

# Creative Care (East Midlands) Limited

## Sternhill Paddock

### Inspection report

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### Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	<b>Inspected but not rated</b>
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# Summary of findings

## Overall summary

Sternhill Paddock is a residential care home providing personal care to for up to six younger adults with learning disabilities and/or autism, at the time of our inspection five people were using the service.

The service has been developed and designed in line with the principles and values that underpin Registering the Right Support and other best practice guidance. This ensures that people who use the service can live as full a life as possible and achieve the best possible outcomes. The principles reflect the need for people with learning disabilities and/or autism to live meaningful lives that include control, choice, and independence.

We found the following examples of good practice.

- The service had a robust system in place for all visitors which included a temperature check, hand sanitising and the requirement to wear a face mask before entering the home. Detailed information was displayed around the home to remind people how to wash their hands effectively, the importance of social distancing and why people wear Personal Protective Equipment [PPE].
- The service displayed signage in easy read format ensuring the information is accessible for everyone within the home. Staff had created hand washing pictures with people using the service and these were displayed around the home.
- Staff had undertaken specialist training in Infection Prevention and Control which includes how to put on PPE correctly and how to take it off, some of the people who use the service also requested to join in the training which staff encouraged.
- People and staff were supplied with sufficient PPE when in the home and also when accessing the community. There are a number of PPE points around the home, ensuring PPE is easily accessible.
- The Registered manager had registered for 'whole home' testing for COVID-19, this is embedded within the home and all staff and people using the service participated in this. Staff are supported to isolate if needed.
- Risk assessments were in place to detail the impact of COVID-19 on people and staff. Risk reduction measures were in place where needed.
- The service had strengthened cleaning schedules in place, touch points such as light switches, door handles and TV remotes were cleaned twice daily.
- The service had updated the infection control policy to reflect COVID-19, emergency contingency plans had been reviewed in anticipation of a COVID-19 outbreak.

Further information is in the detailed findings below.

## The five questions we ask about services and what we found

We always ask the following five questions of services.

### **Is the service safe?**

We were assured the service were following safe infection prevention and control procedures to keep people safe.

**Inspected but not rated**

# Sternhill Paddock

## **Detailed findings**

### Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the coronavirus pandemic we are conducting a thematic review of infection control and prevention measures in care homes. The service was selected to take part in this thematic review which is seeking to identify examples of good practice in infection prevention and control.

This inspection took place on 3rd November 2020 and was announced.

## Is the service safe?

### Our findings

S5: How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured that the provider's infection prevention and control policy was up to date.