

BHT Sussex

Sackville Gardens

Inspection report

57 Sackville Gardens
Hove
East Sussex
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Date of inspection visit:
31 January 2022

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Ratings

Overall rating for this service	Inspected but not rated
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Is the service safe?	Inspected but not rated
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Summary of findings

Overall summary

Sackville Gardens is a mental health care home which can accommodate up to five people. Five people were living at the home. Sackville Gardens belongs to the provider BHT Sussex and forms one of two houses within the 'Archway Project'. The 'Archway Project' is part of the accommodation strategy for Brighton and Hove City Council for people with mental health needs. It helps bridge the gap between hospital and community and forms part of the pathway to help people move towards more independent living. The provider operates two registered care homes. Sackville gardens is situated in Hove, in a semi-detached house. People's bedrooms are located over two floors and three rooms have en-suite facilities.

We found the following examples of good practice.

- Safe arrangements were in place for visitors. This included confirmation of a negative lateral flow test, evidence of vaccination status or exemption, and the use of personal protective equipment (PPE).
- There were adequate supplies of personal protective equipment (PPE) throughout the home. People were supported to adjust to the use of PPE, including when outside of the home.
- There were arrangements to admit people safely to the home. This included testing and isolation in line with guidance. People had personalised risk assessments and care plans to support their admission.
- People were supported to understand and comply with visiting and social restrictions in line with all best practice guidance and this was communicated and updated as needed.
- The provider followed relevant COVID-19 testing guidance. This included staff testing requirements as well guidance on testing for people using the service and visitors.
- Maintaining the mental health of people and staff was a priority with proactive support from the service to encourage people's well-being. This included supported activities within the home and support to maintain contact with family and friends, as well as maintaining activities outside of the home.
- The service was mindful of people's rights under the Mental Capacity Act (MCA) 2005 to make unwise or risky decisions. This included managing the risks for unvaccinated people living in the service and encouraging all people to meet social distancing and wearing masks.
- There were clear cleaning schedules in place which included the frequency of cleaning high touch areas. Records showed compliance with the cleaning schedule.
- The home had an up to date infection control policy and audits were carried out to monitor the effectiveness of infection control activities.
- Staff were trained and knew how to immediately instigate full infection control measures to care for a person who developed symptoms, who tests positive or who has been exposed to the virus to avoid the virus spreading to other people and staff.

The five questions we ask about services and what we found

We always ask the following five questions of services.

Is the service safe?

Further information is in the detailed findings below.

Inspected but not rated

Sackville Gardens

Detailed findings

Background to this inspection

We carried out this inspection under Section 60 of the Health and Social Care Act 2008 as part of our regulatory functions. This inspection was planned to check whether the provider is meeting the legal requirements and regulations associated with the Health and Social Care Act 2008.

As part of CQC's response to the COVID-19 pandemic we are looking at how services manage infection control and visiting arrangements. This was a targeted inspection looking at the infection prevention and control measures the provider had in place. We also asked the provider about any staffing pressures the service was experiencing and whether this was having an impact on the service.

This inspection took place on 31 January 2022 and was announced. We gave the service 24 notice of the inspection.

Is the service safe?

Our findings

Staffing

- We were assured the provider had measures in place to mitigate the risks associated with COVID-19 related staff pressures.

How well are people protected by the prevention and control of infection?

- We were assured that the provider was preventing visitors from catching and spreading infections.
- We were assured that the provider was meeting shielding and social distancing rules.
- We were assured that the provider was admitting people safely to the service.
- We were assured that the provider was accessing testing for people using the service and staff.
- We were assured that the provider was making sure infection outbreaks can be effectively prevented or managed.
- We were assured the provider was facilitating visits for people living in the home in accordance with the current guidance.
- We were assured that the provider was using PPE effectively and safely.
- We were assured that the provider was promoting safety through the layout and hygiene practices of the premises.
- We were assured that the provider's infection prevention and control policy was up to date and implemented effectively to prevent and control infection.

From 11 November 2021 registered persons must make sure all care home workers and other professionals visiting the service are fully vaccinated against COVID-19, unless they have an exemption or there is an emergency.

- The service was meeting the requirement to ensure non-exempt staff and visiting professionals were vaccinated against COVID-19.

We have also signposted the provider to resources to develop their approach.

