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# Rockny House

## Inspection report

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12 February 2021

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## Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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# Summary of findings

## Overall summary

Rockny House Care Home provides accommodation and personal care to a maximum of 15 people. The ages of people living at the home ranged from younger adults to older people. People were living with physical disabilities, mental health problems and/or learning disabilities.

We found the following examples of good practice,

- Visiting policies were in place for external health care professionals. These included taking and recording body temperatures and wearing Personal Protective Equipment (PPE) in line with current guidance.
- People and their relatives were supported to communicate by the use of pre-arranged window visits. People also had access to telephone and electronic devices to make telephone and video calls to their family and friends.
- People were supported to engage in activities that promoted social distancing in line with current guidance.
- People were supported to go out into the community wearing a face covering. Staff ensured people were equipped with sanitiser and complied with social distancing when they were out of the home.
- People were admitted to the home safely in line with current guidance. There had been a new admission and the registered manager had taken appropriate steps to minimise any risks of infection being brought into the home. This included, the person entering the home by a side door on arrival so not having to walk through the premises and then the period of self-isolation.
- The premises were visually clean, hygienic and uncluttered. Dedicated cleaning staff were employed to undertake cleaning duties and cleaning schedules were complied with.
- People were supported by staff who were trained in Infection Prevention and Control (IPC) and wore PPE in line with current guidance. The management regularly monitored staff to ensure they were adhering to safe IPC practices.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Rockny House

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 12 February 2021 and was announced.

# Is the service safe?

## Our findings

How well are people protected by the prevention and control of infection?

- We were assured that the provider had procedures in place to prevent people and staff acquiring and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider could admit people safely to the service if this situation transpired.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service, staff and visitors.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider could ensure if infection outbreaks were to occur they could be effectively managed.
- We were assured that the provider's infection prevention and control policy was up to date.

We have signposted the provider to resources to develop their approach.