

# Tamar Healthcare Ltd

# Tamar House

## Inspection report

6 Vicarage Road  
Cromer  
Norfolk  
NR27 9DQ

Tel: 01263514370

Date of inspection visit:  
02 February 2021  
05 February 2021

Date of publication:  
24 February 2021

## Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	<b>Inspected but not rated</b>
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# Summary of findings

## Overall summary

Tamar House is a building converted into a care home. It provides care for up to 21 people, some of whom may be living with dementia. At the time of inspection the home had 21 people living in the service

We found the following examples of good practice:

The people who lived in the service had assessments on risks to their wellbeing when returning from hospital and had to self-isolate in their bedroom. This was done by consulting their General Practitioner and families. Where this increased risks, such as of them falling or not eating, measures to support them were put in place to good effect.

There was a shelter built against the window of the dining room to protect relatives against the weather when they visited the people who lived in the service.

A restricted social media page had been set up for photographs and videos of activities of people who lived in the service for their relatives to see and keep up to date with how they were.

There were good stocks of personal protective equipment (PPE) with off site storage being sourced so items could be bulk bought.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

Further information is in the detailed findings below.

**Inspected but not rated**

# Tamar House

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are looking at the preparedness of care homes in relation to infection prevention and control. This was a targeted inspection looking at the infection control and prevention measures the provider has in place.

This inspection took place on 2 February 2021 and was announced.

# Is the service safe?

## Our findings

S5□ How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.