

The Disabilities Trust

Disabilities Trust - 1 Westfield Road

Inspection report

1 Westfield Road
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Date of inspection visit: 12/11/2015
Date of publication: 18/12/2015

Ratings

Overall rating for this service

Good



Is the service safe?

Requires improvement



Overall summary

1 Westfield Road is a residential care home which provides care and support for up to 3 people with high functioning learning disabilities or autism. The service supports people to live as independently as possible, helping them with daily living tasks and to access the community. At the time of our visit there were three people living at the service.

This inspection took place on 12 November 2015 and was unannounced.

We carried out an unannounced comprehensive inspection of this service on 25 September 2015. A breach of legal requirements was found. After the comprehensive inspection, the provider wrote to us to say what they would do to meet legal requirements in relation to regulation 12 of the Health and Social Care Act 2008 (Regulated Activities) Regulations 2014.

We undertook this focused inspection to check that they had followed their plan and to confirm that they now met legal requirements. This report only covers our findings in relation to those requirements. You can read the report from our last comprehensive inspection, by selecting the 'all reports' link for Disabilities Trust – 1 Westfield Road on our website at www.cqc.org.uk.

There was a registered manager in post. A registered manager is a person who has registered with the Care Quality Commission to manage the service. Like registered providers, they are 'registered persons'. Registered persons have legal responsibility for meeting the requirements in the Health and Social Care Act 2008 and associated Regulations about how the service is run.

People's medicines were not always managed in line with current legislation and best practice. The service did not

Summary of findings

have an accurate record of all medicines which were in stock and medicines purchased as homely remedies, were not recorded. This was a breach of Regulation 12 of the Health and Social Care Act 2008 (Regulated Activities) Regulations 2014.

During this inspection we looked at this area to see whether or not improvements had been made. We found that the provider was now meeting this regulation.

Records accurately reflected the medication which was held in stock at the service. In addition, homely remedies charts had been implemented, so that the use of over-the-counter medication could be recorded appropriately.

Summary of findings

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

We found that actions had been taken to improve safety. Systems were in place to accurately record the stock levels of medication in the service. In addition, homely remedy medication recording charts had been implemented.

We could not improve the rating for safe from requires improvement because to do so requires consistent good practice over time. We will check this during our next comprehensive inspection..

Requires improvement



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Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008, to look at the overall quality of the service, and to provide a rating for the service under the Care Act 2014.

We undertook an unannounced focused inspection of Disabilities Trust – 1 Westfield Road on 12 November 2015. This inspection was done to check that improvements to meet legal requirements planned by the provider after our 25 September 2015 inspection had been made. The team inspected the service against one of the five questions we ask about services: is the service safe. This is because the service was not meeting some legal requirements.

The inspection was undertaken by one inspector.

Before this inspection we reviewed all the information we held about the service, including data about safeguarding and statutory notifications. Statutory notifications are information about important events which the provider is required to send us by law. We spoke with the local authority to gain their feedback as to the care that people received.

During the inspection we spoke with one member of care staff and the assistant manager. We also looked at all three people's medication and care records.

We also looked at further records relating to the management of the service, including quality audits.

Is the service safe?

Our findings

During our previous inspection on 25 September 2015 we found that people's medication was not managed effectively. Stock levels of medication did not match the recorded figures and there was no system in place to record the administration of homely remedies.

This was a breach of Regulation 12 (1) (2)(g) of the Health and Social Care Act 2008 (Regulated Activities) Regulations 2014.

During this inspection we found that systems had been implemented to improve the recording of medication administration. Staff and the assistant manager explained that surplus medication found during the previous inspection had been returned to the pharmacy for destruction, as the records did not account for it. They also

told us that all medication was checked in on both the Medication Administration Record (MAR) charts, and on an individual audit sheet for each different medication. They explained that these audit sheets were completed each time medication was administered, to ensure the running total matched the stock levels in the service. We saw that people's MAR charts and audit sheets were completed in full, and that the quantities of medication recorded also matched the stock levels in the service.

Staff also showed us that new MAR charts had been implemented specifically for the recording of people's homely remedy medication. This meant that medication which was purchased over-the-counter, could be accounted for. We also saw that letters had been exchanged with people's GP's, to ensure that the over-the-counter medication they planned to use could be taken alongside their regular, prescribed medication.