provider is a doctor and they lead the service. Registered persons have legal responsibility for meeting the requirements in the Health and Social Care Act 2008 and associated Regulations about how the service is run.

Our key findings were:

At our inspection in May 2021 we identified that a process to routinely send excised skin lesions for histological examination to rule out the presence of serious disease was not established. At this desk top review the provider supplied evidence that this had been addressed. This included:

- The Care Quality Commission (CQC) registration for Dr Sobia Medispa had been updated to include the regulated activity Diagnostic and screening procedures.
- The provider had a contract in place with an independent laboratory that undertook histopathological examination of any excised skin lesions.

The provider also provided evidence that they had made other recommended improvements identified at the inspection of May 2021. For example, relevant policy documents and training and recruitment records had been updated as needed

Dr Rosie Benneyworth BM BS BMedSci MRCGP

Chief Inspector of Primary Medical Services and Integrated Care.

Our inspection team

A Care Quality Commission (CQC) lead inspector conducted a desk-based review of the evidence supplied to us by the practice.

Background to Dr Sobia Medispa

Dr Sobia Medispa, The Old Post House, 46 King Street, Clitheroe BB7 2EU is registered with the Care Quality Commission (CQC) as an independent health service provider. The provider is a registered doctor and offers a range of medical, cosmetic and aesthetic services to adults over the age of 18 years.

The web address for the service is: <https://www.drsobiamedispa.co.uk>

The service is located within an older stone building which has been adapted to provide a variety high street stores. The provider had newly refurbished their clinic and this provided a modern spacious facility. Access into the service is restricted by one step into the clinic.

The service is registered with the CQC to provide the following regulated activities:

Surgical procedures

Treatment of disease, disorder and injury

Diagnostic and screening procedures

The provider of the service also works as a GP and is appropriately registered with the General Medical Council (GMC).

Dr Sobia Medispa is open Monday to Friday from 9.30 am until 5pm, from 9am until 4pm on Saturdays, and is closed Sundays.

How we inspected this service

We carried out a desk-based focused inspection of the safe key question for Dr Sobia Medispa on 15 February 2022. This involved reviewing evidence such as:

- The CQC registration
- A service contract with a laboratory.
- Redacted laboratory report
- Certificates of training
- Updated policies
- Redacted recruitment logs.

Are services safe?

We rated safe as Good because:

At our previous inspection on 21 May 2021, we rated the practice as requires improvement for providing safe services as a system to send removed or excised skin lesions such as moles for histological examination was not established and this potentially put patients at risk from undiagnosed disease such as cancer. At this desk top review, the service had added the regulated activity Diagnostic and screening procedures to their CQC registration and had a contract in place with an external laboratory to send any excised lesions to. The practice is now rated good for safe services.

Risks to patients

There were systems to assess, monitor and manage risks to patient safety.

Following the comprehensive inspection in May 2021 the provider took action to address the breach of regulation 12 Safe care and treatment. This included:

- Changes were made to the registration of the service and the regulated activity Diagnostic and screening procedures was added to the provider's Care Quality Commission (CQC) registration.
- A contract was established between the service and a laboratory to provide histopathology analysis of any skin excisions.
- As part of this desk top review the provider supplied a copy of a redacted histology report for one of their clients.

In addition at the previous inspection in May 2021, we identified some areas where the provider should make improvements. As part of this desk top review the provider supplied evidence that they had responded and made the improvements identified. These included:

- Updating Dr Sobia's training records held at the service so that evidence of safeguarding and minor surgery doctor's training was available. Certificates of training were available.
- Data Protection Act (DPA) and General Data Protection Regulation (GDPR) and Consent to Treatment policies had been updated. In addition a Duty of Candour policy was also in place.
- A redacted recruitment record showed that a log of a staff member's identity was now maintained.