

Keychange Charity

Keychange Charity Romans Care Home

Inspection report

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18 March 2021

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Ratings

Overall rating for this service

Inspected but not rated

Is the service safe?

Inspected but not rated

Summary of findings

Overall summary

Keychange Charity Romans Care Home is situated in Southwick, West Sussex. It is a residential care home providing accommodation and care for up to 30 people with a variety of care needs, including frailty of old age and dementia. At the time of the inspection there were 13 people living at the home.

We found the following examples of good practice.

The home had been impacted by an outbreak of Covid-19 early in 2021. The home had introduced and maintained effective systems and processes to prevent the spread of infection. For example, any new admissions to the home were assessed to include any risks posed by Covid-19. People had to isolate in their rooms for 14 days following admission.

Following the outbreak, the home was now clear of Covid-19 and open to visitors from 8 March 2021. Any visitors were subject to checks at the front door before being allowed in. Visitors were required to undertake a lateral flow device (LFD) test; if the result was negative, they were allowed into the home and directed to a separate room adjacent to the front door. A 'pod' in the garden, made of clear plastic, enabled people to meet their relatives safely and at a social distance. The visiting room and pod were cleaned after each visit. Masks and hand-gel were supplied to visitors. The provider had an admissions policy which was followed by staff.

Staff were tested weekly for Covid-19 through polymerase chain reaction (PCR) tests and at the start of their shift using LFD tests. Some staff and people were exempt from testing having contracted Covid-19 previously.

Risk assessments had been completed for people and staff. For example, one person made a weekly visit to their relatives' home, and measures had been taken for these visits to be undertaken safely.

Effective infection prevention and control systems had been implemented. Staff had completed training in infection prevention and control. Personal protective equipment (PPE) was provided and staff knew how and when to use this in line with government guidance. There were PPE stations located around the home, so staff could easily access masks, gloves, aprons and hand-sanitiser. Spot checks had been completed and demonstrated that staff employed hygienic hand-washing practices.

Observations made around the home evidenced that laundry, including soiled washing, was managed safely. Kitchen staff did not have direct contact with care or housekeeping staff. When people were in isolation, their food was delivered on different coloured trays from those people not having to isolate. The red or brown trays in use were handled separately to prevent the risk of spread of infection. The home was seen to be clean and hygienic, with 'high touch' areas being cleaned regularly. Regular cleaning schedules, including deep cleaning, had been implemented.

Staff were encouraged to take their breaks separately and anyone who smoked went outside to a designated area.

The registered manager felt supported by the provider and by local health professionals, such as the GP who offered counselling to staff.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Inspected but not rated.

Inspected but not rated

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Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to care homes with outbreaks of Covid-19, we are conducting reviews to ensure that the Infection Prevention and Control practice was safe and the service was compliant with IPC measures. This was a targeted inspection looking at the IPC practices the provider has in place.

This inspection took place on 18 March 2021 and was announced.

Is the service safe?

Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.