

Carebase (Colchester) Limited

# Alderwood Care Home

## Inspection report

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## Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

**Inspected but not rated**

# Summary of findings

## Overall summary

Alderwood Care Home is registered to provide accommodation and personal care with nursing for up to 65 older people who may also have dementia. Care is provided on three floors, residential, people living with dementia and people who have nursing needs. At the time of our inspection 55 people were living in the service.

The service was working closely with the local authority, Public Health England, the Clinical Commissioning Group (CCG) infection control team and the GP to ensure their IPC practice was safe and people's needs were met. There was adequate access and take up of testing for staff and people using the service.

National guidance was being followed on the use of personal protective equipment (PPE). There was clear signage on instruction, direction and the correct use of PPE and handwashing techniques. There was plentiful supply of PPE and staff had received training in infection prevention and control.

Local restrictions on visiting were in place at the time of the inspection and the home was closed to family and friends with the exception to those visiting loved ones at the end stage of their life. In these cases safe measures had been put in place to facilitate agreed pre-booked visits.

Video calling facilities via various technology systems were available throughout the home to enable people to keep in constant contact with relatives and friends.

National admissions guidance was being followed and there was a planning structure in place which included people only being admitted on the basis of a negative COVID-19 test result and following admission isolation within their bedroom for the first 14 days.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

We were assured the service were following safe infection prevention and control procedures to keep people safe.

**Inspected but not rated**

# Alderwood Care Home

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of Covid-19, we are conducting reviews to ensure that the Infection Prevention and Control (IPC) practice was safe and the service was compliant with IPC measures.

This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 4 November 2020 and was announced.

# Is the service safe?

## Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.