

Shaw Healthcare (Group) Limited

Spinneyfields Specialist Care Centre

Inspection report

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Date of inspection visit:
26 October 2020

Date of publication:
16 November 2020

Ratings

Overall rating for this service	Inspected but not rated
Is the service safe?	Inspected but not rated

Summary of findings

Overall summary

Spinneyfields Specialist Care Centre is an intermediate and respite care service providing personal and nursing care for up to 51 people aged 65 and over. The service provides short stay, intermediate and respite care services. People usually stay in Spinneyfields Specialist Care Centre for a period of rehabilitation when they are discharged from hospital following surgery or illness, or to provide a break for carers.

We found the following examples of good practice.

- The service used innovative and effective use of cohorting and zoning in order to reduce the risk of infection spread. This meant people being admitted to the service, for example from hospital, were classed as high or medium risk and were isolated in a high risk 'red' zone or medium risk 'amber' zone before moving into a low risk 'green' zone following their period of isolation. Staff also worked in separate cohorts in the event of an outbreak of infection.
- Some people found it difficult to stay in their bedroom for 14 days following admission, perhaps because they felt isolated and this impacted their emotional health. The service considered ways of supporting people safely. For example, one person spent time in a lounge area with a staff member, and the room was then cleaned after each use.
- Key updates, particularly around Covid-19, were shared with staff through a text system directly to their mobile phones. This allowed management to give important information promptly to the whole staff team.
- Handwashing stations were clearly marked throughout the building and staff had access to sufficient supplies of personal protective equipment (PPE) including masks, gloves, aprons and hand sanitiser.
- There were clear processes for any visitors entering the building to ensure they, and people using the service, remained safe. This included a temperature check, risk assessment form and use of PPE. The service had strong working relationships with their health professional network.
- Staff followed clear procedures to ensure good practice with infection prevention and control. They received additional training and competency checks. This reduced the risk of cross contamination.
- There was a regular programme of Covid-19 testing in place. This meant swift action could be taken if anyone received a positive test result.
- Staff used a large separate room for their breaks, which included a kitchen area and PPE station. This provided sufficient space for social distancing to be maintained. In the event of an outbreak of infection, kitchen staff were able to remain apart from the rest of the staff team including having a separate staff area and entry to the building.
- A robust audit system for infection prevention and control was in place which was regularly updated and reviewed. This included weekly audits with a walk around, monthly audits and additional audits from an external compliance manager. This ensured good practice was maintained.

Further information is in the detailed findings below.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

No ratings were awarded following this inspection. This was a thematic review seeking to identify examples of good practice in infection prevention and control.

Inspected but not rated

Spinneyfields Specialist Care Centre

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are conducting a thematic review of infection control and prevention measures in care homes.

The service was selected to take part in this thematic review which is seeking to identify examples of good practice in infection prevention and control.

This inspection took place on 26 October 2020 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.